

SUPPLEMENTARY MATERIAL

Supplementary Table S1. Carolina Frailty Index Variables.

Item	Format	Score
Can you use a telephone	Without help	0
	With some help	1
	Unable	1
Can you get to places out of walking distance	Without help	0
	With some help	1
	Unable	1
Can you go shopping for groceries or clothes	Without help	0
	With some help	1
	Unable	1
Can you prepare your own meals	Without help	0
	With some help	1
	Unable	1
Can you do housework	Without help	0
	With some help	1
	Unable	1
Can you take your own medicines	Without help	0
	With some help	1
	Unable	1
Can you handle your own money	Without help	0
	With some help	1
	Unable	1
Lifting or carrying groceries	Not limited at all	0
	Limited a little	1
	Limited a lot	1
Climbing one flight of stairs	Not limited at all	0
	Limited a little	1
	Limited a lot	1
Bending, kneeling, or stooping	Not limited at all	0
	Limited a little	1
	Limited a lot	1
Walking one block	Not limited at all	0
	Limited a little	1
	Limited a lot	1
Bathing or dressing yourself	Not limited at all	0
	Limited a little	1
	Limited a lot	1
Self reported Health	Normal	0
	Minor symptoms of disease	0
	Some symptoms of disease	0.5
	Care for self only	1
	require occasional assistance	1
	require considerable assistance	1
	disable	1
severely disabled	1	
Falls in the last 6 months	0	0
	1 or more	1
Number of Daily Medications	0-8	0
	>9	1
Other cancers or leukemia	No	0
	Yes	1
Arthritis or Rheumatism	No	0
	Yes	1

Item	Format	Score
Glaucoma	No	0
	Yes	1
Emphysema or chronic bronchitis	No	0
	Yes	1
High blood pressure	No	0
	Yes	1
Heart Disease	No	0
	Yes	1
Circulation trouble in arms or legs	No	0
	Yes	1
Diabetes	No	0
	Yes	1
Stomach or intestinal disorders	No	0
	Yes	1
Osteoporosis	No	0
	Yes	1
Chronic liver or kidney disease	No	0
	Yes	1
Stroke	No	0
	Yes	1
Depression	No	0
	Yes	1
Hearing	Excellent	0
	Good	0
	Fair	1
	Poor	1
	Totally Deaf	1
Vision	Excellent	0
	Good	0
	Fair	1
	Poor	1
	Totally Blind	1
Unintentional Weight Loss	No	0
	Yes < 5%	0
	Yes > 5%	1
Felt downhearted or blue	None of time	0
	A little of the time	0
	Some of the time	0.5
	A good bit of time	1
	Most of the time	1
	All of the time	1
Felt calm or peaceful	All of the time	0
	Most of the time	0
	A good bit of time	0
	Some of the time	0.5
	A little of the time	1
	None of the time	1
Physical or emotional health interfere with social activities	None of time	0
	A little of the time	0
	Some of the time	0.5
	Most of the time	1
	All of the time	1
Blessed-Orientation-Memory-Concentration	Less than 11	0
	11 or greater	1

Item	Format	Score
Timed up and go	Less than 14	0
	14 or greater	1
Total Number of Items = 36		

Coding of Variables is as follows:

- "0" = absence of deficit
- "1" = presence of deficit
- "0.5" is used for intermediate responses
- Add up scores for each patient and divide by number of variables to achieve a frailty index score