# MiR-146a and miR-196a-2 polymorphisms are associated with hepatitis virus-related hepatocellular cancer risk: a meta-analysis

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# ABSTRACT

Previous studies have investigated the role of miR-146a rs2910164 and miR-196a-2 rs11614913 polymorphisms in hepatocellular carcinoma (HCC) susceptibility, but the results are contradictory and few specifically studied hepatitis virus-related HCC. Therefore, we conducted a meta-analysis to evaluate the association between these two polymorphisms and hepatitis virus-related HCC risk. We performed a systematical search in EMBASE, PubMed, Web of Science, CNKI and Wanfang databases as of 25th November, 2016. Finally, we assessed 14 studies involving 3852 cases and 5275 controls. Our results suggest that rs2910164 has a significant association with increased hepatitis virus-related HCC risk in allelic, homozygous, heterozygous, and dominant models (CG+GG vs. CC: OR=1.22, 95% CI=1.06-1.39, P=0.004), particularly in Chinese and HBV-related HCC subgroups. Conversely, rs11614913 was associated with lower hepatitis virus-related HCC risk in the overall analysis under allelic (T vs. C: OR=0.85, 95% CI=0.74-0.98, P=0.02), homozygous, dominant and recessive models. Subgroup analyses showed decreased risk in Chinese, HBV- and HCV-related HCC. In conclusion, miR-146a C>G (rs2910164) can increase HBV-related HCC risk while miR-196a-2 C>T (rs11614913) may decrease the risk of HBV- and HCV-related HCC, especially in the Chinese population. Further, large-scale studies including other races are required to confirm these findings.

# **INTRODUCTION**

Hepatocellular carcinoma (HCC) is one of the leading causes of cancer death worldwide, especially in less-developed countries. [1]. It is well known that the main environmental risk factor of HCC is hepatitis virus infection. Approximately 80% cases of HCC are attributed to chronic infection by hepatitis B (HBV) or C virus (HCV). However, only a small number of infected people develop HCC in their lifetime, indicating the pivotal role of genetic factors in tumorigenesis [2, 3].

MicroRNAs (miRNA) are a class of small non-coding RNAs containing approximately 22 nucleotides. These endogenous molecules regulate gene expression via

post-transcriptional repression. This regulation modulates diverse biological processes including proliferation, differentiation, and apoptosis, which are key steps in tumorigenesis [4, 5]. MiRNAs have been implicated in the pathogenesis of various forms of liver disease such as viral hepatitis, liver fibrosis, and cancer [6]. They can also serve as repressors of viral infection pathways, thus regulating the host-virus interaction [7]. Moreover, studies have revealed that miRNAs can act as tumor suppressors or oncogenes and participate in the HBV-related HCC development [8, 9]. Of all the miRNAs, miR-146a and miR-196a-2 are the most commonly studied in HCC. The miR-146a gene resides on chromosome 5q33.3 and the miR-196a-2 gene is located in a region between homeobox (HOX) clusters

HOXC10 and HOXC9 on chromosome 12. The expression of mature miR-146a is decreased while miR-196a-2 are over-expressed in hepatocellular carcinoma tissues, suggesting both of them play roles in the development of HCC [10, 11]. Single nucleotide polymorphism (SNP) is the most common form of mutation in the genome. Any minute alteration in miRNAs can be amplified by the numerous target genes, thus considerably increasing the possibility of carcinogenesis. Hence, genetic variation of miRNAs may alter the maturation, expression or lead to dysfunction of these molecules and potentially contribute to hepatitis virus-related HCC risk [4, 12, 13]. A number of studies have shown that several SNPs in miRNAs including miR-146a C>G (rs2910164) and miR-196a-2 C>T (rs2910164) are linked to the predisposition for HCC [10, 11, 14-29]. However, the results of these studies are inconsistent. In this study, we systematically analyzed all relevant studies to assess the association of two common polymorphisms (rs2910164 and rs11614913) with hepatitis virus-related HCC risk.

# **RESULTS**

### **Characteristics of included studies**

A total of 392 potentially relevant studies were identified via a database search. Finally, 14 studies comprising 3852 hepatitis virus-related HCC patients and 5275 cancer-free controls were included. And Table 1 lists the characteristics of these studies. Of the 14 studies, 8 studies including 1717 cases and 2589 controls evaluated the relationship between rs2910164 and hepatitis virus-related HCC risk [10, 15, 16, 19, 22-25], while 3 included both HBV-related and HCV-related HCC. Nine studies including 3217 cases and 4163 controls evaluated the association of rs11614913 with hepatitis virus-related HCC risk [10, 11, 14, 17-21, 24], and 5 included both HBV and HCV-related HCC. All studies were conducted in China except 2 Turkish studies and 1 Korean study. Additionally, 12 studies were based on hospital data and 3 included the general population. Distributions of genotype in controls conformed to HWE in all the studies except for 2 [10, 20]. The detailed data of the allele and genotype distributions as well as HWE from each study are shown in Table S1.

#### Meta-analysis results

As presented in Table 2, miR-146a rs291016 was found to increase hepatitis virus-related HCC risk in overall analysis under G versus (vs.) C (OR=1.13, 95% CI =1.04-1.24, P=0.006,), GG vs. CC (OR=1.28, 95% CI=1.06-1.55, P=0.01, Fig. 1), CG vs. GG (OR=1.20, 95% CI=1.04-1.38, P=0.01) and CG+GG vs. CC (OR=1.22, 95% CI=1.06-1.39, P=0.004). Additionally, this risk is more significant in the Chinese population. After omitting the study which did not conform to HWE, the results were found to be consistent with the overall analysis. Additionally, subgroup analyses showed a higher HBV-related HCC risk in the same 4 genetic models, whereas no significance was found in the HCV-related HCC subgroup. When stratifying data by source of control, rs2910164 was also observed to significantly increase hepatitis virus-related HCC risk based on hospital data, but there was no statistical significance based on population data.

	Case			ol		Odds Ratio	Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% Cl	M-H, Fixed, 95% Cl
Akkız 2011	113	121	144	155	4.6%	1.08 [0.42, 2.77]	
Cong 2014	19	65	17	134	4.3%	2.84 [1.36, 5.95]	
Kim 2012	13	56	24	98	7.4%	0.93 [0.43, 2.02]	
Shan 2013	13	46	36	114	8.2%	0.85 [0.40, 1.81]	
Wang 2011	38	96	61	199	13.2%	1.48 [0.89, 2.46]	
Xiang 2012	18	39	21	54	5.2%	1.35 [0.58, 3.10]	
Zhang 2013	124	381	156	523	49.0%	1.14 [0.85, 1.51]	
Zhou 2014	28	77	30	127	8.0%	1.85 [0.99, 3.43]	
Total (95% CI)		881		1404	100.0%	1.28 [1.06, 1.55]	◆
Total events	366		489				
Heterogeneity: Chi <sup>2</sup> =	8.74, df=	7 (P =	0.27); l <sup>2</sup> =	= 20%			
Test for overall effect:	Z = 2.53	(P = 0.0	)1)				0.2 0.5 1 2 5

**Figure 1.** Forest plot describing the association between miR-146a rs2910164 and hepatitis virus-related HCC risk under homozygous model (GG vs. CC). The squares and horizontal lines correspond to the study-specific OR and 95% CI. The area of the squares reflects the weight (inverse of the variance). The diamond represents the summary OR and 95% CI. M–H: Mantel–Haenszel; df: degrees of freedom; Events: the number of GG genotypes.

First author	Year	Country	Ethnicity	Genotyping method	Source of control	Number of case/control	NOS score	SNP
Yan	2015	China	Asian	PCR-RFLP	HB	227/287	6	2
Zhou	2014	China	Asian	PCR-RFLP	HB	184/281	7	1,2
Kou	2014	China	Asian	PCR-RFLP	HB	208/532	6	2
Cong	2014	China	Asian	PCR-RFLP	HB	104/218	6	1
Нао	2013	China	Asian	PCR-RFLP	HB	169/282	7	2
Zhang	2013	China	Asian	MassARRAY	PB	771/998	7	1,2
Shan	2013	China	Asian	PCR-RFLP	HB	71/185	8	1
Han	2013	China	Asian	FQ-PCR	HB	1017/1009	7	2
Xiang	2012	China	Asian	PCR-RFLP	HB	73/100	6	1
Kim	2012	Korea	Asian	PCR-RFLP	PB	127/201	6	1,2
Wang	2011	China	Asian	MassARRAY	HB	199/384	8	1
Akkız	2011	Turkey	Caucasian	PCR-RFLP	HB	188/222	9	1
Akkız	2011	Turkey	Caucasian	PCR-RFLP	HB	153/185	9	2
Qi	2010	China	Asian	PCR-LDR	HB	361/391	8	2

Table 1. Characteristics of the studies included in the meta-analysis.

PCR: polymerase chain reaction; RFLP: restriction fragment length polymorphism; FQ: fluorescent-probe real-time quantitative; LDR: ligation detection reaction; PB: population based; HB: hospital based; NOS: Newcastle-Ottawa Quality Assessment Scale; SNP: single-nucleotide polymorphism; SNP No.1: rs2910164, No 2: rs1161491.

	Cas	se Control				Odds Ratio	Odds Ratio			
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Random, 95% Cl			
Akkız 2011	19	153	40	185	6.7%	0.51 [0.28, 0.93]				
Han 2013	305	1017	304	1009	18.8%	0.99 [0.82, 1.20]	-+-			
Hao 2013	21	169	55	282	7.6%	0.59 [0.34, 1.01]				
Kim 2012	33	127	49	201	8.2%	1.09 [0.65, 1.82]	<del></del>			
Kou 2014	25	208	103	532	9.1%	0.57 [0.36, 0.91]				
Qi 2010	100	361	102	391	13.5%	1.09 [0.79, 1.50]				
Yan 2015	51	227	63	287	10.5%	1.03 [0.68, 1.57]	<del></del>			
Zhang 2013	224	771	328	995	18.2%	0.83 [0.68, 1.02]				
Zhou 2014	20	184	55	281	7.4%	0.50 [0.29, 0.87]				
Total (95% CI)		3217		4163	100.0%	0.82 [0.68, 0.98]	•			
Total events	798		1099							
Heterogeneity: Tau <sup>2</sup> =	0.04; Ch	i² = 17.	29, df = 8	(P = 0.	03); l² = 5	4%				
Test for overall effect: Z = 2.17 (P = 0.03)										

**Figure 2.** Forest plot describing the association between miR-196a-2 rs11614913 and hepatitis virus-related HCC risk under recessive model (TT *vs.* CC+CT). The squares and horizontal lines correspond to the study-specific OR and 95% CI. The area of the squares reflects the weight (inverse of the variance). The diamond represents the summary OR and 95% CI. M–H: Mantel–Haenszel; df: degrees of freedom; Events: the number of TT genotypes.

Conversely, miR-196a2 rs11614913 was associated with lower hepatitis virus-related HCC risk in overall analysis under T vs. C (OR=0.85, 95% CI=0.74- 0.98,

*P*=0.02), TT *vs*. CC (OR=0.71, 95% CI=0.52-0.95, *P*=0.02), TT *vs*. CT+CC (OR=0.82, 95% CI=0.68-0.98, *P*=0.03, Fig. 2) and CT+TT *vs*. CC (OR=0.80, 95% CI

=0.65-0.99, *P*=0.04). The results were similar in the overall population as well as particularly among the Chinese. However, further analysis of the studies which were in agreement with HWE showed no associations between rs11614913 and hepatitis virus-related HCC. Additionally, in subgroup analysis by source of control, decreased hepatitis virus-related HCC risk was observed based on hospital data, however, no significance was shown based on population data. Furthermore, in the stratified analysis according to etiology, rs11614913 was found to decrease both HBV- and HCV-related HCC risk in different genetic models.

#### Heterogeneity analysis

No significant heterogeneity was observed for rs2910164 in all the genetic models analyzed. However, significant heterogeneity was detected for rs11614913 in each genetic model (Table 2). To explore the source of heterogeneity, we carried out subgroup analysis. After stratifying by etiology, the value of  $I^2$  in HCV-related HCC subgroup was reduced to zero. However, heterogeneity was still significant in other subgroups. We then used Galbraith plots to further investigate the heterogeneity and identified 3 three studies [10, 17, 20]

(1) (P)		B vs. A			BB vs. AA				AB vs. AA			BB vs. AA+AB				AB+BB vs. AA				
SNP	OR (95%CI)	Р	$I^2$	Ph	OR (95%CI)	Р	$I^2$	Ph	OR (95%CI)	Р	$I^2$	Ph	OR (95%CI)	Р	$I^2$	Ph	OR (95%CI)	Р	$I^2$	Ph
miR-146a	C>G (rs2910	0164)																		
Overall	1.13 (1.04- 1.24)	0.006	36%	0.14	1.28 (1.06- 1.55)	0.01	20%	0.27	1.20 (1.04- 1.38)	0.01	0%	0.95	1.10 (0.93- 1.29)	0.26	35%	0.15	1.22 (1.06- 1.39)	0.004	0%	0.81
HWE	1.12 (1.02- 1.24)	0.02	44%	0.10	1.23(1.01- 1.51)	0.04	18%	0.29	1.18 (1.01- 1.37)	0.04	0%	0.95	1.07(0.90- 1.26)	0.47	36%	0.15	1.19 (1.03- 1.37)	0.02	0%	0.82
Chinese	1.17 (1.06- 1.29)	0.002	39%	0.15	1.32 (1.08- 1.62)	0.007	36%	0.16	1.19 (1.03- 1.39)	0.02	0%	0.84	1.19 (0.99- 1.43)	0.06	32%	0.20	1.23 (1.06- 1.41)	0.005	0%	0.61
HB	1.20 (1.05- 1.36)	0.006	47%	0.09	1.51 (1.14- 1.99)	0.004	17%	0.31	1.23 (0.99- 1.52)	0.06	0%	0.84	1.18 (0.94- 1.46)	0.15	48%	0.09	1.29 (1.06- 1.58)	0.01	0%	0.69
РВ	1.08 (0.95- 1.22)	0.25	0%	0.76	1.11 (0.85- 1.45)	0.45	0%	0.64	1.17 (0.97- 1.42)	0.10	0%	0.97	1.01 (0.79- 1.29)	0.94	0%	0.59	1.16 (0.97- 1.39)	0.11	0%	0.93
HBV-	1.13 (1.03- 1.23)	0.01	39%	0.12	1.26 (1.04- 1.54)	0.02	10%	0.36	1.20 (1.04- 1.39)	0.01	0%	0.95	1.07 (0.91- 1.27)	0.41	33%	0.16	1.21 (1.06- 1.39)	0.005	0%	0.81
HCV-	1.25 (0.89- 1.76)	0.20	0%	0.42	1.98 (0.89- 4.45)	0.10	0%	0.39	1.18 (0.62- 2.23)	0.62	0%	0.92	1.67 (0.75- 3.71)	0.21	51%	0.13	1.38 (0.76- 2.52)	0.30	0%	0.97
miR-196a	2 C>T (rs116	14913)																		
Overall	0.85 (0.74- 0.98)	0.02	73%	0.00	0.71 (0.52- 0.95)	0.02	75%	0.00	0.84 (0.70- 1.01)	0.07	57%	0.02	0.82 (0.68- 0.98)	0.03	54%	0.03	0.80 (0.65- 0.99)	0.04	71%	0.00
HWE	0.88 (0.76- 1.01)	0.07	72%	0.00	0.75 (0.55- 1.02)	0.07	74%	0.00	0.87 (0.72- 1.06)	0.16	55%	0.03	0.85 (0.71- 1.02)	0.08	50%	0.05	0.83 (0.67- 1.04)	0.11	69%	0.00
Chinese	0.85 (0.73- 0.99)	0.04	76%	0.00	0.70 (0.50- 0.97)	0.03	78%	0.00	0.82(0.67- 1.02)	0.07	64%	0.01	0.83 (0.68- 1.00)	0.05	56%	0.04	0.79 (0.62- 1.00)	0.05	75%	0.00
HB	0.83 (0.69- 0.99)	0.04	78%	0.00	0.66 (0.45- 0.97)	0.03	79%	0.00	0.83 (0.67- 1.04)	0.11	60%	0.02	0.77 (0.60- 0.99)	0.04	63%	0.01	0.78 (0.60- 1.01)	0.06	74%	0.00
РВ	0.92 (0.70- 1.22)	0.57	65%	0.09	0.85 (0.46- 1.58)	0.60	68%	0.08	0.88 (0.53- 1.45)	0.62	63%	0.10	0.86 (0.71- 1.04)	0.13	0%	0.34	0.88 (0.51- 1.52)	0.64	71%	0.06
HBV-	0.85 (0.73- 0.98)	0.03	75%	0.00	0.70 (0.50- 0.96)	0.03	77%	0.00	0.83 (0.69- 1.01)	0.06	56%	0.02	0.82 (0.67- 1.00)	0.05	58%	0.01	0.79 (0.63 0.99)	0.04	71%	0.00
HCV-	0.80 (0.65- 0.98)	0.03	0%	0.92	0.61 (0.39- 0.94)	0.02	0%	0.93	0.82 (0.59- 1.12)	0.21	0%	0.69	0.69 (0.47- 1.02)	0.06	0%	1.00	0.75 (0.55- 1.02)	0.07	0%	0.72

#### Table 2. Meta-analysis results of miR-146a and miR-196a-2 polymorphisms with hepatitis virus-related HCC risk.

PB: population based; HB: hospital based; HWE: subgroup excluding the studies departing from HWE; HBV-: hepatitis B virus-related HCC; HCV-: hepatitis C virus-related HCC; N: number of samples; A: the major allele; B: the minor allele; OR: odds ratio; CI: confidence interval; *Ph*: P-value of Q-test for heterogeneity.

as the outliers (Fig. S1). When these 3 studies were excluded,  $I^2$  values were <50% in heterozygous and recessive models in the overall populations and some subgroups (data not shown).

#### Sensitivity analysis and publication bias

The result of sensitivity analyses shows that the omission of any individual study did not substantially alter the pooled ORs, suggesting that the meta-analysis results are robust and statistically reliable (Fig. 3).

Begg's funnel plots did not show any obvious asymmetry in the overall analysis (Fig. 4). The Egger's test results were not significant either (Table S1). Thus, no publication bias was revealed for the 2 polymorphisms and hepatitis virus-related HCC risk.

#### **DISCUSSION**

In recent years, several studies have focused on the SNPs in miRNAs and have investigated their potential role in HCC susceptibility [10, 11, 14-28]. A deeper



**Figure 3.** Sensitivity analysis of hepatitis virus-related HCC risk associated with (**A**) miR-146a rs2910164 and (**B**) miR-196a-2 rs11614913 under the allelic model. Pooled ORs were computed by omitting each study (left column) in turn. The two ends of the dotted lines represent the 95% CI.



**Figure 4.** Begg's funnel plots for publication bias of (**A**) miR-146a rs2910164 and (**B**) miR-196a-2 rs11614913 polymorphisms with hepatitis virus-related HCC risk under allelic model. Each point represents a single study for the indicated association.

understanding of the association between these polymorphisms and HCC would help early detection and prevention of this deadly disease in high-risk populations such as the Chinese. Amongst these SNPs, miR-146a C>G and miR-196a-2 C>T are the most commonly studied. Some case-control studies suggested these two SNPs contribute to HCC development [10, 11, 14, 16, 18, 20, 21, 24, 25], whereas other investigations failed to find any relationship between them [15, 17, 19, 22, 23]. The inconsistent results may originate from several factors including sample size, source of controls and genotype methods. Several meta-analyses have also explored the association between these 2 SNPs and HCC risk, but the results are inconsistent, while only few have focused specifically on hepatitis virus-related HCC [29-36]. Hence, we performed this updated meta-analysis to improve our understanding of the relationship between miR-146a C>G/miR-196a-2 C>T and hepatitis virus-related HCC risk, hoping to provide guidance for future studies.

Our results suggest that the G allele of rs2910164 increases the risk of hepatitis virus-related HCC, specifically for HBV-related HCC. This means that individuals carrying the G allele may be more susceptible to HBV-related HCC as compared to those carrying the C allele. Recent evidences indicated that miR-146a can promote apoptosis by inhibiting the NFκB pathway and blocking its impact on cell proliferation, angiogenesis, metastasis and cancer cell survival. Loss of function of miR-146a could promote cancer cell migration and invasion[21]. And it has been reported that the rs2910164 polymorphism may reduce the production of mature miR-146a and lead to decreased suppression of its target genes including vascular endothelial growth factor, nuclear factor-kB, p65, and HAb18G, which are probably involved in hepatocarcinogenesis. Additionally, miR-146a expression in hepatoma cells and tissues is much lower than that in normal hepatic cells and tissues [37, 38]. The results from the present meta-analysis confirmed the role of miR-146a rs2910164 in HCC development. Our results are consistent with that from previous metaanalyses [32-35], However, few differences were noted in our results compared with previous studies, since we specifically focused on hepatitis virus-related HCC. Although the *P*-value of HWE in the controls was <0.05 in one study [10], we included this study in the analysis since excluding it did not significantly influence the pooled OR. Additionally, neither significant heterogeneity nor publication bias was detected for this SNP, suggesting that our result regarding miR-146a C>G was statistically reliable.

Previous studies have revealed that miR-196a-2 deregulates numerous target genes such as HOX and

ANXA1, which are considered to play crucial roles in the progression of HCC. Therefore, variations in miR-196a-2 may relate to HCC susceptibility [30, 39]. Our data support this role of miR-196a-2 in HCC development. However, our results should be interpreted cautiously, due to obvious heterogeneity existed. Subgroup analysis suggested that the major source of heterogeneity may be the type of hepatitis virus, while Galbraith plots identified the studies conducted by Kou, Zhou and Han as the outliers. For this SNP, one study deviated from HWE [20]. After excluding this study, no significant association was identified in any model. This indicates that this study did not investigate a broad representative population, which has greatly impacted the pooled ORs. Therefore, epidemiological studies with broader population are needed to confirm our findings. The conclusions of previous meta-analyses for this SNP and HCC susceptibility were contradictory. Some studies reported no association between rs11614913 and HCC risk [29, 30, 33], whereas 2 recent meta-analyses published by Chen and Zhu showed that the C allele of rs11614913 may contribute to HCC susceptibility [35, 36]. Our results are consistent with those reported by Chen and Zhu. Nevertheless, our meta-analysis differs from these studies. Chen et al. assessed HCC risk without stratifying by etiology while we focused on hepatitis virus-related HCC. Though Zhu et al. specifically analyzed HBV-related HCC, there were only 7 studies in their meta-analysis. On the other hand, our analysis included 2 additional studies and we estimated both HBV- and HCV-related HCC risk.

We attempted a comprehensive evaluation of the relationship between miR-146a/miR-196a-2 polymorphisms and hepatitis virus-related HCC risk. However, few limitations remain. First, the total sample size in this study was relatively small, especially for the HCV-related HCC subgroup. Additionally, we only examined the Chinese subpopulation as only one Korean and one Turkish study were included for both SNPs. Therefore, large-scale studies including multiple ethnicities are needed to provide sufficient statistical power. Secondly, heterogeneity still existed for rs11614913 in spite of our effort. And there may be a bias considering the representativeness of the samples. Therefore, it needs to be acknowledged that the result of this SNP, which may be affected, should be interpreted with caution. Thirdly, language bias may exist since only 2 languages were employed in the literature review. Lastly, lack of available original data prevented adjustment for other covariates such as age, gender, and lifestyle. As gene-environment interactions also affect cancer risk, these factors may potentially influence the results.

In summary, the results of our meta-analysis suggest that both miR-146a C>G and miR-196a-2 C>T polymorphisms associate with hepatitis virus-related HCC risk, especially in the Chinese population. MiR-146a C>G can increase HBV-related HCC risk while miR-196a-2 C>T may decrease the risk of both HBV-related and HCV-related HCC. In addition, large-scale studies with multi-ethnic groups are needed to confirm the findings. Detailed information about the effects of gene-environment interaction on HCC development is also required to further clarify these associations.

# **MATERIALS AND METHODS**

#### Search strategy

All relevant literature, in English or Chinese, was identified from databases including EMBASE, PubMed,

Web of Science, Wanfang and Chinese National Knowledge Infrastructure (CNKI) as of 25th November, 2016. The search was performed using the following terms: "miR-146a OR microRNA-146a OR miR-196a-2 OR microRNA-196a-2" AND "polymorphisms OR variant OR SNP OR mutation" AND "hepatocellular carcinoma OR liver cell carcinoma OR liver cancer". Additionally, references in retrieved articles were searched manually.

#### **Criteria for selection**

The studies that complied with the following criteria were included: 1) original studies investigating the association of rs2910164 or rs11614913 and hepatitis virus-related HCC risk; 2) case-control design studies conducted in humans; 3) patients were pathologically diagnosed, with cancer-free individuals used as controls;



Figure 5. The flow chart illustrating the selection process of included studies.

4) availability of full text, with detailed data of the allele and genotype distributions. Studies without a control group, repeated publications, reviews, and conference abstracts were excluded. If two or more studies showed an overlapping study population, only the most comprehensive study was included. The details of included and excluded articles were shown in Fig. 5.

#### **Data extraction**

Based on the criteria listed above, 2 authors independently reviewed the literature. The quality of each included article was assessed by Newcastle-Ottawa Quality Assessment Scale for case-control studies. For each eligible study, the raw data and information including: first author, publication year, country of origin, ethnicity, genotype methods, source of control, numbers of cases and controls, frequencies of allele and genotypes, and P value of Hardy-Weinberg equilibriums (HWE) in controls were collected. Any discrepancy was discussed between authors to reach a consensus.

#### Statistical analysis

Odds ratios (OR) with corresponding 95% confidence intervals (CI) for miR-146a and miR-196a-2 polymorphisms were calculated in each study under 5 different genetic models: allele comparison (B vs. A), homozygote (BB vs. AA), heterozygote (AB vs. AA), dominant model (BB+AB vs. AA), and recessive model (BB vs. AA+AB). The combined ORs were determined by Z test and P < 0.05 was judged as statistically significant. Heterogeneity between studies was detected using  $I^2$  test and Q statistic, while significance was considered at  $I^2 > 50\%$ . A random-effects model was applied to analyze the pooled ORs if  $I^2 \ge 50\%$ . Otherwise, a fixed-effects model was implemented. We carried out subgroup analyses to investigate the specific effects of ethnicity, source of control and etiology. Additionally, we assessed publication bias using Egger's test and Begg's funnel plot (significant bias was considered if P < 0.05). We also performed a sensitivity analysis to assess the consistency and stability of our meta-analysis by removing each study in turn. All statistical analyses were accomplished with the software Review Manager 5.3 (Cochrane Collaboration, London, UK).and STATA (Version 12.0; Stata Corp, College Station. TX).

# Abbreviations

HCC, hepatocellular carcinoma; HBV, hepatitis B virus; HCV, hepatitis C virus; miRNA, microRNA; SNP, Single nucleotide polymorphism; OR ,odds ratio; CI, confidence interval; HWE, Hardy-Weinberg equilibrium.

# **AUTHOR CONTRIBUTIONS**

Zhi-Jun Dai and Tian Tian conceived and designed the study. Tian Tian, Meng Wang searched and selected literature, Tian Tian, Meng Wang, Zhi-Ming Dai, Shuai Lin, Peng-Tao Yang collected and assembled the data. Zhi-Jun Dai, Wenge Zhu, Tian Tian, Meng Wang analyzed and interpreted the data. Tian Tian wrote the manuscript. Xing-Han Liu, Kang Liu, Yu-Yao Zhu, Yi Zheng and Meng Liu contributed materials/analysis tools. Zhi-Jun Dai and Wenge Zhu reviewed drafts of the paper. Zhi-Jun Dai supervised the entire study.

# **CONFLICTS OF INTEREST**

The authors confirm no conflicts of interest.

# **FUNDING**

This study was supported by National Natural Science Foundation, China (No. 81471670); China Postdoctoral Science Foundation (No. 2014M560791; 2015T81037); the Fundamental Research Funds for the Central Universities, China (No. 2014qngz-04) and Science and Technology Plan of Innovation Project, Shaanxi province, China (No. 2015KTCL03-06).

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# SUPPLEMENTARY MATERIAL

Study			Genoty	pe (N)		I	P of				
Study		Case			Control		С	ase	Cor	HWE	
miR-146a rs2910164	CC	CG	GG	CC	CG	GG	С	G	С	G	
Zhou 2014	49	107	28	97	154	30	205	163	328	214	0.02
Cong 2014	46	39	19	117	84	17	131	77	318	118	0.84
Zhang 2013	257	390	124	367	475	156	904	638	1209	787	0.91
Shan 2013	33	25	13	78	71	36	91	51	227	143	0.08
Xiang 2012	21	34	18	33	46	21	98	120	112	88	0.5
Kim 2012	43	71	13	74	103	24	157	97	251	151	0.19
Wang 2011	58	103	38	138	185	61	219	179	461	307	0.94
Akkız 2011	8	67	113	11	67	144	83	293	89	355	0.4
miR-196a-2 rs11614913	CC	СТ	TT	CC	СТ	TT	С	Т	С	Т	
Yan 2015	63	113	51	88	136	63	239	215	312	262	0.41
Zhou 2014	67	97	20	66	160	55	231	137	292	270	0.06
Kou 2014	72	111	25	125	304	103	255	161	554	510	0.004
Hao 2013	58	90	21	67	160	55	206	132	294	270	0.07
Zhang 2013	171	376	224	165	502	328	718	823	832	1158	0.24
Han 2013	207	505	305	220	485	304	919	1115	925	1093	0.31
Kim 2012	24	70	33	45	107	49	118	136	197	205	0.36
Akkız 2011	64	70	19	58	87	40	198	108	203	167	0.49
Qi 2010	82	179	100	92	197	102	343	379	381	401	0.88

Table S1. Genotype distributions and allele frequencies of miR-146a and miR-196a-2polymorphisms in cases and controls.

HWE: Hardy-Weinberg equilibrium

# Table S2. Egger's test result of the two SNPs and hepatitis virus-related HCC risk based on allele frequency.

SNP	Std. Eff.	Coefficient	Std. Err.	t	Р	95% CI
miR-146a C>G (rs2910164)	Slope	0.05	0.16	0.32	0.76	-0.34-0.44
	Bias	0.63	1.23	0.51	0.63	-2.39-3.64
miR-196a-2 C>T (rs11614913)	Slope	0.07	0.19	0.38	0.72	-0.38-0.52
	Bias	-2.05	1.88	-1.09	0.31	-6.50-2.41

Std. Eff.: standardized effect; Std. Err.: standard error; CI: confidence interval



Supplementary Figure S1. Galbraith plots of miR-196a-2 rs11614913 and hepatitis virus-related HCC risk (under T vs. C).