

Transcriptional profiling identifies strain-specific effects of caloric restriction and opposite responses in human and mouse white adipose tissue

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ABSTRACT

Caloric restriction (CR) has been extensively studied in rodents as an intervention to improve lifespan and healthspan. However, effects of CR can be strain- and species-specific. This study used publically available microarray data to analyze expression responses to CR in males from 7 mouse strains (C57BL/6J, BALB/c, C3H, 129, CBA, DBA, B6C3F1) and 4 tissues (epididymal white adipose tissue (eWAT), muscle, heart, cortex). In each tissue, the largest number of strain-specific CR responses was identified with respect to the C57BL/6 strain. In heart and cortex, CR responses in C57BL/6 mice were negatively correlated with responses in other strains. Strain-specific CR responses involved genes associated with olfactory receptors (*Olf1184*, *Olf1910*) and insulin/IGF-1 signaling (*Igf1*, *Irs2*). In each strain, CR responses in eWAT were negatively correlated with those in human subcutaneous WAT (scWAT). In human scWAT, CR increased expression of genes associated with stem cell maintenance and vascularization. However, orthologous genes linked to these processes were down-regulated in mouse. These results identify strain-specific CR responses limiting generalization across mouse strains. Differential CR responses in mouse versus human WAT may be due to differences in the depots examined and/or the presence of “thrifty genes” in humans that resist adipose breakdown despite caloric deficit.

INTRODUCTION

Caloric restriction (CR) has been extensively studied as an intervention hypothesized to lengthen healthspan, delay age-related disease and promote longevity. These effects have been supported by observations from a broad range of invertebrate and vertebrate organisms [1], although foundational experiments demonstrating favorable effects of CR on aging were performed using rodents [2, 3]. The idea that CR improves mouse lifespan has for decades served as a guiding assumption

in experimental aging research [4]. In recent years, however, an increasingly nuanced CR paradigm has emerged with greater recognition of murine genetic factors [5], based upon the accretion of evidence demonstrating diverse responses to CR across inbred mouse strains [6], failure of CR to improve mean lifespan of wild-derived mice [7], and variable effects of CR on the lifespan of mice from recombinant inbred strain panels [8]. These observations have challenged longstanding ideas regarding CR and its effects on aging, but are not unexpected considering the extensive

genetic diversity among inbred mouse strains [9] and corresponding phenotypic differences related to disease propensity [10], body composition [11] and circulating hormone levels [12]. Nonetheless, mouse strain differences complicate studies in aging and other fields of experimental medicine because mechanistic conclusions established from one strain may not be generalizable [13, 14]. This diminishes repeatability of research results and challenges efforts to translate findings [15, 16], since it is unclear which mouse strains can most faithfully represent the physiology of aging in primate species such as humans [17, 18].

The C57BL/6 strain has historically been chosen as a favored background by laboratories studying the effects of CR on mouse aging [19]. The C57BL/6 strain has practical advantages as a reliable breeder with good reproductive lifespan and litter sizes. However, the widespread adoption of C57BL/6 mice as an experimental model is partly due to convention, with many investigators utilizing C57BL/6 mice only to achieve consistency with prior work or concurrent studies in other laboratories. C57BL/6 mice are indeed susceptible to age-related conditions exacerbated by high-calorie diets, such as obesity, type 2 diabetes and atherosclerosis [10], which may explain why they often respond favorably to CR diets, with one meta-analysis reporting that CR-fed C57BL/6 mice live 6.7% longer on average compared to *ad lib*-fed mice ($n = 22$ experiments) [20]. However, responses of C57BL/6 mice to CR differ in comparison to other strains that do not reliably demonstrate improved longevity when provided a CR diet (e.g., DBA/2 mice) [21-23]. Compared to DBA/2 mice, for example, CR-fed C57BL/6 mice demonstrate stronger or more rapid improvements in glucose tolerance [21], cellular redox status [22], and skeletal muscle cell progenitor abundance [23]. More importantly, the response of mouse strains to CR may depend upon metabolic factors determining adipose mass during the course of aging [24-26]. The C57BL/6 strain, for example, appears to retain fat mass with aging better than DBA/2 mice [26], and along the same lines recombinant inbred strains responding favorably to CR are better able to maintain adiposity compared to those strains with lifespan shortening due to CR [25].

Given differences in CR responses among mouse strains, the question arises of which strain(s) can provide the best models for biomedical translation to humans [20, 27]. The most commonly studied mouse strains, such as C57BL/6, may not faithfully replicate human CR responses or may otherwise be misleading. For instance, CR decreases circulating IGF-1 levels in C57BL/6 mice [21, 28], but in contrast CR increases circulating IGF-1 in humans [29, 30]. More broadly,

some investigators have expressed skepticism about whether any mouse strain can be useful for modeling human dietary responses, citing species divergence of dietary preferences, differences in feeding behavior, artificial aspects of the rodent laboratory environment, and fundamental life history differences of rodents as compared to humans [31, 32]. These disparities may diminish the predictive validity of mouse models in dietary research on aging, and increasingly investigators are encouraged to provide substantive validation to support mouse models for translational purposes [33]. Along these lines, expression profiling of mRNA abundance using microarray or RNA-seq provides a quantitative strategy for comparing CR responses with respect to orthologous genes, and this approach has been applied in other contexts to score the strengths and weakness of mouse phenotypes in terms of resemblance to human diseases [34-36]. Moreover, given CR response data from multiple mouse strains, transcriptome-based analyses can be used to discriminate among different mouse strains and identify those that most faithfully recapitulate human CR responses [35].

The goals of this study were to apply transcriptomics to identify strain-specific CR responses in the laboratory mouse and to perform a strain-by-strain comparison to CR responses observed in a corresponding human tissue. We therefore used a recently published microarray dataset [37] to evaluate gene expression responses to CR in 4 tissues (epididymal white adipose tissue [eWAT], muscle, heart, cortex) from males of 7 mouse strains (C57BL/6J [B6], Balbc/J, C3H/HeJ, 129S1/SvImJ, CBA/J, DBA/2J, B6C3F1/J [F1]). Utilizing techniques for dimensionality reduction and multivariate analysis, our results provide a comparison of CR responses across 28 strain-tissue combinations (7 strains \times 4 tissues). We further perform a meta-analysis of human studies that have evaluated subcutaneous WAT (scWAT) transcriptome responses to CR [38-46], allowing us to extract a robust meta-signature of CR responses in scWAT. This human WAT signature is cross-referenced with CR responses in each mouse strain to identify points of correspondence and non-correspondence at the level of genes and associated biological processes.

RESULTS

Tissue and strain impact the number of differentially expressed genes identified in comparisons between CR and control mice

Gene expression data was obtained from a previously published study [37] evaluating the effects of a short-term (14 week) CR diet in males starting at 8 weeks of

age. For each of 7 strains, CR-fed mice were provided a diet at least 23% less per week by weight compared to CTL mice (range: 23 – 42%; see Table S1 and Methods). Genes differentially expressed between CR-fed and *ad lib*-fed mice were identified with respect to the 7 mouse strains and 4 tissue types. The number of differentially expressed genes (DEGs) varied among strains and tissues, with no DEGs identified in some strains/tissues but as many as 984 DEGs identified with respect to eWAT from F1 mice (FDR < 0.10, FC > 1.50 or FC < 0.67) (Figures S1 and S2). Effects of CR were strongest in eWAT with the largest number of DEGs identified in eWAT for 5 of 7 strains (exceptions: B6 and BALB/c mice). In eWAT, the largest number of DEGs was identified in F1 mice (984), whereas in muscle and heart most DEGs were identified in C57BL/6 (170 and 557, respectively). No DEGs were identified with respect to cortex except 3 DEGs were increased by CR in CBA mice. Among the 7 strains, the fewest DEGs was usually identified in BALB/c mice and altogether only 13 DEGs were identified in BALB/c mice among the 4 tissues. The magnitude of CR's effects thus varied considerably among the 28 strain/tissue combinations evaluated.

Genome-wide transcriptional responses to CR in C57BL/6 mice are weakly correlated with those in other mouse strains (muscle, heart and cortex)

Gene expression variation among samples from the same tissue could be explained by strain or diet, and the relative role of these two factors was examined using linear models and likelihood ratio tests. Strain tended to explain a larger fraction of variation in gene expression as compared to diet in all 4 tissues (Figure 1A). Overall, strain was the dominant factor explaining gene expression variation for 64% (eWAT), 73% (muscle), 89% (heart) and 94% (cortex) of protein-coding genes (Figure 1B). The comparatively stronger effect of diet in eWAT could be seen from analysis of CR response vectors in principal component space (Figures 1C – 1F). eWAT response vectors were consistent among strains in terms of length and direction (Figure 1C). However, for muscle, heart and cortex, CR response vectors differed in both length and direction among the 7 strains (Figures 1D – 1F). These patterns were reinforced by visual comparisons of CR response patterns in self-organizing maps (SOMs). In eWAT, CR responses were stronger and more consistent among strains, whereas in muscle, heart and cortex, CR responses were weaker and varied more among strains (Figure 1G).

The genome-wide correlation between FC estimates among strains was strongest in eWAT but weaker in muscle, heart and cortex (Figures 2A – 2D). In heart and cortex, genome-wide expression responses to CR

were negatively correlated for some strain pairs, indicating that many genes were oppositely affected by CR depending on strain (Figures 2C and 2D). Several negative correlation estimates were obtained in pairings that involved the C57BL/6 strain (Figures 2C, 2D and 2F). In heart, for example, the correlation between CR responses in C57BL/6 and F1 mice was -0.29, and likewise, the correlation in C57BL/6 and CBA mice was -0.25 (Figure 2F). When strains were clustered based upon genome-wide correlations among expression responses, the C57BL/6 response was only weakly correlated with that of other strains for muscle, heart and cortex (Figure 2E). For these 3 tissues, expression response correlations between C57BL/6 mice and other strains did not exceed 0.24 (Figure 2F).

Side-by-side heatmap comparison of clustered CR responses confirmed better agreement among strains in eWAT, although groups of genes from each tissue could be identified as having strain-specific CR responses (Figure 3A). We analyzed expression of genes previously identified by meta-analysis studies to be similarly altered by CR in multiple strains and tissues [47, 48], but found that many strains/tissues did not demonstrate expected trends for such genes (Figures 3B and 3C). For instance, genes expected to be increased by CR were decreased in heart from F1 mice, while genes expected to be decreased by CR were increased in muscle from 129 mice (Figures 3B and 3C). Finally, a summary visual presentation of CR responses was generated using Chernoff faces [49], with facial features scaled and colored according to principal components extracted from a matrix with FC estimates from all expressed protein-coding genes for the 28 strain/tissue combinations (Figure 3D). This multivariate presentation identified strain/tissue combinations with the most aberrant genome-wide CR responses (e.g., B6-muscle, 129-muscle, B6-heart, F1-cortex and C3H-cortex; Figure 3D).

The number of genes with similar CR responses across strains is larger than expected and primarily involves genes with metabolic functions

Global analysis of gene expression provided evidence for both shared and strain-specific CR responses (Figures 1 – 3). Shared responses to CR among strains or tissues are of special interest, since these may provide the most useful biomarkers or may be conserved among species (and thus replicable in humans) [47, 48]. To evaluate shared CR responses, we identified genes similarly altered by CR across strains based upon a nominal p-value threshold of 0.05 per strain (Figure S3). This showed that for all tissues the number of similar CR responses in 6 or all 7 strains was significantly larger than expected under a null hypothe-

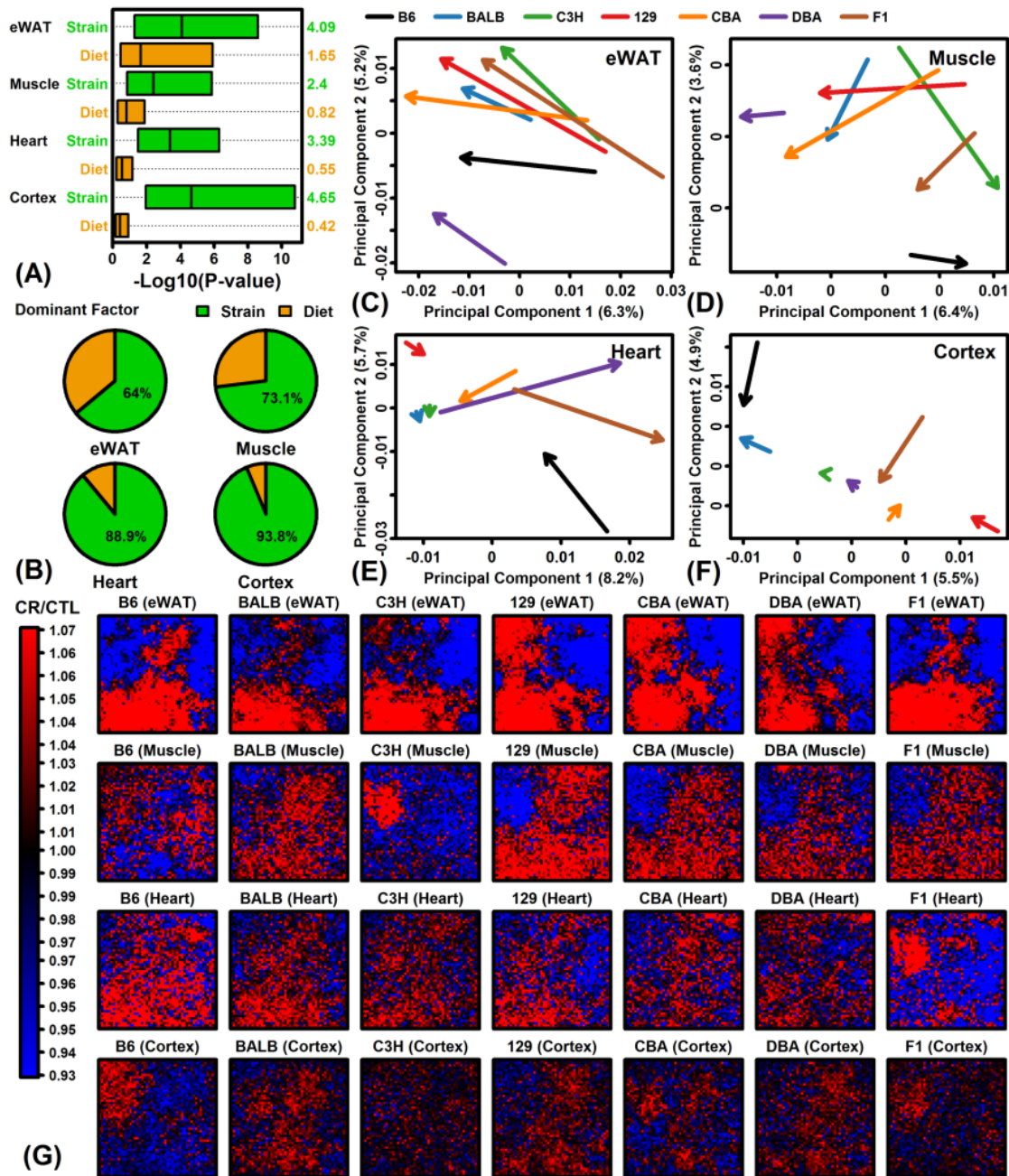


Figure 1. Global transcriptome responses to CR in 4 tissues (eWAT, muscle, heart, cortex) and 7 mouse strains (B6, BALB/c, C3H, 129, CBA, DBA, F1). (A) Relative importance of strain and diet as factors explaining gene expression variation. Linear models were fit with and without diet and strain as explanatory factors. Factor importance (diet or strain) was evaluated based upon $-\log_{10}$ -transformed p-values ($\text{Log}_{10}P$) from likelihood ratio tests applied to each gene. Bars span the middle 50% of $\text{Log}_{10}P$ values among genes (right margin: median $\text{Log}_{10}P$). (B) Percentage of genes with strain or diet as dominant explanatory factor. For each gene, the factor yielding the largest $\text{Log}_{10}P$ was considered dominant. (C – F) Principal component (PC) response vectors. Arrows begin at the bivariate mean of CTL samples and end at the bivariate mean of CR samples. (G) Self-organizing maps (SOMs). An SOM layout was determined based upon the expression of 13129 genes with detectable expression in all 4 tissues. Heatmaps show the average FC (CR/CTL) for genes assigned to each SOM region.

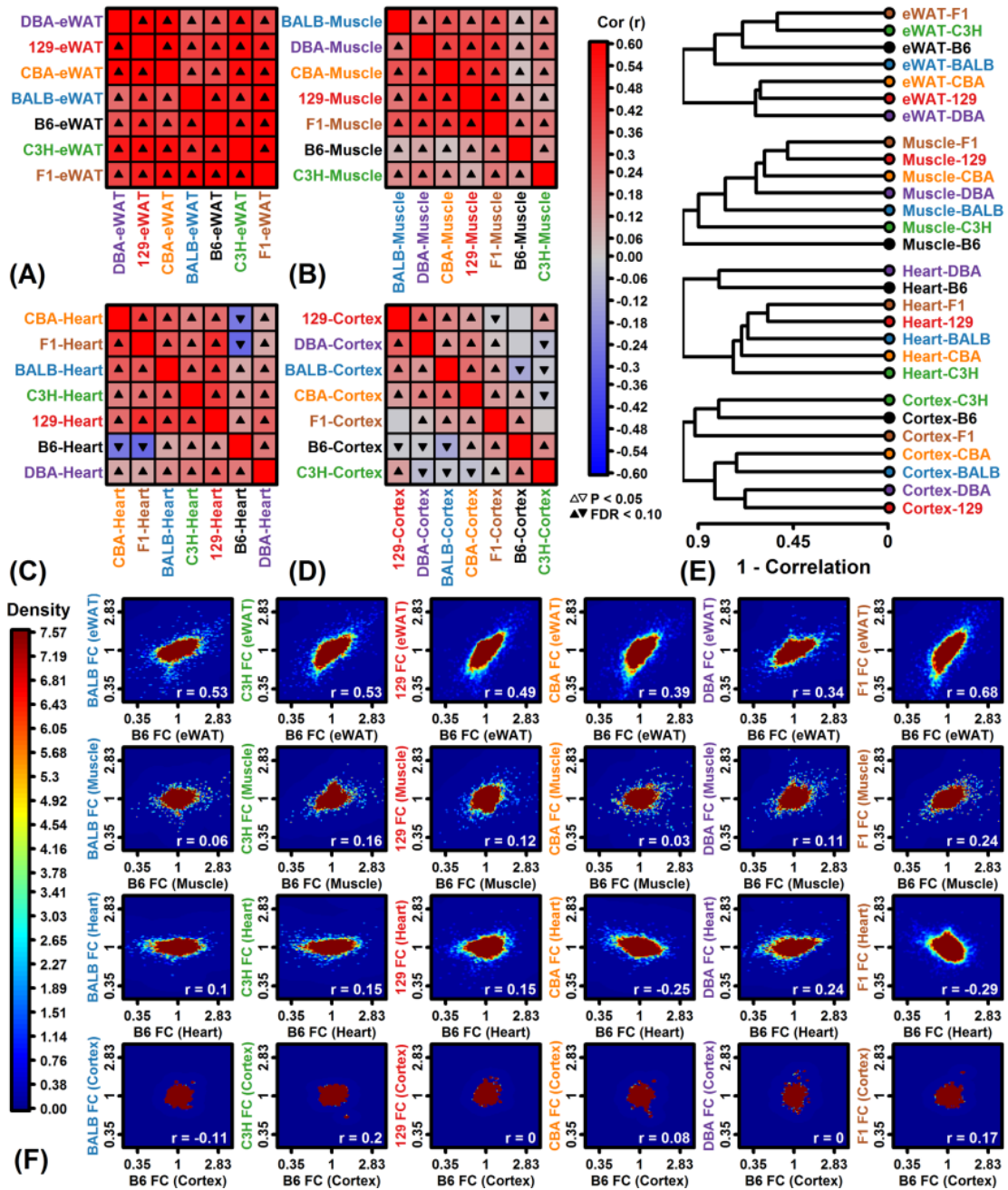


Figure 2. Genome-wide CR response correlation among strains. (A–D) Spearman rank correlation estimates. (E) Hierarchical cluster analysis of strains based upon Spearman correlations among FC estimates. (F) Comparison to B6 mice. Scatterplots compare FC estimates in each strain to those from B6 mice. Colors denote gene density (see scale; lower right: Spearman rank correlation). Analyses in (A) – (F) are based upon all protein-coding genes with detectable expression in a given tissue.

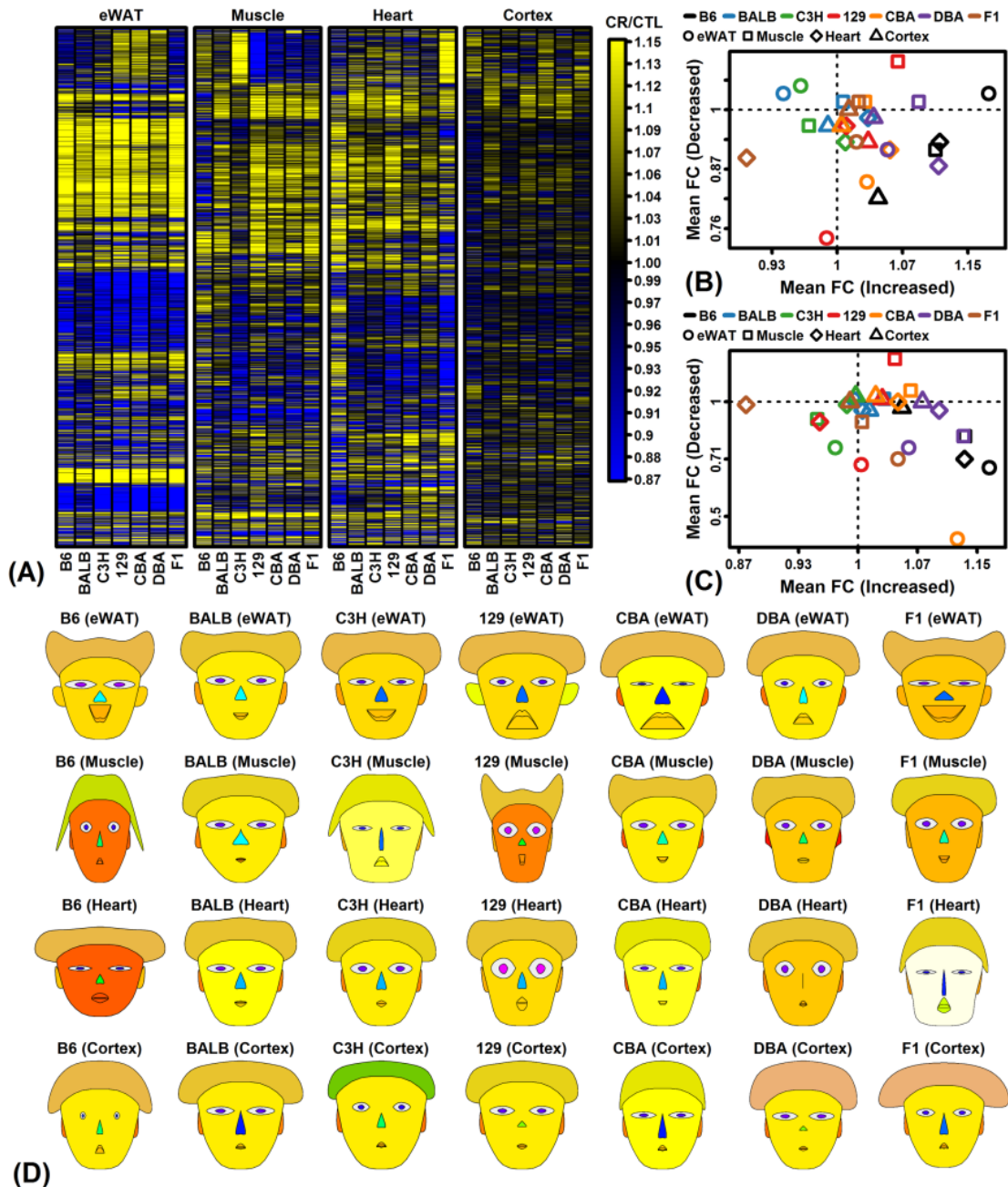


Figure 3. CR response comparison (28 strain-tissue combinations). (A) FC heatmap with hierarchical clustering. The heatmap shows CR responses among 6564 protein-coding genes with detectable expression in all strains and all 4 tissues. Genes were filtered to exclude those weakly altered by CR. Genes were clustered using the average linkage and Euclidean distance. (B) CR meta-analysis gene signature (Plank et al. 2012, *Mol Biosyst* 8:1339-1349). (C) CR meta-analysis gene signature (Swindell 2009, *BMC Genomics* 10:585). In (B) and (C), average FC is plotted for CR-increased genes (horizontal axis) and CR-decreased genes (vertical axis) identified from meta-analyses of microarray studies of CR response in rodents. Signatures are calculated from (B) 37 CR-increased and 37 CR-decreased genes or (C) 40 CR-increased and 40 CR-decreased genes. (D) Chernoff faces. A set of 15 principal component (PC) scores was extracted from the matrix of FC estimates for all protein-coding genes and 28 strain-tissue combinations. The Chernoff face features each correspond to one of the 15 PC scores such that more similar faces indicate more similar CR expression responses.

sis in which CR responses are randomly associated among strains. A total of 316, 33 and 11 genes were similarly altered by CR in all 7 strains for eWAT, muscle and heart, respectively ($P < 0.05$ for each strain; Figures S3A – S3C). No genes were similarly altered by CR in cortex from all 7 strains, although a larger-than-expected number were similarly altered by CR in 2 – 6 out of the 7 strains (Figure S3J and S3K). Gene ontology analyses were performed to identify functional themes among those genes most consistently altered by CR across multiple strains (Figure S4). In eWAT, genes increased by CR in all 7 strains were associated with various metabolic functions, while genes decreased by CR in all strains included other metabolic pathways such as gluconeogenesis and ketone metabolism as well as angiogenesis, and response to insulin (Figures S4A and S4B). In other tissues, genes most consistently altered by CR among strains were predominantly associated with metabolism, translation, and/or RNA splicing/metabolism (Figures S4C – S4H).

C57BL/6 mice have the largest number of strain-specific CR responses including decreased expression of IGF-1 pathway genes in heart

To characterize strain-specific CR responses, linear models were used to identify genes demonstrating strain-by-diet interaction effects, in which responses to CR differed in a given strain as compared to the 6 other strains. In all tissues, the largest number strain-by-diet interaction effects was identified in C57BL/6 mice (Figure S5). Applying an FDR < 0.10 threshold, a total of 256, 833 and 1805 genes exhibited significant interactions in C57BL/6 eWAT, muscle and heart, respectively (Figure S5A – S5D). At this FDR threshold, only 1 gene demonstrated strain-by-diet interaction in cortex of C57BL/6 mice (*Sorcs3*), but 1074 genes were identified at a weaker $P < 0.05$ threshold, which was a larger number than any of the other 6 strains (Figure S5D).

The largest number of C57BL/6-specific CR responses were identified in heart and muscle, consistent with global analyses of gene expression (Figures 1 – 3). In heart, unique CR responses of C57BL/6 mice included increased expression of genes associated with inactivity or denervation (Figure S5G) and decreased expression of genes connected to IGF-1 signaling (e.g., *Igfbp5*, *Igfbp4*, *Igf1*; Figure S5H). Loss of *Igf1* expression in C57BL/6 mice was likely an acute effect or immediate response to CR, since decreased *Igf1* can also be demonstrated from a prior microarray study (GSE68646) of cardiac tissue in young (10-12 week) C57BL/6 males subjected to only 1 week of 30% CR (Figure S6) [50]. Top-ranked increased genes in C57BL/6 heart were *Cyfp2*, *Ptgds* and *Scn5a*, while

top-ranked decreased genes were *Bmp10*, *Ucp1* and *Myl7* (Figures S7A – S7D). In muscle, C57BL/6-unique responses to CR included increased expression of genes related to development (Figure S5I) and decreased expression of genes with metabolic functions (Figure S5J). The top-ranked increased genes in muscle were *Nnat*, *Lep* and *Tnni1*, and similarly the top-ranked decreased genes were *Otub2*, *Aldh1a2* and *Ndufb2* (Figures S7E – S7H).

Shared and strain-specific CR responses among genes belonging to longevity-regulating pathways

Pathways mediating longevity responses to CR include those linked to insulin-like growth factor I (IGF-1), sirtuins, and/or target of rapamycin (TOR) [51]. The KEGG longevity-regulating pathways provide one conceptual model for how such pathways interact and defines connections between genes and pathway components (KEGG identifiers hsa04211 and hsa04213) [52]. We identified genes associated with the KEGG longevity-regulating pathways most frequently altered by CR across the 7 strains and 4 tissues (Figure 4). Genes associated with these pathways were often consistently altered across strains, particularly with respect to eWAT (e.g., *Adcy5*, *Cat*, *Sesn2*, *Sod2*, *Eif4e2*; Figure 4A and 4B). Expression of catalase (*Cat*) was also consistently down-regulated by CR across strains in muscle and heart (Figures 4A, 4C, 4D and 4G). On the other hand, there were many instances in which longevity-regulating genes were altered in some strains but not others (Figure 4A). Genes with divergent response patterns among strains were in some cases linked to the insulin/IGF-1 system, such as *Insr* (eWAT), *Irs2* (muscle) and *Igf1* (heart) (Figures 4H – 4J).

Olfactory receptor gene expression is uniquely elevated by CR in F1 heart and C3H muscle

Global analysis of CR responses provided evidence for a group of genes uniquely up-regulated by CR in C3H muscle and F1 heart (Figures 1G and 3A). These strain/tissue combinations also exhibited the second-largest number of genes with strain-by-diet interaction effects (Figures S5B and S5C). Closer inspection revealed that nearly all genes most specifically up-regulated by CR in these cases encoded olfactory receptors. In F1 heart, for example, 21 of the 22 genes most specifically up-regulated by CR encoded olfactory receptors (Figure 5A). Those genes demonstrating the strongest patterns, such as *Olfr1184*, *Olfr910* and *Olfr488*, were uniquely elevated by CR in F1 heart but were also expressed at higher levels in F1 mice regardless of diet (Figures 5B – 5D). Overall, 90% of genes encoding olfactory receptors were elevated by CR

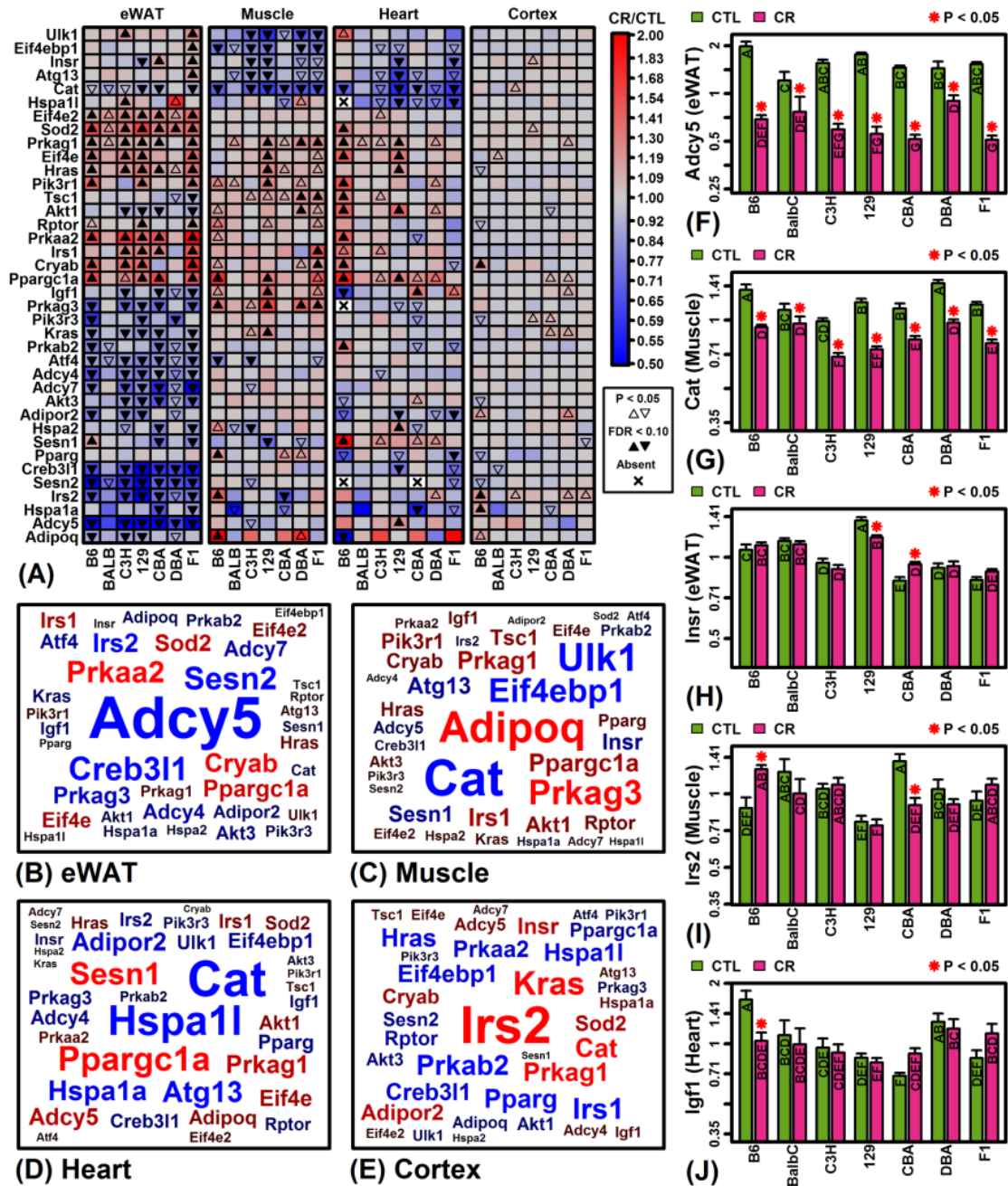


Figure 4. KEGG longevity-regulating pathways (hsa04211 and hsa04213). (A) Selected longevity pathway genes. The top 38 pathway genes were chosen to include those most frequently altered by CR across mouse strains and tissues. (B – E) Gene clouds. The size of gene symbols is proportional the median FC (CT/CTL) observed among strains for the indicated tissue (red: up-regulated; blue: down-regulated). Gene sizes are scaled separately for each tissue and thus not comparable across tissues. (F) adenylyate cyclase 5 (*Adcy5*). (G) catalase (*Cat*). (H) insulin receptor (*Insr*). (I) insulin receptor substrate 2 (*Irs2*). (J) insulin-like growth factor 1 (*Igf1*). In (F) – (J), asterisks indicate that the CR treatment differs significantly from the CTL treatment for a given strain ($P < 0.05$). Treatments that share the same letter do not differ significantly ($P < 0.05$, Fisher's least significant difference).

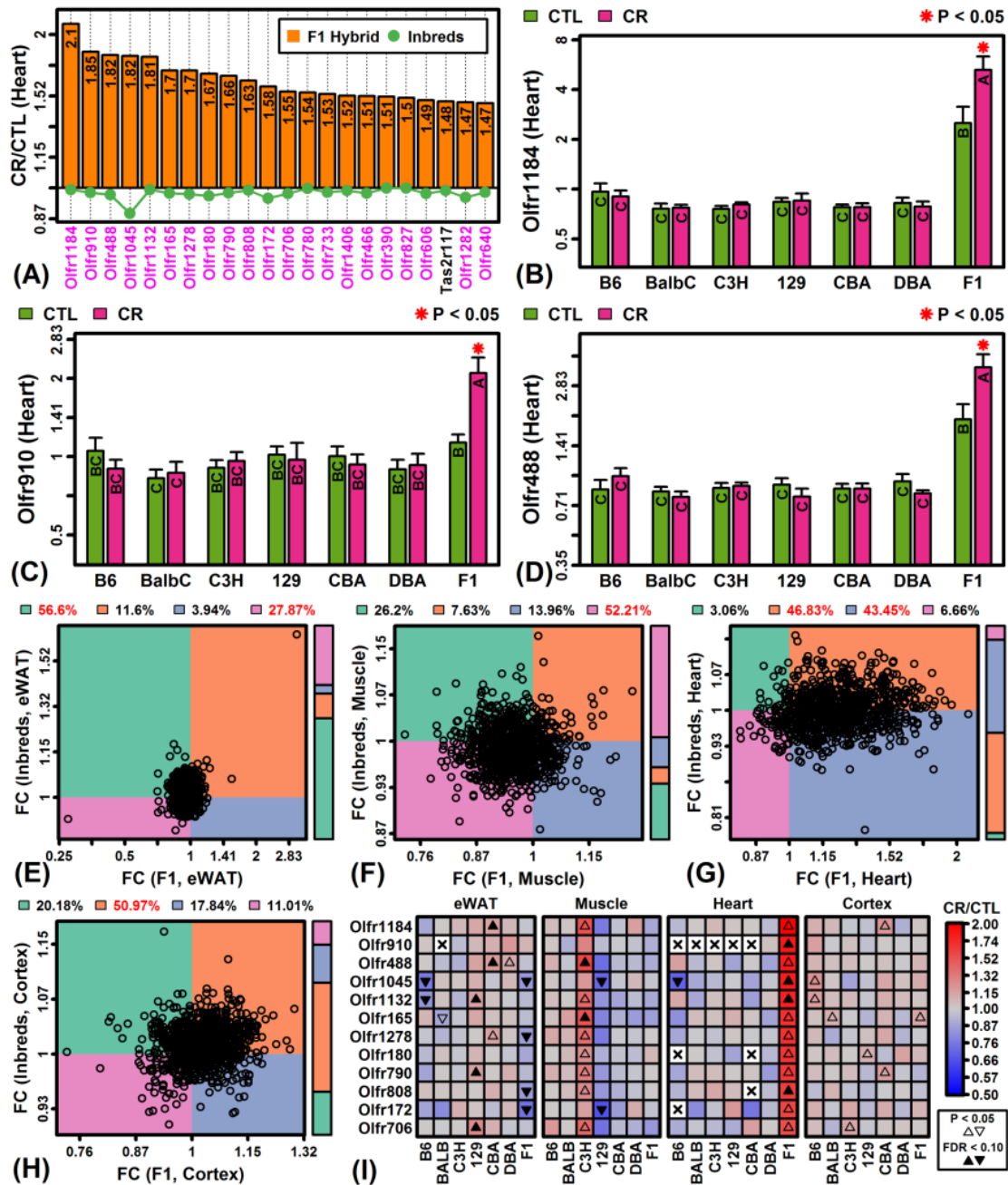


Figure 5. CR specifically increases expression of olfactory receptor genes in F1 mouse heart tissue. (A) Top-ranked genes most specifically increased by CR in heart tissue of F1 mice. Olfactory receptor genes are shown in magenta font (lower margin). The listed genes were significantly elevated in F1 heart tissue (FDR < 0.10; FC > 1.50) with significant strain-by-diet interaction effect (F1 mice vs. other strains; FDR < 0.15). The green line denotes the average FC of the 6 inbred strains. (B, C, D) Olfactory receptors 1184, 910 and 488 (*Olf1184*, *Olf910*, *Olf488*). Asterisks indicate that the CR treatment differs significantly from the CTL treatment for a given strain (P < 0.05). Treatments that share the same letter do not differ significantly (P < 0.05, Fisher's least significant difference). (E, F, G, H) Olfactory receptor FC scatterplot comparison (F1 vs. inbred mice). Each point represents FC estimates for one olfactory receptor gene (horizontal axis: F1 mice; vertical axis: average FC of inbred mice). The color bar (right) indicates the proportion of genes within each quadrant. The percentage of genes in each quadrant is indicated in the top margin (red: percentage significantly greater than 25%, P < 0.05, Chi-square test). (I) Top-ranked 12 olfactory receptor genes specifically expressed in F1 heart tissue.

in F1 heart tissue with most genes not similarly altered in other strains (Figure 5G). This pattern was unique to F1 heart tissue and not observed in eWAT, muscle or cortex (Figures 5E, 5F and 5H). The set of olfactory receptor genes elevated in F1 heart were similarly elevated in C3H muscle but the same trends were not observed in other strain/tissue combinations (Figure 5I).

Transcriptional responses to CR in mouse eWAT are negatively correlated with those in human scWAT

The laboratory mouse is a cornerstone for experimental aging research although humans and mice may differ in their CR diet responses [53]. In humans, there is no WAT depot that is strictly analogous to mouse eWAT [54], but several studies have evaluated gene expression responses to CR in scWAT [38-46]. We therefore compared CR responses in eWAT from mice to those observed for orthologous genes in scWAT samples from 28 experiments in which human subjects followed a CR diet (Table S2).

In 25 of 28 experiments, gene expression responses in most or all mouse strains were negatively correlated with human CR responses (Figure 6A). The average correlation across 28 experiments was negative for each strain ($-0.115 \leq r_s \leq -0.037$) but was least negative with respect to C57BL/6 mice ($r_s = -0.037$) (Figure 6B). Consistent with this, CR responses in each strain were negatively correlated with the average meta-response observed across the 28 human experiments (Figure 6C). The 100 genes most strongly increased by CR in each mouse strain were significantly enriched with respect to CR-decreased genes from humans (Figure 6D; $P < 0.01$ for all strains), although there were no significant trends with respect to the 100 genes most strongly decreased by CR in each mouse strain (Figure 6E; $P \geq 0.248$). Interestingly, genes increased by CR in eWAT from multiple mouse strains were more strongly decreased by CR in human scWAT (Figure 6F). Genes decreased by CR in all 7 mouse strains were conversely increased by CR in humans, although this trend was non-significant (Figure 6G). Among genes most strongly altered by CR in humans, some exhibited consistent trends in mouse (*Tce3*, *Sncg*, *Gpx1*) but others were oppositely regulated by CR (*Kmt2a*, *Hmbs*, *Dhcr7*) (Figures 6H and 6I). None of the genes most consistently increased by CR across strains were similarly altered in humans (e.g., *Atox1*, *Chchd4*, *Mrpl34*; Figure 6J), and likewise, most genes consistently decreased by CR across strains were not similarly altered in humans (e.g., *Pfkfb3*, *Ecm1*, *Tns2*; Figure 6K).

To provide finer-scale comparison of mouse and human CR responses, correspondence was evaluated with

respect to Gene Ontology (GO) Biological Process (BP) terms most strongly enriched among genes robustly elevated by CR in human scWAT (Figure 7A). This identified processes for which associated genes were increased by CR in humans and decreased by CR in most mouse strains, e.g., blood vessel remodeling (Figure 7B), stem cell population maintenance (Figure 7C), biosynthetic process regulation (Figure 7D) and aging (Figure 7E). Among 70 genes increased by CR in humans and mouse strains (Figure 7F), enriched GO BP terms included oxidation-reduction process and biosynthesis of small molecules, carboxylic acid and cofactors (Figure 7H). Likewise, among 115 genes increased by CR in humans but decreased in mouse strains (Figure 7G), enriched GO BP terms included protein heterotrimerization, endocrine hormone secretion and plasma lipoprotein particle (Figure 7I).

GO BP terms most strongly associated with genes decreased by CR in humans were identified and a term-by-term comparison was made to mouse CR responses (Figure 8A). Genes associated with platelet aggregation were down-regulated by CR with respect to both humans and mice (Figure 8A). However, contrasting patterns were observed with respect to genes associated with response to oxidative stress (Figure 8B), glucose metabolic process (Figure 8C), apoptotic mitochondrial changes (Figure 8D), and cofactor biosynthesis (Figure 8E). Among 74 genes decreased by CR in both humans and mice, there was significant enrichment with respect to GO BP terms linked to regulation of insulin response, protein metabolism and monosaccharide transport (Figure 8H). Likewise, among 233 genes decreased by CR in humans but increased in mice, we noted significant enrichment with respect to energy derivation by oxidation and metabolism of cofactors, oxidoreduction coenzymes, pyridine, nucleobase small molecules, organic acids, ribonucleoside triphosphate, purine triphosphate and purine monophosphate (Figure 8I).

Effects of CR on the expression of genes related to stem cell maintenance, blood vessel remodeling and lipid metabolism in human scWAT are not replicated in 4 mouse WAT depots

We noted an inverse association between CR responses in mouse eWAT and human scWAT (Figure 6). These are the most commonly studied forms of WAT in mice and humans, respectively, although potentially CR responses in other mouse depots would correspond better to those in human scWAT [54]. To evaluate this possibility, we compared CR responses in human scWAT and 4 WAT depots from obese C57BL/6 male mice (eWAT, scWAT, perirenal [prWAT], mesenteric [mesWAT]). In these experiments, samples were obtai-

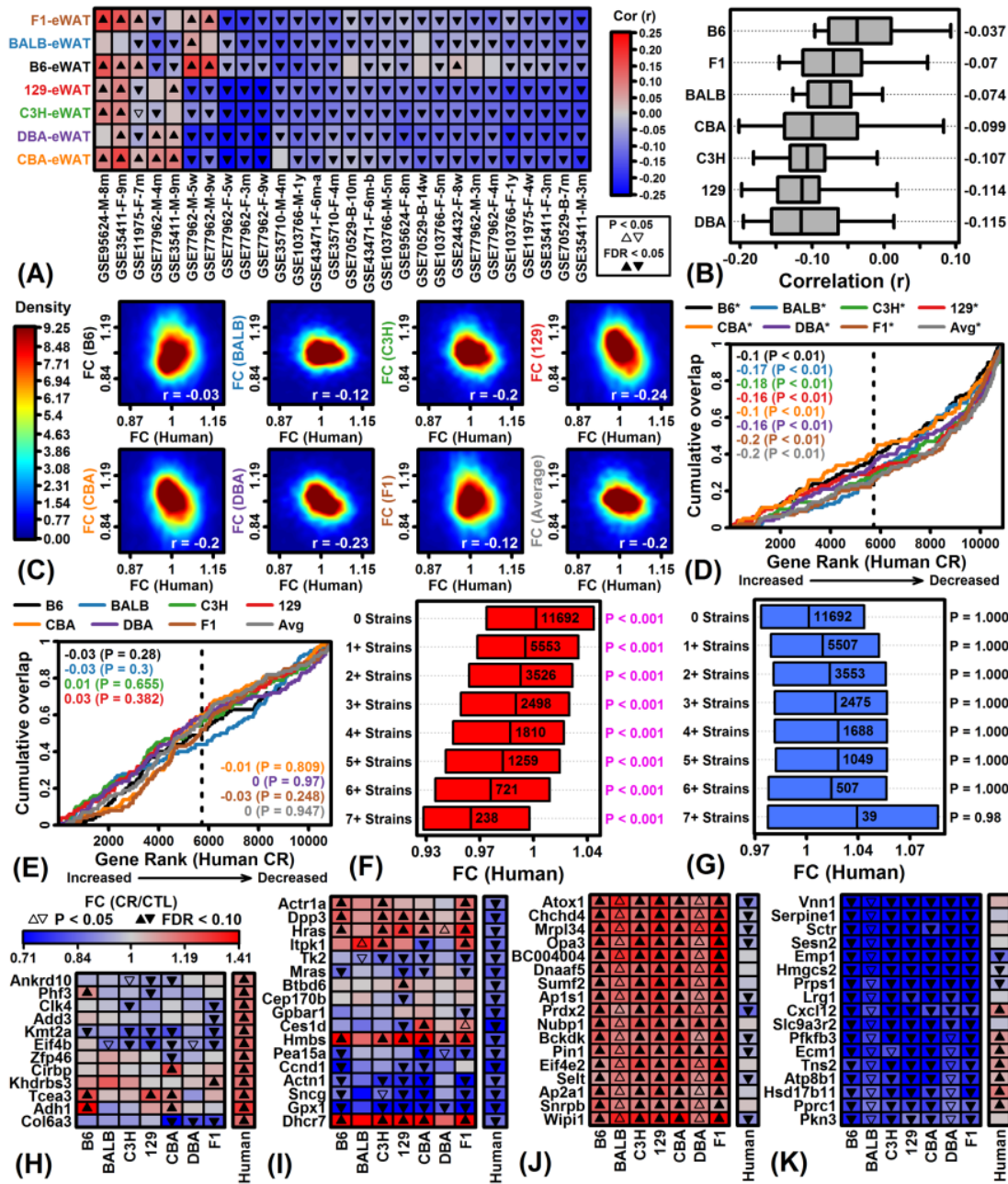


Figure 6. Comparison of CR responses in mouse eWAT and human scWAT. (A) Spearman rank correlations. FC estimates (CR/CTL) in 7 mouse strains (left margin) were compared to those in 28 human experiments (bottom margin). Bottom labels indicate GEO accession identifier, sex, and length of dietary intervention. (B) Correlation estimates by strain. Bars span the middle 50% of correlations for each strain (whiskers: middle 80%; right margin: median correlation). (C) FC scatterplots. FC estimates in each strain are compared to average FC estimates across the 28 human experiments. Colors denote gene density (see scale; lower right: Spearman rank correlation). (D) Gene set enrichment analysis (GSEA) of top 100 CR-increased genes in each mouse strain. (E) GSEA of top 100 CR-decreased genes in each mouse strain. In (D) and (E), genes were ranked according to their expression change with CR in humans (horizontal axis) and cumulative overlap was examined with respect to 100 CR-increased/decreased genes from each strain (vertical axis) (* $P < 0.05$, upper margin labels; enrichment statistics with p-values listed in each figure). Positive enrichment statistics indicate significant overlap with respect to genes increased by CR in human scWAT, while negative statistics indicate significant overlap with respect to genes decreased by CR in human scWAT (dashed vertical line: number of CR-increased genes in human, $FC > 1.00$). (F) Human FC estimates of genes increased by CR in multiple mouse strains. (G) Human FC estimates of genes decreased by CR in multiple mouse strains. In (F) and (G), bars span the middle 50% of human FC estimates. Significant p-values indicate that the median human FC estimate is significantly different from 1.00 (Wilcoxon rank sum test). (H, I) Genes most strongly altered by CR in human scWAT. (J, K) Genes most consistently altered by CR across 7 mouse strains (eWAT).

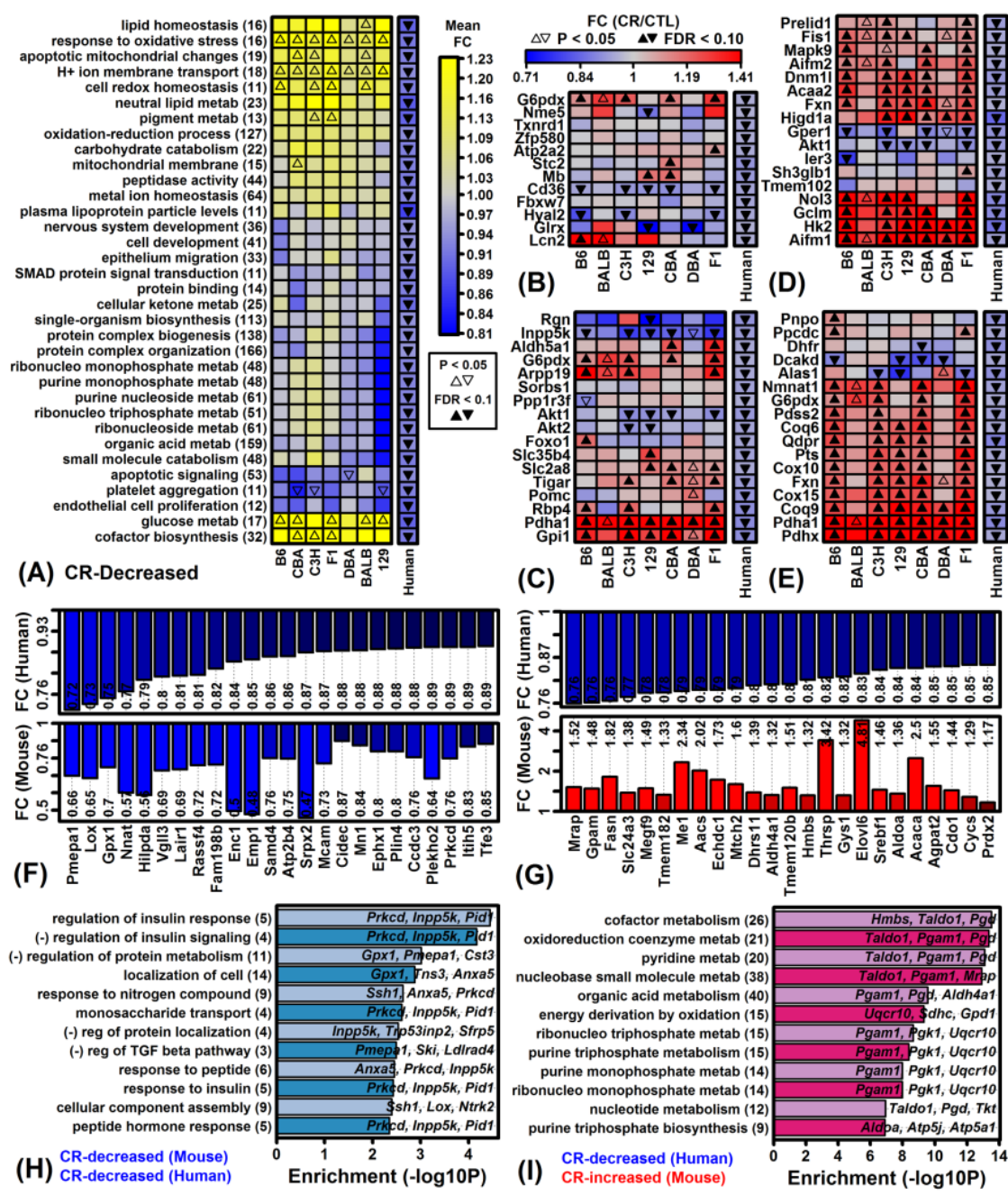


Figure 8. Genes decreased by CR in humans and Gene Ontology-based mouse comparison. (A) GO BP terms most strongly enriched among genes decreased by CR across 28 human experiments. (B) Genes associated with response to oxidative stress (GO:0006979). (C) Genes associated with glucose metabolic process (GO:0006006). (D) Genes associated with apoptotic mitochondrial changes (GO:0008637). (E) Genes associated with cofactor biosynthesis (GO:0051188). (F) Genes most strongly decreased by CR in humans and mice. (G) Genes decreased by CR in humans but increased in mice. In (F) and (G), color-coded bars show average FC estimates in humans (top) and mice (bottom). Average FC estimates are listed within each figure. (H) GO BP terms enriched among 74 genes decreased by CR in humans and mice. Genes were decreased by 5% on average in humans (FDR < 0.10) and decreased by CR with respect to at least 6 of 7 mouse strains (P < 0.05 per strain). (I) GO BP terms enriched among 233 genes decreased by CR in humans but increased by CR in mice. Genes were decreased by 5% on average in humans (FDR < 0.10) and increased by CR with respect to at least 6 of 7 mouse strains (P < 0.05 per strain). In (H) and (I), the number of genes associated with each GO BP term is listed in parentheses (left margin) and example genes are listed within the figure.

ned from mice fed a high fat diet with 25% CR enforced for 1 – 60 days (see GEO series accession GSE30534). Applying a strict FDR threshold of 0.10, we did not identify any significant CR-regulated genes. However, given a weaker threshold of $P < 0.05$ (with $FC > 1.50$ or $FC < 0.67$), we identified between 4 and 403 genes with CR-regulated expression, depending upon the WAT depot examined and the CR duration (Figures S8 and S9).

Consistent with the above findings, CR responses in C57BL/6 eWAT were negatively correlated with those in human scWAT (Figure S10A and S10B). We expected improved correspondence when comparing scWAT responses in both species, but the average correlation was still negative on average across the 28 human experiments ($r_s = -0.016$ for the 60 day CR response; Figure S10B). Moreover, genes associated with stem cell maintenance and blood vessel remodeling, although increased by CR in human scWAT (FDR < 0.10), were not correspondingly altered in mouse scWAT ($P > 0.05$ for all genes; Figures S11A, S11B and S11E). Likewise, genes related to hydrogen ion membrane transport and neutral lipid metabolism decreased by CR in human scWAT (FDR < 0.10) were not correspondingly altered in mouse scWAT ($P > 0.05$ for all genes; Figures S11C, S11D and S11F). Overall, CR responses in mouse prWAT best correlated with those in human scWAT, with positive correlations on average calculated for 5 of the 7 time points evaluated (Figure S10B). Consistent with this, the 100 genes most strongly increased by CR in C57BL/6J prWAT overlapped significantly with genes increased by CR in human scWAT (Figures S10C and S10D). Conversely, the 100 genes most strongly decreased by CR in C57BL/6J prWAT overlapped significantly with genes decreased by CR in human scWAT (Figures S10E and S10F).

DISCUSSION

Mouse CR studies have frequently been limited to one strain (e.g., C57BL/6) and it has often been unclear whether conclusions should be generalized to other strains or translated to humans [13, 14, 17]. This study analyzed publically available microarray data (GSE75574) to compare short-term (14 week) CR responses in males from 7 mouse strains to distinguish shared and strain-specific CR responses in 4 tissues. The largest number of strain-specific CR responses was identified with respect to the C57BL/6 strain, indicating that responses in this strain may not be replicated in other genotypes. Such strain-specific responses can contribute to discrepant findings among laboratories, diminishing the apparent repeatability of preclinical research [13-15]. Our findings demonstrate this

possibility and we expect that strain-specific effects identified here can inform the selection of background strain for studies targeting WAT, heart, muscle or neocortex [17]. To facilitate translation of mouse findings, we attempted to identify a mouse strain for which CR responses in eWAT best matched those of human scWAT, but unexpectedly responses in all strains were negatively correlated with those from human experiments (Figures 6A and 6B). This surprising outcome may be explained by differences in the WAT depots examined for each species [54, 55], or alternatively may reflect genuine species differences related to WAT metabolism in response to caloric deficit [56, 57]. In either case, our findings raise the concern that the most commonly studied WAT depots from mice (epididymal) and humans (subcutaneous) are poorly analogous. This has implications regarding the interpretation and design of studies that aim to understand WAT responses to dietary interventions in mice.

A small number of inbred strains have been disproportionately utilized in biomedical research [19], but laboratory mice harbor considerable genetic diversity such that the concurrent analysis of multiple strains provides an opportunity to better understand genetic factors shaping CR responses [8, 9]. In our analysis, strain was consistently a stronger factor than diet in accounting for gene expression variation (Figures 1A and 1B), and from multivariate analyses we could identify strains with distinctive global CR response patterns (e.g., B6-heart, B6-muscle, F1-heart; Figure 3D). By integrating trends from thousands of genes, our findings can help guide the choice of background strain for experiments depending upon the organ of focus. In cardiac tissue from C57BL/6 mice, for example, we identified a larger number of strain-specific CR responses than any of the other 27 strain-tissue combinations (1805 genes with FDR < 0.10 ; Figure S5C). Among these, several longevity-associated genes were uniquely up-regulated by CR in C57BL/6 heart (e.g., *Prkab2*, *Cryab*, *Prkaa2*, *Sod2*) and other such genes were uniquely down-regulated (e.g., *Igf1*, *Igfbp4*, *Igfbp5*, *Adipoq*, *Akt3*) (Figures 4A, 4J and S5H). Strain-specific down-regulation of *Igf1*, *Igfbp4* and *Igfbp5* by CR in C57BL/6 mice suggests a unique pattern of cardiac IGF-1 pathway dysregulation differing from other strains. Local IGF-1 signaling in heart has anti-apoptotic and regenerative effects [58] and is associated with improvements in cell growth, contractility, cardiac output, stroke volume, ejection fraction, functional recovery following myocardial infarction and insulin sensitivity [59, 60]. CR-driven declines in local cardiac *Igf1* mRNA levels in C57BL/6 mice may therefore have repressive effects on cardiac function absent in other mouse strains. Compared to C57BL/6, cardiac effects of

CR on gene expression in Balbc/J, C3H/HeJ, 129S1/SvImJ and CBA/J mice were more mutually consistent (Figures 2C and 2E) and we identified no significant strain-specific effects at a stringent FDR threshold (Figure S5C). These strains may provide preferred backgrounds for studying cardiac-specific effects of CR and possibly other dietary interventions as well.

Olfactory receptors (ORs) comprise the largest vertebrate gene superfamily consisting of more than 900 human genes [61] and 1296 mouse genes [62]. These genes encode G-protein coupled receptors (GPCRs) that are mostly expressed on olfactory sensory neurons of the nasal epithelium. In recent decades, however, expression of ORs has been discovered in germ cells [63] and postnatal cardiac cells [64], and RNA sequencing studies have increasingly identified expression of ORs in other non-chemosensory tissues (“ectopically expressed ORs”) [65]. In this study, OR-encoding genes showed a strong trend towards strain-specific CR responses, with many increased by CR specifically in C3H muscle and B6C3F1/J heart (Figures 5G and 5I). It is unclear why OR expression is modulated by CR in such a strain-specific fashion, although previous studies have demonstrated decreased expression of ORs in CR-fed mice and in long-lived mice lacking the adenylate cyclase 5 gene (129/Sv background) [66]. The importance of ORs in aging was first suggested by invertebrate genetic studies, which demonstrated that OR loss-of-function mutations increase longevity in *Caenorhabditis elegans* [67] and *Drosophila melanogaster* [68]. In vertebrates, ectopically expressed ORs appear to have diverse functions including glucose homeostasis and metabolism [69, 70]. An allele for OR14J1C, for example, has been associated with increased type 1 diabetes risk [71], and mice lacking the *Olf1393* gene exhibit decreased SglT1 function in proximal kidney tubules leading to decreased glucose reabsorption and glycosuria [72]. In cardiac tissue, OR51E1 acts as a receptor for medium-chain fatty acids, which stimulate OR51E1 to negatively regulate heart inotropy [70]. Through these and other mechanisms, ORs may mediate metabolic responses to CR, and given our findings we anticipate that these effects would be strain-specific and distinctive in C3H muscle and B6C3F1/J heart (Figure 5I).

The extrapolation of findings from mouse CR studies to humans has been controversial with some investigators arguing that CR responses in mice differ fundamentally from humans in important respects [31, 32]. To address this issue, we focused on WAT to compare CR responses in eWAT from each mouse strain to human scWAT responses. Our findings do not suggest an

absence of association, but rather demonstrate a significant *negative* correlation (Figures 6A and 6B). Moreover, genes most consistently up- or down-regulated by CR across strains were more likely to exhibit opposite responses in human scWAT (Figures 6F and 6G). We propose two interpretations for these findings that are not mutually exclusive. First, human studies evaluated periumbilical scWAT whereas CR responses in 7 strains were evaluated in perivisceral eWAT [54]. In humans, periumbilical scWAT is an accessible site that is cosmetically acceptable for obtaining WAT samples, such that periumbilical scWAT has been the most widely evaluated in clinical weight loss studies [38-46]. Similarly, in mice, eWAT is the largest and most widely studied depot, but may not be strictly analogous to any depot found in human [54]. Compared to other mouse depots, eWAT appears to have increased rates of glucose and lipid metabolism, adipocyte size and stress resistance protein abundance [73]. Effects of CR on eWAT may therefore be dissimilar to other depots, such that other WAT sampling sites in mouse would yield better agreement with human clinical data. There was limited support for this possibility, since our analysis of an independent dataset indicated that CR responses in human scWAT were better correlated with responses in C57BL/6 male scWAT and mesWAT ($-0.073 \leq r_s \leq 0.064$), although the best correlations were observed with respect to mouse prWAT ($-0.013 \leq r_s \leq 0.091$) (Figure S10B). These trends suggest that, at least for C57BL/6 males, correspondence between effects of CR on WAT from mice and humans is influenced by depot, although in all cases we observed only modest mouse-human correlations ($r_s < 0.10$).

A second interpretation of our findings is that WAT metabolism in humans and mice differs in biologically important ways under hypocaloric conditions. After all, rodents and humans differ in their grossly observable response to reduced calorie diets, with CR-fed rodents exhibiting a “scavenger response” characterized by increased spontaneously physical activity [74, 75], whereas in humans this response is absent and in contrast CR reduces physical activity [76, 77]. These divergent behavioral responses to CR may correspond to different short-term levels of energy expenditure, different metabolic demands, and thus different levels of fatty acid breakdown. Consistent with this, genes up-regulated by CR in human scWAT were associated with stem cell maintenance, angiogenesis, and cell division (Figure 7A), whereas down-regulated genes were linked to energy derivation via oxidation (Figure 8I). In mouse eWAT, scWAT, prWAT and mesWAT, CR had opposite or non-significant effects on the expression of orthologous genes associated with these processes (Figures 7A, 8I, S11). These trends suggest a human CR

response favoring adipose tissue maintenance, contrasting with a rodent response favoring WAT breakdown and fatty acid metabolism. This difference may be driven by lower energy expenditure with CR in humans, although in addition humans may rely more heavily on other energy sources apart from adipose, e.g., amino acids, gluconeogenesis, muscle glycogen stores, or ketone production. Interestingly, for example, CR in human scWAT increased expression of genes associated with “response to ketone”, whereas expression of orthologous genes were not altered by CR in eWAT from any mouse strain (Figure 7A). Ultimately, these mechanisms may allow humans to better maintain fat mass under hypocaloric conditions, providing a physiological reserve that can be drawn upon in the event of severe famine at a later date. This is an appealing explanation for our findings since it fits with the idea that humans harbor “thrifty” genes to ensure efficient energy utilization and maintenance of adipose reserve, which in modern settings has proven deleterious as contributing to obesity and obesity-related disease [56, 57].

This study evaluated the most comprehensive gene expression dataset available for evaluating effects of CR in multiple mouse strains [37]. A limitation of our findings is that analyses were carried out with respect to male mice only. Interventions influencing mouse longevity and/or healthspan may have sex-specific effects, and thus our observations in males may not be applicable to females [78]. Indeed, some evidence indicates that CR may have stronger growth-inhibiting effects in males [79], whereas females maintain body weight better with CR and thus appear more energy efficient [80]. Secondly, the dataset we considered allowed us to evaluate effects of CR in young mice, with CR applied between 8 and 22 weeks of age. The effects of CR, however, may differ in young versus old mice [81], and in particular effects of CR at a young age may be unrevealing with regard to age-associated pathology. One consistent effect of CR emerging from gene expression meta-analyses, for example, has been inhibition of inflammatory gene expression patterns [47]. However, since inflammation-associated gene expression tends to increase at older ages in mice, repression of such patterns by CR may not be apparent in younger mice [47]. Along these lines, strain-specific CR responses related to longevity may be difficult to discern based upon our analysis. For example, CR appears to have an especially robust and positive effect on the lifespan of hybrid strains such as B6C3F1/J [20], whereas CR is known to have weak or even negative effects on the lifespan of DBA/2J mice [21-23]. Despite this, neither B6C3F1/J nor DBA/2J was a strong outlier in our analyses and comparatively few strain-specific expression responses were identified in these strains

(Figures S5A – S5D). However, if effects of CR had been evaluated in older mice, following the onset of age-related morbidities, a larger number of strain-specific expression responses may have been observed in B6C3F1/J nor DBA/2J mice, potentially with more distinctive shifts in the expression of longevity-associated genes (e.g., *Cat*, *Prkag1*, *Irs1*, *Ppargc1a*; Figure 4A).

The proposed healthspan and lifespan benefits of CR observed for decades in mice and rats have so far been partially replicated in primate studies. In rhesus monkeys, effects of CR on survival have varied, with treatment comparisons (CR versus control) supporting a range of outcomes spanning from a 12% decrease to 24% increase in median survival for CR-fed monkeys (Kaplan–Meier estimates) [82]. In humans, effects of CR on survivorship are difficult to discern, but favorable shifts in biomarkers and physiological performance have been reported in non-obese trial participants adhering to a CR diet [83]. In this evolving context, laboratory mice will continue to play a valuable role as a flexible experimental model, offering diverse genetic tools and environmental controls that could never be achieved in human studies. Ultimately, however, appropriate use of this tool requires an understanding of strain effects and the biology underlying the mouse and human “translation gap” [84]. The current study provides new insights by characterizing strain-specific CR responses and evaluating whether such responses are replicated in human datasets. This facilitates an informed interpretation of mouse findings from a translational perspective and thus enhances the utility of mice as a tool for understanding dietary responses.

MATERIALS AND METHODS

Microarray analysis of gene expression responses to CR in 7 mouse strains

The complete dataset included 448 microarray samples available from the Gene Expression Omnibus (GEO) database under the series accession GSE75574 (7 strains × 4 tissues × 2 diets × 8 mice per treatment group = 448 samples total) [37]. A complete description of animal husbandry and dietary protocols has been reported previously [37]. In brief, male mice were purchased from the Jackson lab at 6 weeks of age and provided AIN93M rodent diet (84 kcal/week). Mice were randomized to either CR or *ad lib* diet treatments starting at 8 weeks of age with sacrifice and tissue collection at 22 weeks. For the Balbc/J, C3H/HeJ, CBA/J, DBA/2J and B6C3F1/J strains, CR-fed mice received a dietary allowance reduced in weight by 23 – 25% compared to CTL-fed mice (Table S1). For CR-fed

C57BL/6J and 129S1/SvImJ mice, the dietary allowance was initially reduced by 25% (weeks 8 – 14) and then decreased further by 42% (weeks 14 – 22) to prompt weight loss similar to that in other strains (Table S1) [37]. Regarding body weights at week 22, effects of CR were similar with 16 – 24% reduction compared to CTL, although Balbc/J was an exception with average weight of CR-fed mice reduced by only 4% (Table S1). At the conclusion of dietary interventions (week 22), mice were fasted overnight prior to sacrifice by cervical dislocation [37]. The 4 tissues collected for RNA analysis were eWAT, skeletal muscle (gastrocnemius), heart and brain neocortex.

Data processing and normalization

Gene expression profiling was performed using the high-density Affymetrix Mouse Gene 1.0 ST array platform for whole transcript expression analysis. Material from one biological sample was hybridized to a single microarray, yielding a total of 448 raw CEL files downloaded under the GSE75574 accession. Raw CEL files were normalized using the robust multichip average (RMA) algorithm for gene-level expression intensity summarization (R package: oligo; function: RMA) [85]. Expression estimates were calculated for 35556 probe identifiers, of which 20353 could be associated with a protein-coding gene (R annotation package: mogene10stranscriptcluster.db). These 20353 probe identifiers were collectively associated with 18763 unique protein-coding genes. To limit redundancy in downstream analyses, a single probe identifier was chosen to represent each protein-coding gene [86]. For each tissue, the probe identifier with highest average expression across all samples was chosen as the representative in cases where multiple probe identifiers were associated with the same gene symbol. Following these steps, there remained 18763 probe identifiers, each of which was associated with a unique gene symbol.

Microarray quality control

The initial set of 448 array samples was analyzed to identify outliers or poor-quality hybridizations. Microarray samples for each tissue were clustered and each sample was plotted with respect to the first two principal components calculated from genome-wide expression intensity estimates (Figures S12 – S15). Additionally, the probe-level model metrics normalized unscaled standard error (NUSE) and relative log expression (RLE) were calculated for each sample, with low-quality samples suggested by NUSE median estimates differing substantially from 1 or RLE median estimates differing from 0 (Figures S12 – S15) [87]. A total of 12 samples were removed because they were

identified as outliers or probe-level metrics suggested poor-quality array hybridizations (excluded eWAT samples: GSM1959516, GSM1959551; excluded muscle samples: GSM1959292, GSM1959322, GSM1959354, GSM1959359; excluded heart samples: GSM1959406, GSM1959427, GSM1959457, GSM1959468; excluded cortex samples: GSM1959158, GSM1959224). Thus, the final dataset used for subsequent analyses included 436 microarray samples among the 4 tissues (448 – 12 = 436 samples).

Differential expression analyses

Differential expression analyses were performed to evaluate the effect of diet (CR versus *ad lib*) with respect to each strain and tissue (7 strains × 4 tissues = 28 strain-tissue combinations total). For a given sample, a gene was determined to have detectable expression if at least 50% of probe sets associated with that gene were expressed above-background at a significance level of $P < 0.05$, based upon a signed-rank test comparison between perfect match and mismatch probe intensities [88]. Differential expression testing was performed using only genes with detectable expression in at least 33% of the microarray samples available for a given CR versus *ad lib* comparison. Among the 28 strain-tissue combinations, this yielded between 14083 and 17883 protein-coding genes for inclusion in differential expression analyses (average of 16474 genes). A total of 15490, 15375, 13588 and 17406 genes met criteria for all comparisons with respect to eWAT, muscle, heart and cortex, respectively. Likewise, 13129 protein-coding genes were consistently expressed in samples from each tissue type and included in analyses in each of the 28 strain-tissue combinations. Differential expression between CR and *ad lib* samples was evaluated using empirical Bayes linear models and moderated t statistics as implemented in the R limma package [89]. To control the false discovery rate for each CR versus *ad lib* comparison, raw p-values were adjusted using the Benjamini-Hochberg method [90]. Unless otherwise indicated, genes were considered to be differentially expressed if the FDR was less than 0.10 and estimated fold-change (FC) was greater than 1.50 or less than 0.67. To evaluate the accuracy of our analyses, we compared microarray FC estimates to those previously reported [37] and obtained using RT-PCR for 11, 10 and 7 genes in eWAT, muscle and heart, respectively (C57BL/6J strain). As expected, microarray-based FC estimates were less extreme than those obtained by RT-PCR, likely reflecting reduced dynamic range of microarrays compared to PCR assays [91]. However, for each tissue examined, we noted a strong positive correlation between FC estimates obtained by microarray and RT-PCR ($r \geq 0.86$; Figure S16).

Strain-by-diet interaction effects

Linear models with moderated t statistics were also used to identify genes with strain-dependent CR responses (i.e., strain-by-diet interaction effects). For this approach, gene expression was modeled as a function of diet, strain and an interaction term (i.e., $\text{Expression} = \text{Diet} + \text{Strain} + \text{Diet} * \text{Strain}$) with analyses replicated for each of the 28 strain-tissue combinations. Diet was defined as a variable with value 1 for CR samples and 0 for *ad lib* samples. Likewise, strain was defined as a dummy variable with value 1 assigned to samples associated with a given strain and value 0 assigned to samples associated with any of the other 6 strains. The strain-by-diet interaction effect was then evaluated based upon p-values associated with coefficients estimated for the strain-by-diet model term ($\text{Diet} * \text{Strain}$). Interaction effects were analyzed only for genes with detectable expression in 33% of all microarray samples for each tissue (eWAT: 16398 genes; Muscle: 16634; Heart: 15416; Cortex: 17793).

Meta-analysis of human scWAT responses to CR

We identified 28 experiments in which microarrays were used to analyze gene expression in periumbilical scWAT from human subjects before and after CR diet interventions (Table S2) [38-46]. In this context, an “experiment” is defined as two paired sets of microarray samples, including a baseline set obtained from scWAT of subjects prior to intervention and a post-intervention set obtained from subjects post-intervention. Following this definition, multiple experiments could be derived from the same study if repeated measures were obtained from subjects followed longitudinally over time (see below).

The 28 experiments include only dietary interventions with some protocols incorporating an additional exercise component, although we excluded any experiment in which a gastric bypass procedure was performed (Table S2). All dietary interventions were designed to induce weight loss with some experiments utilizing a baseline- and subject-specific calorie reduction protocol, and others utilizing a fixed protocol for all subjects with total calorie count ranging from 450 to 2000 kCal per day. Interventions ranged in duration from 4 weeks to 1 year with 10 of 28 experiments performed using males and 15 of 28 experiments performed using females (the sex was unknown for 3 experiments). Experiments varied in size from 3 to 40 subjects (average 10.9) with a total of 503 microarrays analyzed among all 28 experiments. For each experiment, we excluded from analyses the 15% of genes with lowest expression on average among all samples. For remaining genes and each patient, the

difference in log₂-transformed expression before and after treatment was calculated. For each gene, the average and standard error of these differences was calculated, and the experiment-specific significance of that difference was evaluated using linear models with moderated t-statistics [89].

A random effects meta-analysis model was applied to integrate results across the 28 experiments and to calculate a meta-signature for the effects of CR in human scWAT [92]. In some cases, 2 or more experiments had been obtained from repeated measures experiments and shared the same baseline set of samples. Results from such experiments cannot be regarded as independent. To obtain a filtered set of independent experiments, the 28 experiments were ranked according to the average standard error calculated among all genes with respect to the before versus after comparison. We filtered out any experiments sharing the same set of baseline samples, preferentially retaining those experiments with the lowest average standard error. This yielded a filtered set of 18 independent experiments with expression measurements available for 16504 genes. We excluded 3723 genes not measured in 6 or more of the 18 independent experiments, yielding a final set of 12781 genes for inclusion in the random effects meta-analysis model (R package: meta, R function: metagen). For this approach, the DerSimonian-Laird estimate was used to calculate a meta-FC for each gene with inverse variance weighting (i.e., greater weight assigned to experiments associated with a lower standard error estimate) [92]. To control for multiple hypothesis testing among the 12781 genes, p-values derived from the meta-analysis model were adjusted using the Benjamini-Hochberg method [90].

Microarray analysis of multiple WAT depots in *ad lib* and CR-fed obese C57BL/6 mice

Our main focus was to compare effects of CR in mouse eWAT and human scWAT, since these were the most well studied in terms of CR gene expression responses in each species, respectively [54]. However, to replicate this comparison using multiple WAT depots from a given strain, gene expression was evaluated in 4 WAT depots (eWAT, scWAT, perirenal WAT [prWAT]; mesenteric WAT [mesWAT]) from obese C57BL/6 male mice provided a high fat diet and subjected to CR for 0, 1, 3, 7, 14, 21, 42 and 60 days (GEO series accession GSE30534).

The initial dataset included 312 samples with genome-wide expression evaluated using the Affymetrix Mouse Genome 430 2.0 *in situ* oligonucleotide array platform. The 312 samples were normalized using robust

multichip average yielding expression intensities for 45101 probe sets [85]. Samples from each WAT depot were clustered and visualized with respect to principal component axes to identify outliers, and were additionally evaluated using quality control metrics to identify low-quality hybridizations (e.g., NUSE/RLE median/IQR, average background, Affymetrix scale factors) (Figure S17) [87]. A total of 6 samples were identified as outliers and/or poor quality hybridizations and removed from analyses (GSM757584, GSM757585, GSM757599, GSM757392, GSM757502 and GSM757465), leaving a total of 306 samples used in further analyses.

The 45101 probe sets were collectively associated with 20736 human genes. If multiple probe sets were associated with the same gene, a single probe set was chosen to represent the gene by selecting the probe set with highest average expression among all samples [86]. We therefore considered a total of 20736 probe sets, with each probe set representing a unique human gene. Differential expression analyses were performed for 28 comparisons (4 WAT depots \times 7 time points = 28 CR vs. *ad lib* comparisons). For a given comparison, only genes with detectable expression in at least 33% of samples were evaluated, yielding between 14711 and 15939 human genes among the 28 comparisons. A signed-rank test comparison between perfect match and mismatch probe intensities was used to determine if expression intensities for each probe set were detectable above background levels [88]. Differential expression analyses were carried out using linear models and moderated t-statistics [89], with raw p-values adjusted using the Benjamini-Hochberg method [90].

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CONFLICTS OF INTEREST

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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SUPPLEMENTARY MATERIAL

Table S1. Dietary allowance and body weights. The table lists the amount of food provided weekly to each strain (8 – 22 weeks of age). The final columns list average body weights in CTL and CR mice at 22 weeks of age. For the CR treatment (columns 4 and 6), the percent reduction relative to CTL mice is given in parentheses.

Strain	Weeks	Food (g) / Week		Week 22 body weight (g) [†]	
		CTL	CR (%)	CTL	CR
C57BL6/J	8-14	24	18 (25%)	30.6	23.6 (23%)
	14-22	24	14 (42%) [‡]		
Balbc/J	8-22	31 [¶]	24 (23%) [¶]	28.2	27.1 (4%)
C3H/HeJ	8-22	24	18 (25%)	33.7	28.4 (16%)
129S1/SvImJ	8-14	24	18 (25%)	28.3	23.7 (16%)
	14-22	24	14 (42%) [‡]		
CBA/J	8-22	24	18 (25%)	36.0	26.5 (26%)
DBA/2J	8-22	24	18 (25%)	31.4	25.0 (20%)
B6C3F1/J	8-22	24	18 (25%)	37.5	28.4 (24%)

[†]Week 22 average body weights were estimated from Figure S1 from Barger et al. 2017 (Aging Cell 16: 750-760). Body weight for each strain and treatment was extracted using the Digitizeit software (<https://www.digitizeit.de/>).

[‡]In weeks 14-22, the amount of food was adjusted in CR-fed C57BL6/J and 129S1/SvImJ mice to provide a total weight loss more comparable to other strains (see Barger et al. 2017; Aging Cell 16: 750-760).

[¶]Balbc/J exhibited excessive weight loss in provided the CR diet of 18 g/week. The total allowance was therefore increased in CTL and CR treatments (see Barger et al. 2017; Aging Cell 16: 750-760).

Table S2. List of 28 experiments incorporated into human scWAT microarray meta-analysis. The table lists 28 experiments in which microarrays were used to evaluate gene expression in periumbilical scWAT of humans before and after CR. The ID provided for each experiment lists the Gene Expression Omnibus series identifier, sex of subjects (M = male, F = female, B = both male and female), and the CR duration (w = weeks, m = months, y = years). The second column lists the PubMed identifier for the original research article describing the CR protocol and generation of samples (PMID). The number of subjects evaluated in each experiment is indicated (column 3) as well as the number of genes for which gene expression measurements were obtained and incorporated into analyses (column 4; excludes 15% of genes with lowest expression in each experiment). The final columns lists the GEO sample identifiers associated with baseline and post-CR treatments. The ordering of samples in the final columns is matched by subject.

Experiment ID	PMID	No. Subjects	No. Genes	Pre-CR (baseline) samples	Post-CR samples
GSE11975-F-4w	19401422	8	14481	N/A (two-color microarrays were utilized with material from pre- and post-intervention samples hybridized to the same arrays)	GSM302948, GSM302950, GSM302952, GSM302954, GSM302956, GSM302958, GSM302960, GSM302962
GSE11975-F-7m	19401422	8	14481	N/A (two-color microarrays were utilized with material from pre- and post-intervention samples hybridized to the same arrays)	GSM302980, GSM302982, GSM302984, GSM302986, GSM302988, GSM302990, GSM302992, GSM302994
GSE24432-F-8w	22030226	40	11757	GSM602072, GSM602074, GSM602076, GSM602078, GSM602080, GSM602082, GSM602084, GSM602086, GSM602088, GSM602090, GSM602092, GSM602094, GSM602096, GSM602098, GSM602100, GSM602102, GSM602104, GSM602106, GSM602108, GSM602110, GSM602112, GSM602114, GSM602116, GSM602118, GSM602120, GSM602122, GSM602124, GSM602126, GSM602128, GSM602130, GSM602132, GSM602134, GSM602136, GSM602138, GSM602140, GSM602142, GSM602144, GSM602146, GSM602148, GSM602150	GSM602073, GSM602075, GSM602077, GSM602079, GSM602081, GSM602083, GSM602085, GSM602087, GSM602089, GSM602091, GSM602093, GSM602095, GSM602097, GSM602099, GSM602101, GSM602103, GSM602105, GSM602107, GSM602109, GSM602111, GSM602113, GSM602115, GSM602117, GSM602119, GSM602121, GSM602123, GSM602125, GSM602127, GSM602129, GSM602131, GSM602133, GSM602135, GSM602137, GSM602139, GSM602141, GSM602143, GSM602145, GSM602147, GSM602149, GSM602151
SE35411-M-3m	22648723	3	18520	GSM867716, GSM867720, GSM867723	GSM867725, GSM867728, GSM867731
GSE35411-M-9m	22648723	3	18562	GSM867716, GSM867720, GSM867723	GSM867733, GSM867737, GSM867740
GSE35411-F-3m	22648723	5	18531	GSM867722, GSM867724, GSM867718, GSM867717, GSM867721	GSM867730, GSM867732, GSM867727, GSM867726, GSM867729

GSE35411-F-9m	22648723	6	18660	GSM867722, GSM867724, GSM867719, GSM867718, GSM867717, GSM867721	GSM867739, GSM867741, GSM867736, GSM867735, GSM867734, GSM867738
GSE35710-M-4m	23264395	18	11324	GSM873708, GSM873710, GSM873712, GSM873714, GSM873718, GSM873720, GSM873722, GSM873724, GSM873726, GSM873728, GSM873730, GSM873732, GSM873734, GSM873736, GSM873738, GSM873740, GSM873742, GSM873744	GSM873709, GSM873711, GSM873713, GSM873715, GSM873719, GSM873721, GSM873723, GSM873725, GSM873727, GSM873729, GSM873731, GSM873733, GSM873735, GSM873737, GSM873739, GSM873741, GSM873743, GSM873745
GSE35710-F-4m	23264395	6	11305	GSM873700, GSM873702, GSM873704, GSM873706, GSM873716, GSM873746	GSM873701, GSM873703, GSM873705, GSM873707, GSM873717, GSM873747
GSE43471-F-6m-a	23341572	9	18854	GSM1063185, GSM1063193, GSM1063197, GSM1063209, GSM1063221, GSM1063233, GSM1063245, GSM1063257, GSM1063271	GSM1063186, GSM1063194, GSM1063198, GSM1063210, GSM1063222, GSM1063234, GSM1063246, GSM1063258, GSM1063272
GSE43471-F-6m-b	23341572	16	18955	GSM1063189, GSM1063191, GSM1063201, GSM1063203, GSM1063213, GSM1063217, GSM1063225, GSM1063229, GSM1063237, GSM1063241, GSM1063249, GSM1063251, GSM1063261, GSM1063263, GSM1063267, GSM1063275	GSM1063190, GSM1063192, GSM1063202, GSM1063204, GSM1063214, GSM1063218, GSM1063226, GSM1063230, GSM1063238, GSM1063242, GSM1063250, GSM1063252, GSM1063262, GSM1063264, GSM1063268, GSM1063276
GSE70529-B-14w	26916363	9	16185	GSM1808419, GSM1808396, GSM1808431, GSM1808403, GSM1808407, GSM1808411, GSM1808415, GSM1808423, GSM1808427	GSM1808420, GSM1808397, GSM1808400, GSM1808404, GSM1808408, GSM1808412, GSM1808416, GSM1808424, GSM1808428
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GSE70529-B-10m	26916363	9	16220	GSM1808419, GSM1808396, GSM1808431, GSM1808403, GSM1808407, GSM1808411, GSM1808415, GSM1808423, GSM1808427	GSM1808399, GSM1808402, GSM1808406, GSM1808410, GSM1808414, GSM1808418, GSM1808422, GSM1808426, GSM1808430

GSE77962-M-5w	27840413	11	16263	GSM2062472, GSM2062478, GSM2062518, GSM2062527, GSM2062530, GSM2062539, GSM2062542, GSM2062575, GSM2062578, GSM2062602, GSM2062609	GSM2062473, GSM2062479, GSM2062519, GSM2062528, GSM2062531, GSM2062540, GSM2062543, GSM2062576, GSM2062579, GSM2062603, GSM2062610
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GSE77962-M-9w	27840413	12	16309	GSM2062472, GSM2062478, GSM2062518, GSM2062527, GSM2062530, GSM2062539, GSM2062542, GSM2062575, GSM2062578, GSM2062602, GSM2062609, GSM2062616	GSM2062474, GSM2062480, GSM2062520, GSM2062529, GSM2062532, GSM2062541, GSM2062544, GSM2062577, GSM2062580, GSM2062604, GSM2062611, GSM2062617
GSE77962-M-4m	27840413	9	16256	GSM2062493, GSM2062502, GSM2062512, GSM2062521, GSM2062548, GSM2062590, GSM2062593, GSM2062599, GSM2062612	GSM2062495, GSM2062504, GSM2062514, GSM2062523, GSM2062550, GSM2062592, GSM2062595, GSM2062601, GSM2062613
GSE77962-F-5w	27840413	13	16268	GSM2062466, GSM2062469, GSM2062475, GSM2062496, GSM2062515, GSM2062533, GSM2062536, GSM2062560, GSM2062563, GSM2062569, GSM2062581, GSM2062584, GSM2062587	GSM2062467, GSM2062470, GSM2062476, GSM2062497, GSM2062516, GSM2062534, GSM2062537, GSM2062561, GSM2062564, GSM2062570, GSM2062582, GSM2062585, GSM2062588
GSE77962-F-3m	27840413	14	16239	GSM2062481, GSM2062484, GSM2062487, GSM2062490, GSM2062499, GSM2062509, GSM2062524, GSM2062545, GSM2062551, GSM2062554, GSM2062557, GSM2062566, GSM2062572, GSM2062596	GSM2062482, GSM2062485, GSM2062488, GSM2062491, GSM2062500, GSM2062510, GSM2062525, GSM2062546, GSM2062552, GSM2062555, GSM2062558, GSM2062567, GSM2062573, GSM2062597
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GSE77962-F-4m	27840413	14	16289	GSM2062481, GSM2062484, GSM2062487, GSM2062490, GSM2062499, GSM2062509, GSM2062524, GSM2062545, GSM2062551, GSM2062554, GSM2062557, GSM2062566, GSM2062572, GSM2062596	GSM2062483, GSM2062486, GSM2062489, GSM2062492, GSM2062501, GSM2062511, GSM2062526, GSM2062547, GSM2062553, GSM2062556, GSM2062559, GSM2062568, GSM2062574, GSM2062598
GSE95624-M-8m	28482007	6	15817	GSM2519391, GSM2519395, GSM2519397, GSM2519401, GSM2519419, GSM2519421	GSM2519392, GSM2519396, GSM2519398, GSM2519402, GSM2519420, GSM2519422
GSE95624-F-8m	28482007	15	15698	GSM2519393, GSM2519399, GSM2519403, GSM2519405, GSM2519407, GSM2519409, GSM2519411, GSM2519413, GSM2519415, GSM2519417, GSM2519423, GSM2519425, GSM2519427, GSM2519429, GSM2519431	GSM2519394, GSM2519400, GSM2519404, GSM2519406, GSM2519408, GSM2519410, GSM2519412, GSM2519414, GSM2519416, GSM2519418, GSM2519424, GSM2519426, GSM2519428, GSM2519430, GSM2519432
GSE103766-M-5m	28978976	7	18362	GSM2781426, GSM2781429, GSM2781432, GSM2781435, GSM2781439, GSM2781440, GSM2781442	GSM2781445, GSM2781448, GSM2781451, GSM2781454, GSM2781458, GSM2781459, GSM2781461
GSE103766-M-1y	28978976	7	18385	GSM2781426, GSM2781429, GSM2781432, GSM2781435, GSM2781439, GSM2781440, GSM2781442	GSM2781464, GSM2781467, GSM2781470, GSM2781473, GSM2781477, GSM2781478, GSM2781480
GSE103766-F-5m	28978976	12	18447	GSM2781424, GSM2781425, GSM2781427, GSM2781428, GSM2781430, GSM2781431, GSM2781433, GSM2781434, GSM2781436, GSM2781437, GSM2781438, GSM2781441	GSM2781443, GSM2781444, GSM2781446, GSM2781447, GSM2781449, GSM2781450, GSM2781452, GSM2781453, GSM2781455, GSM2781456, GSM2781457, GSM2781460
GSE103766-F-1y	28978976	12	18444	GSM2781424, GSM2781425, GSM2781427, GSM2781428, GSM2781430, GSM2781431, GSM2781433, GSM2781434, GSM2781436, GSM2781437, GSM2781438, GSM2781441	GSM2781462, GSM2781463, GSM2781465, GSM2781466, GSM2781468, GSM2781469, GSM2781471, GSM2781472, GSM2781474, GSM2781475, GSM2781476, GSM2781479

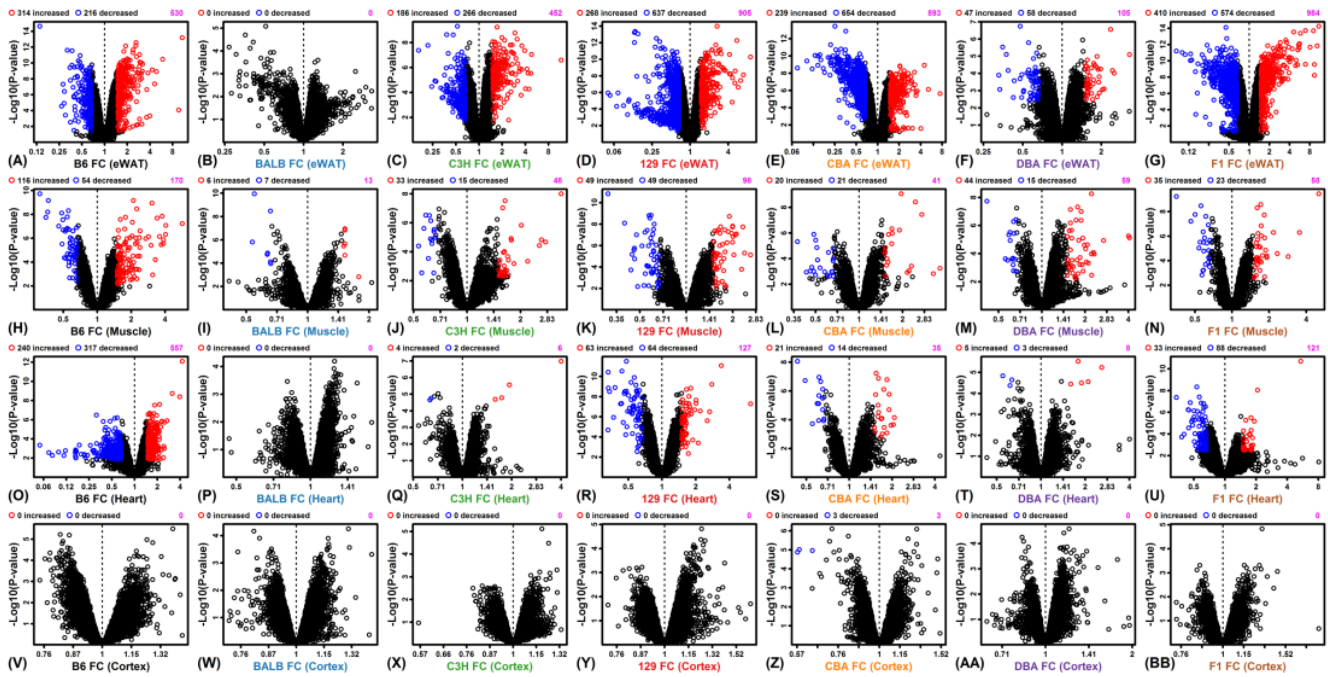


Figure S1. Volcano plots. Differential expression analyses were completed for each of the 28 strain-tissue combinations. Plots compare FC (CR/CTL) and $-\log_{10}$ -transformed p-values obtained from linear model tests for differential expression. Red symbols indicate genes significantly increased by CR (FDR < 0.10; FC > 1.50) and blue symbols indicate genes significantly decreased by CR (FDR < 0.10; FC < 0.67). The total number of differentially expressed genes (increased + decreased) is indicated in the upper right (magenta font).

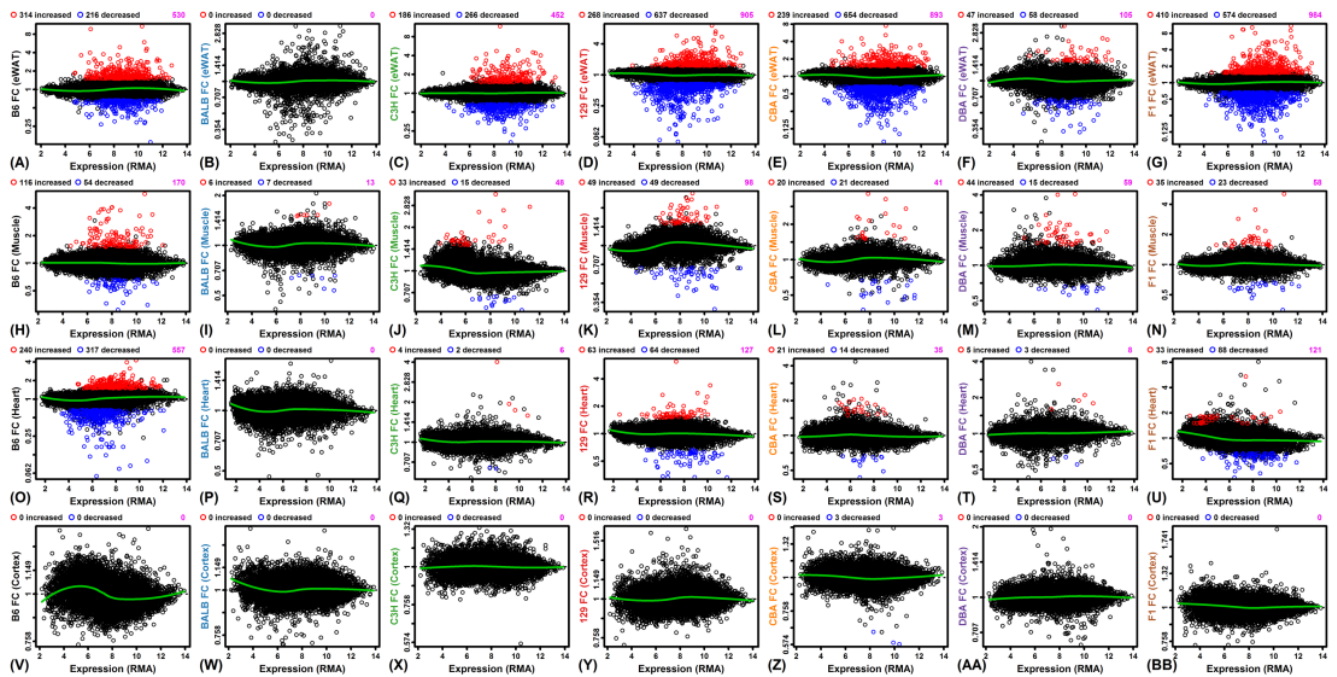


Figure S2. MA plots. Differential expression analyses were completed for each of the 28 strain-tissue combinations. Plots compare FC (CR/CTL) and the average RMA-normalized expression level for each gene. Red symbols indicate genes significantly increased by CR (FDR < 0.10; FC > 1.50) and blue symbols indicate genes significantly decreased by CR (FDR < 0.10; FC < 0.67). The total number of differentially expressed genes (increased + decreased) is indicated in the upper right (magenta font).

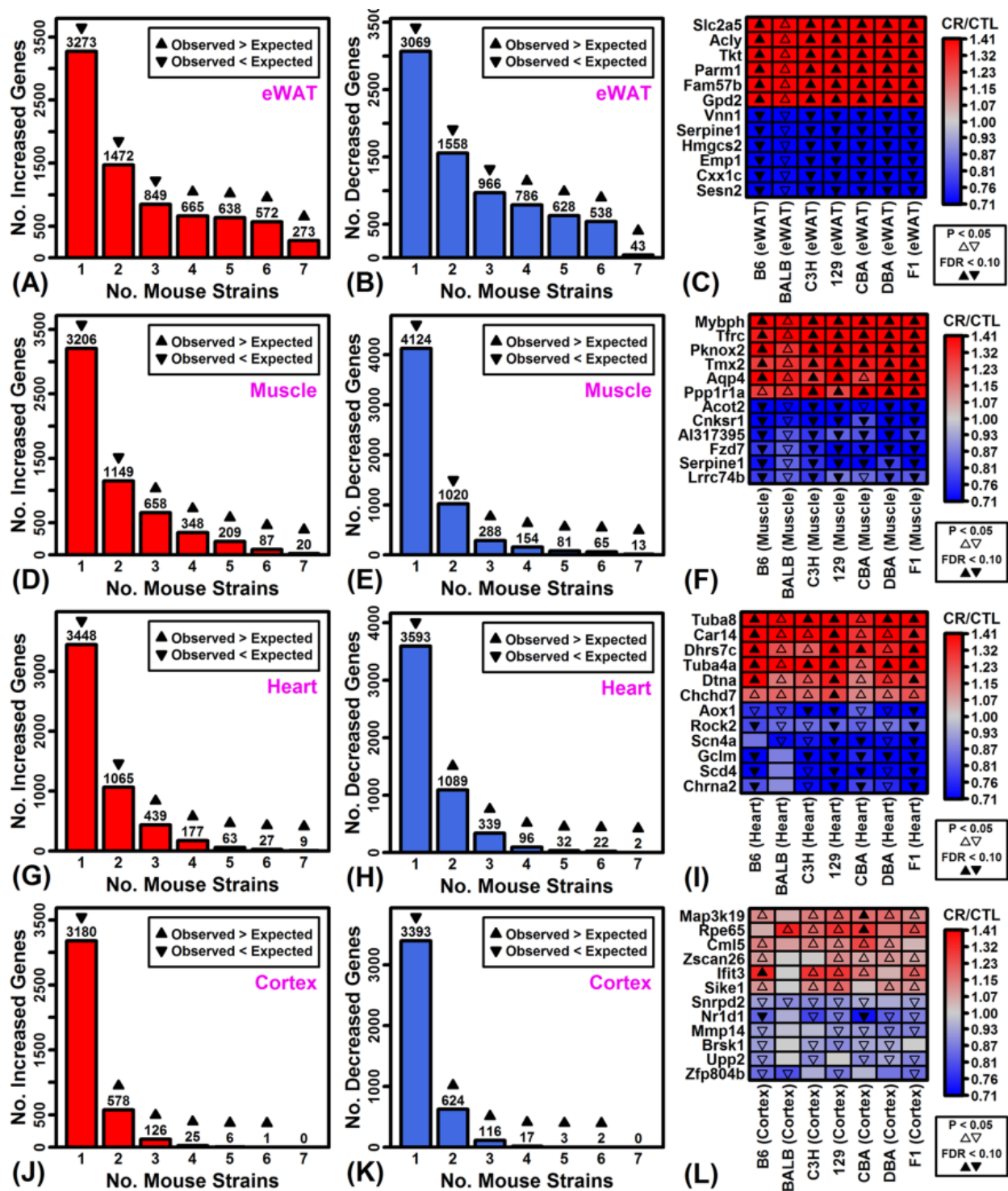


Figure S3. CR gene expression responses shared among multiple strains. (A, D, G, J) Number of genes increased by CR in multiple mouse strains at a nominal p-value of 0.05. Up- or down-arrows indicate whether the number of CR-increased genes is significantly larger or smaller than expected ($P < 0.05$; $n = 10,000$ simulations), given the number of CR-increased genes identified per strain at a p-value threshold of 0.05. (B, E, H, K) Number of genes decreased by CR in multiple mouse strains at a nominal p-value of 0.05. Up- or down-arrows indicate whether the number of CR-decreased genes is significantly larger or smaller than expected ($P < 0.05$; $n = 10,000$ simulations), given the number of CR-decreased genes identified per strain at a p-value threshold of 0.05. (C, F, I, L) Genes with the most consistent gene expression responses across the 7 mouse strains.

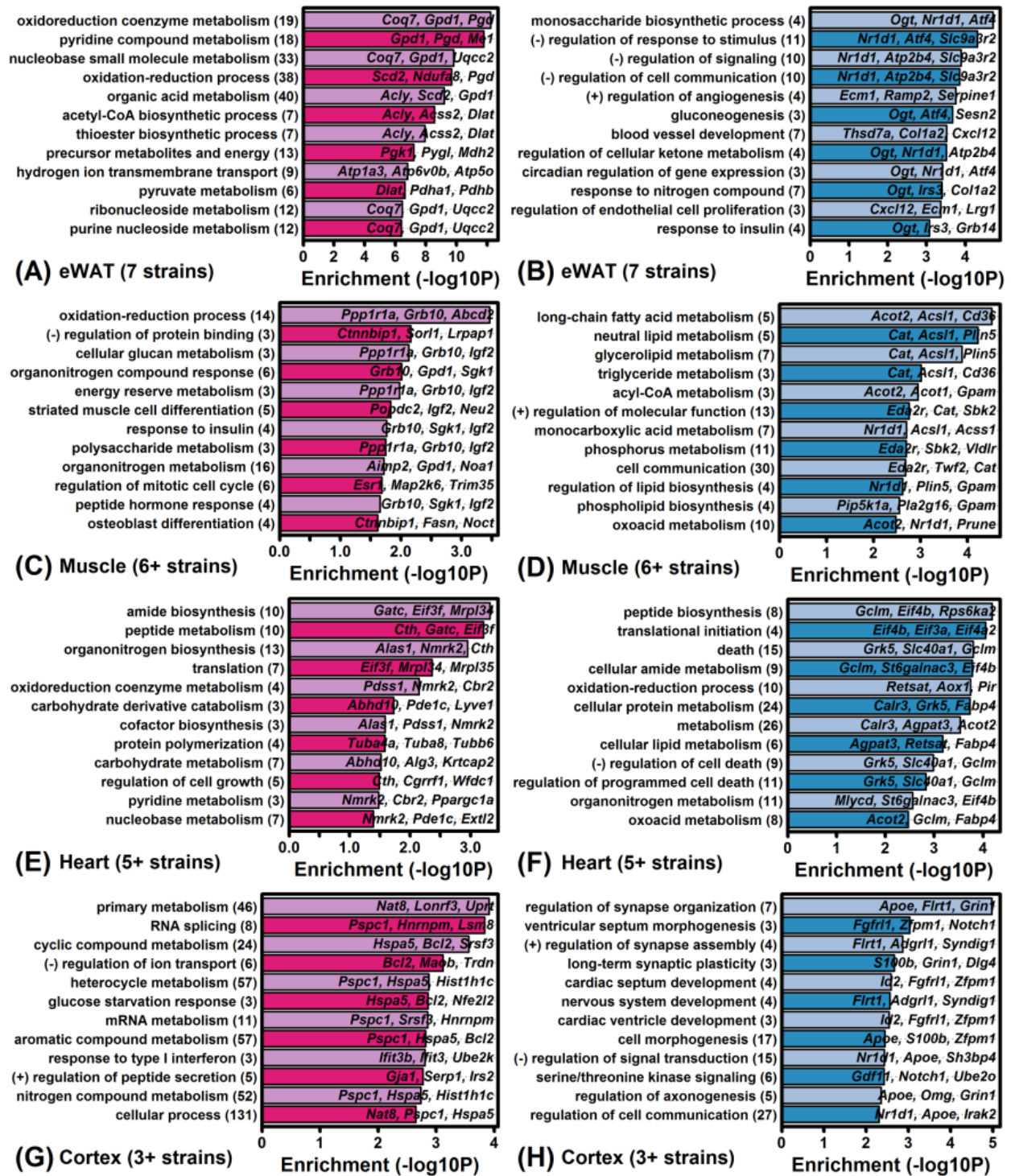


Figure S4. Gene ontology (GO) biological process (BP) terms associated with CR responses shared by multiple mouse strains. (A, C, E, G) GO BP terms associated with genes increased by CR in multiple strains ($P < 0.05$). (B, D, F, H) GO BP terms associated with genes decreased by CR in multiple strains ($P < 0.05$). The top-ranked 12 GO BP terms are listed for each analysis. GO BP term labels are listed in the left margin with the number of associated CR-increased/decreased genes given in parentheses. CR-increased/decreased example genes associated with each term are listed in each figure. The enrichment score (horizontal axis) is calculated as the $-\log_{10}$ -transformed p-value from a conditional hypergeometric test for overrepresentation among genes similarly altered in multiple mouse strains.

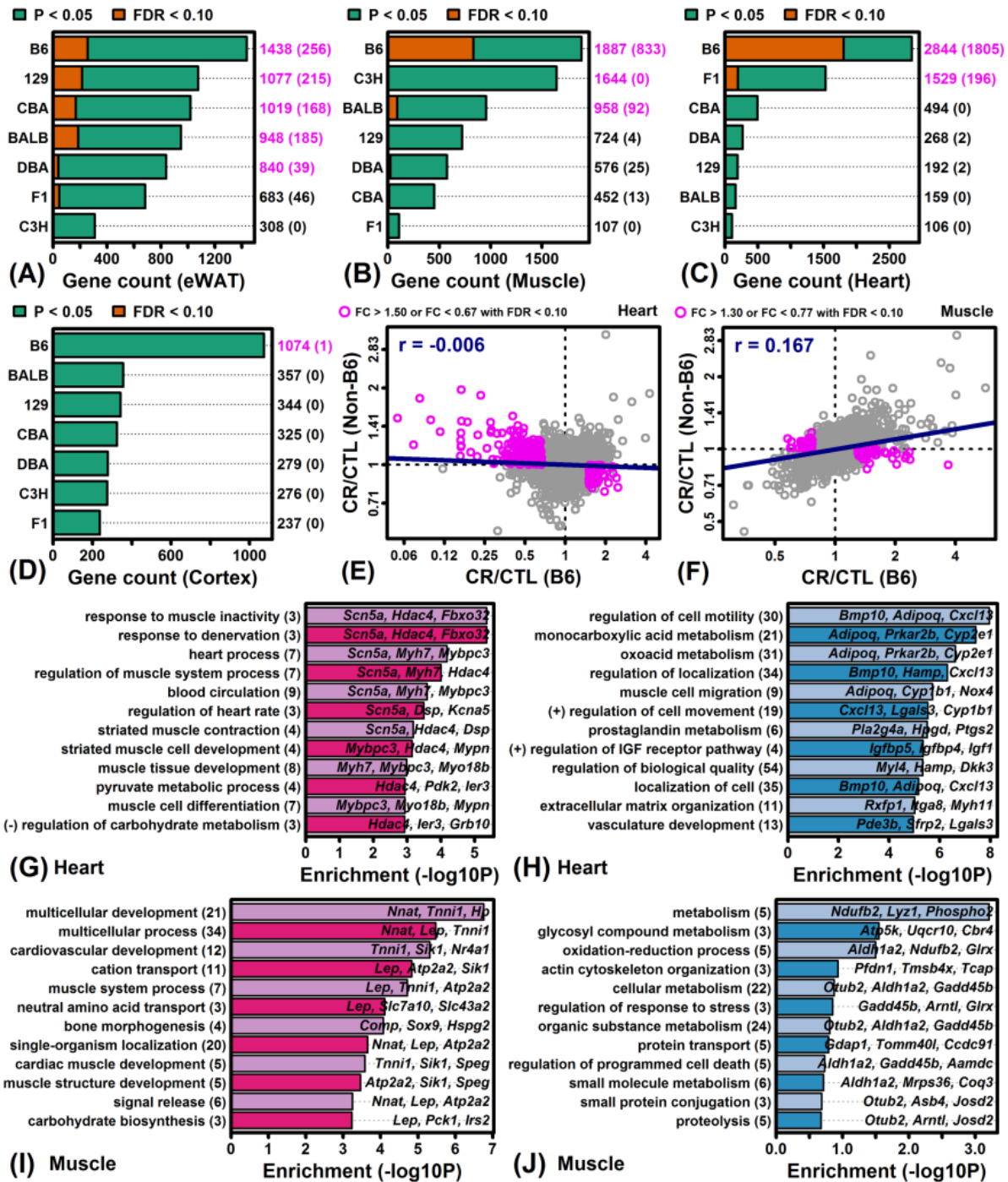


Figure S5. C57BL/6 mice have the largest number of strain-specific responses in each tissue (strain-by-diet interaction effects). (A-D) Number of strain-by-diet interaction effects identified with respect to (A) eWAT, (B) muscle, (C) heart and (D) cortex. Strain-by-diet interactions were identified at the indicated significance levels ($P < 0.05$ or $FDR < 0.10$) and required to have different FC directions (CR/CTL) in mice from a given strain and other mice from different strains. (E, F) FC comparison in B6 and non-B6 mice for (E) heart and (F) muscle. Each point represents a single gene and those altered significantly in heart or muscle are indicated (magenta symbols; upper left: Spearman rank correlation). (G, H, I, J) GO BP terms enriched among genes specifically altered by CR in B6 mice (G: CR-increased in B6 heart; H: CR-decreased in B6 heart; I: CR-increased in B6 muscle; J: CR-decreased in B6 muscle). Genes analyzed in (G – J) are shown with magenta symbols in (E) and (F). GO BP term labels are listed in the left margin with the number of associated B6-specific CR-increased/decreased genes given in parentheses. B6-specific CR-increased/decreased example genes associated with each term are listed in each figure. The enrichment score (horizontal axis) is calculated as the $-\log_{10}$ -transformed p-value from a conditional hypergeometric test for overrepresentation among B6-specific CR-increased/decreased genes.

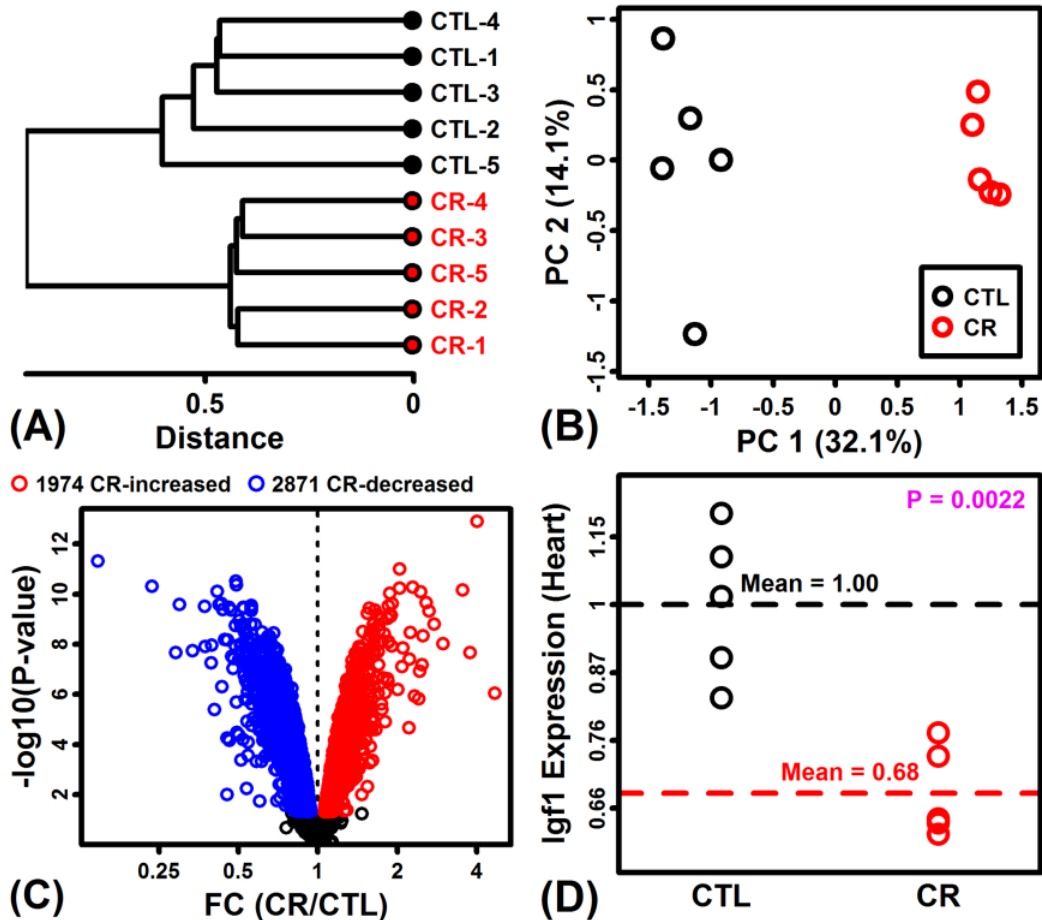


Figure S6. *Igf1* expression is decreased by short-term (1 week) 30% CR in cardiac tissue from 10-12 week old C57BL/6 mice (GSE68646). (A) Cluster analysis. DNA microarrays were used to measure gene expression in cardiac tissue from 5 CTL and 5 CR mice (see Noyan et al. 2015, PLoS ONE: 10:e0130658). The 10 samples were clustered based upon the expression of protein-coding genes with detectable expression (Euclidean distance metric; average linkage). (B) Principal component plot. The 10 samples are plotted with respect to the first 2 principal components extracted from the normalized expression matrix including the 10 samples and protein-coding genes with detectable expression. (C) Volcano plot. Log₁₀-transformed p-values (vertical axis) are plotted against FC estimates (horizontal axis). CR-increased genes with FC > 1.00 and FDR < 0.10 are indicated by red symbols, and CR-decreased genes with FC < 1.00 and FDR < 0.10 are indicated by blue symbols. Differential expression analyses were performed using linear models with moderated t-statistics (R package: limma). (D) Insulin-like growth factor 1 (*Igf1*) expression. Microarray-based expression intensities for *Igf1* are plotted for each sample. Expression intensities are normalized to the average expression level of the CTL treatment. The p-value (upper right) was obtained using a two-sample t-test.

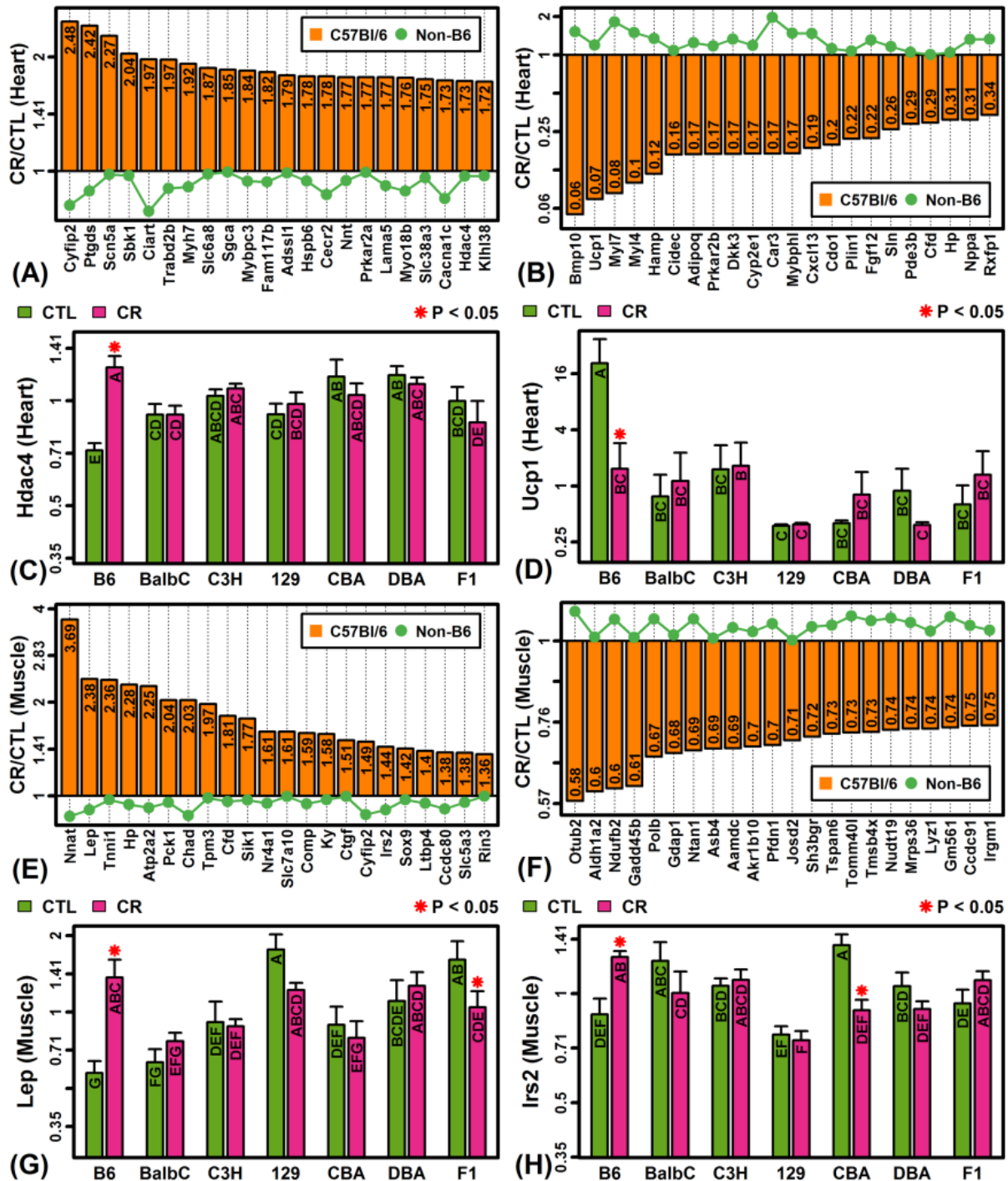


Figure S7. Genes specifically altered by CR in C57BL/6 mice (heart and muscle). (A) Genes specifically increased by CR in heart of C57BL/6 mice. (B) Genes specifically decreased by CR in heart of C57BL/6 mice. (C) Histone deacetylase 4 (Hdac4). (D) Uncoupling protein 1 (Ucp1). (E) Genes specifically increased by CR in muscle of C57BL/6 mice. (F) Genes specifically decreased by CR in muscle of C57BL/6 mice. (G) Leptin (Lep). (H) Insulin receptor substrate 2 (Irs2). In (A), (B), (E) and (F), the green line denotes the average FC of the 6 non-B6 strains. In (C), (D), (G) and (H), asterisks indicate that the CR treatment differs significantly from the CTL treatment for a given strain ($P < 0.05$). Treatments that share the same letter do not differ significantly ($P < 0.05$, Fisher's least significant difference).

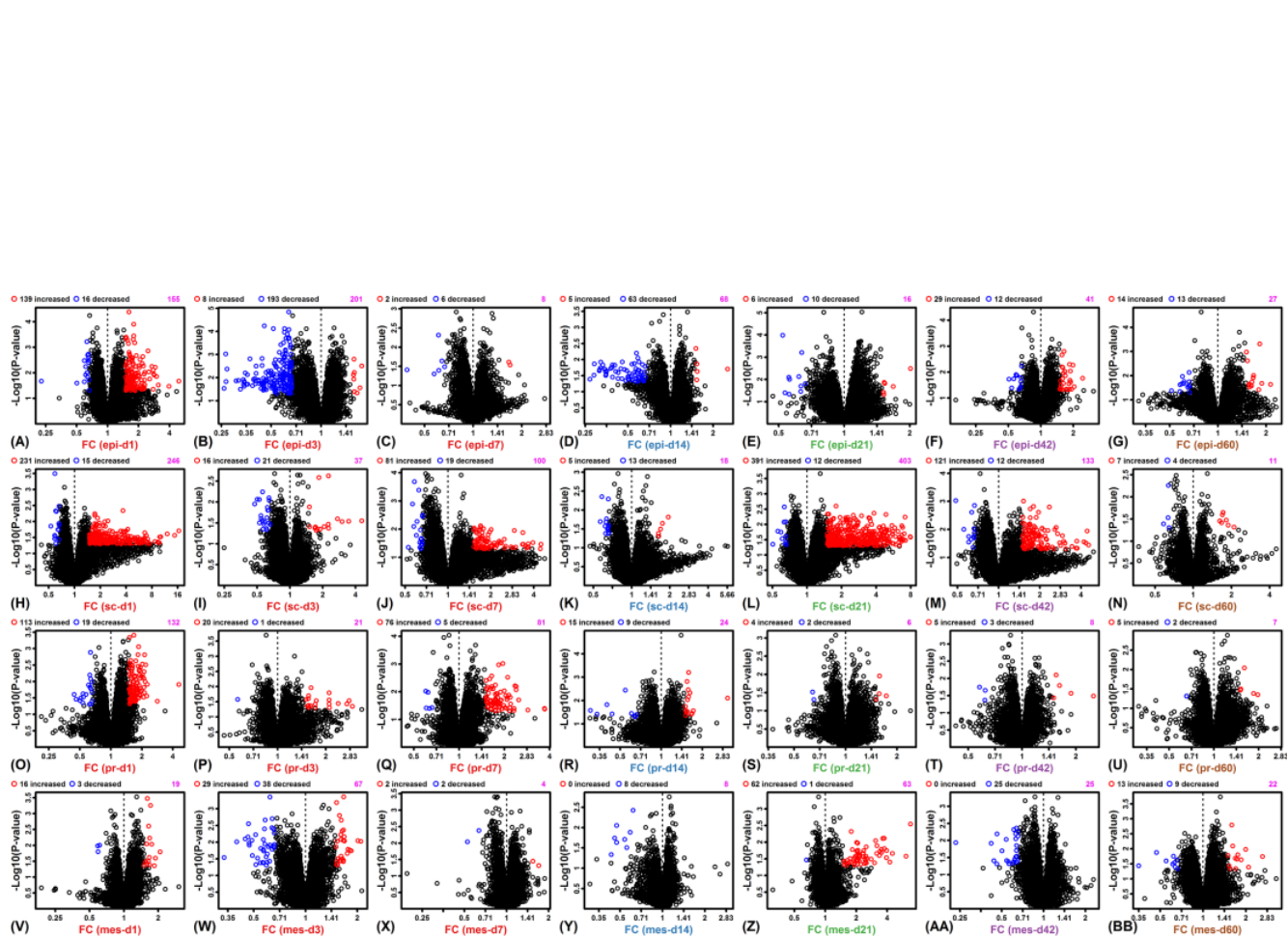


Figure S8. Volcano plots for differential expression analysis of 4 WAT depots from CR- and *ad lib*-fed obese C57BL/6 males (GSE30534). Differential expression analyses were completed for each WAT depot (epi = epididymal; sc = subcutaneous; pr = perirenal; mes = mesenteric) and CR time point (days 1, 3, 7, 14, 21, 42 and 60). Plots compare FC (CR/CTL) and $-\log_{10}$ -transformed p-values obtained from linear model tests for differential expression. Red symbols indicate genes increased by CR ($P < 0.05$; $FC > 1.50$) and blue symbols indicate genes decreased by CR ($P < 0.05$; $FC < 0.67$). The total number of genes significantly altered at these thresholds (increased + decreased) is indicated in the upper right (magenta font).

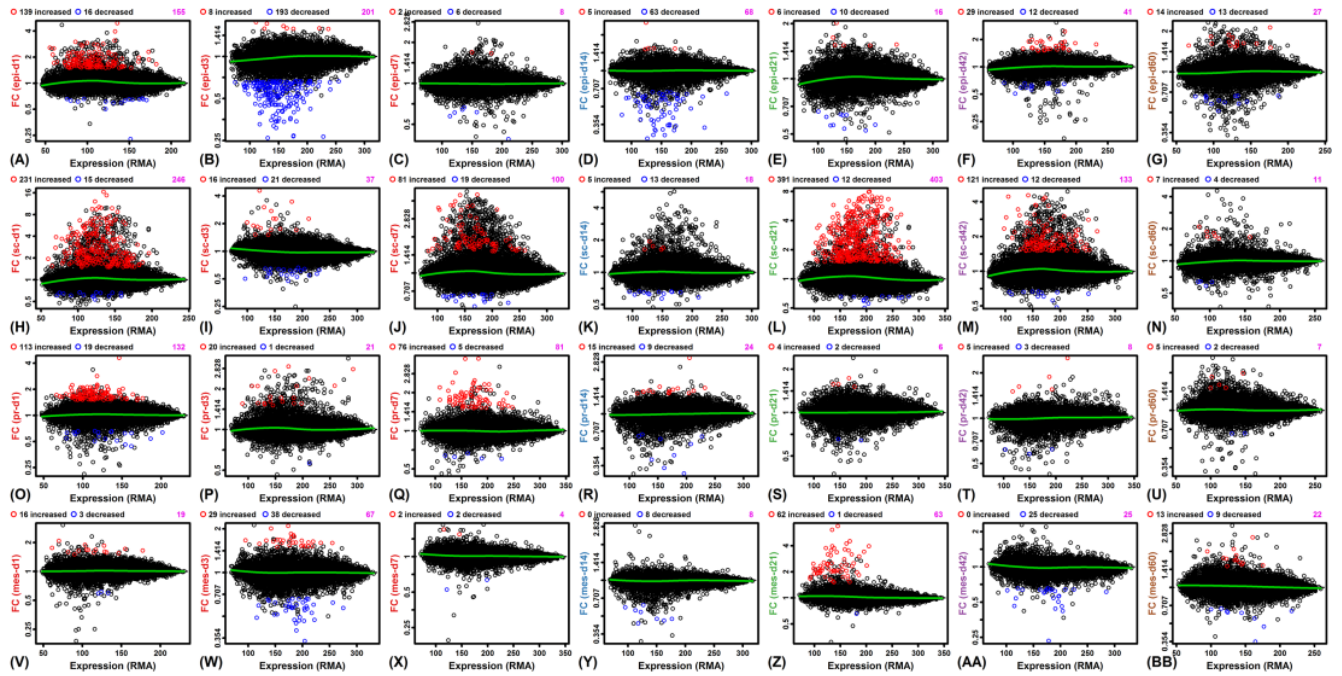


Figure S9. MA plots for differential expression analysis of 4 WAT depots from CR- and *ad lib*-fed obese C57BL/6 males (GSE30534). Differential expression analyses were completed for each WAT depot (epi = epididymal; sc = subcutaneous; pr = perirenal; mes = mesenteric) and CR time point (days 1, 3, 7, 14, 21, 42 and 60). Plots compare FC (CR/CTL) and the average RMA-normalized expression level for each gene. Red symbols indicate genes increased by CR ($P < 0.05$; $FC > 1.50$) and blue symbols indicate genes significantly decreased by CR ($P < 0.05$; $FC < 0.67$). The total number of genes significantly altered at these thresholds (increased + decreased) is indicated in the upper right (magenta font).

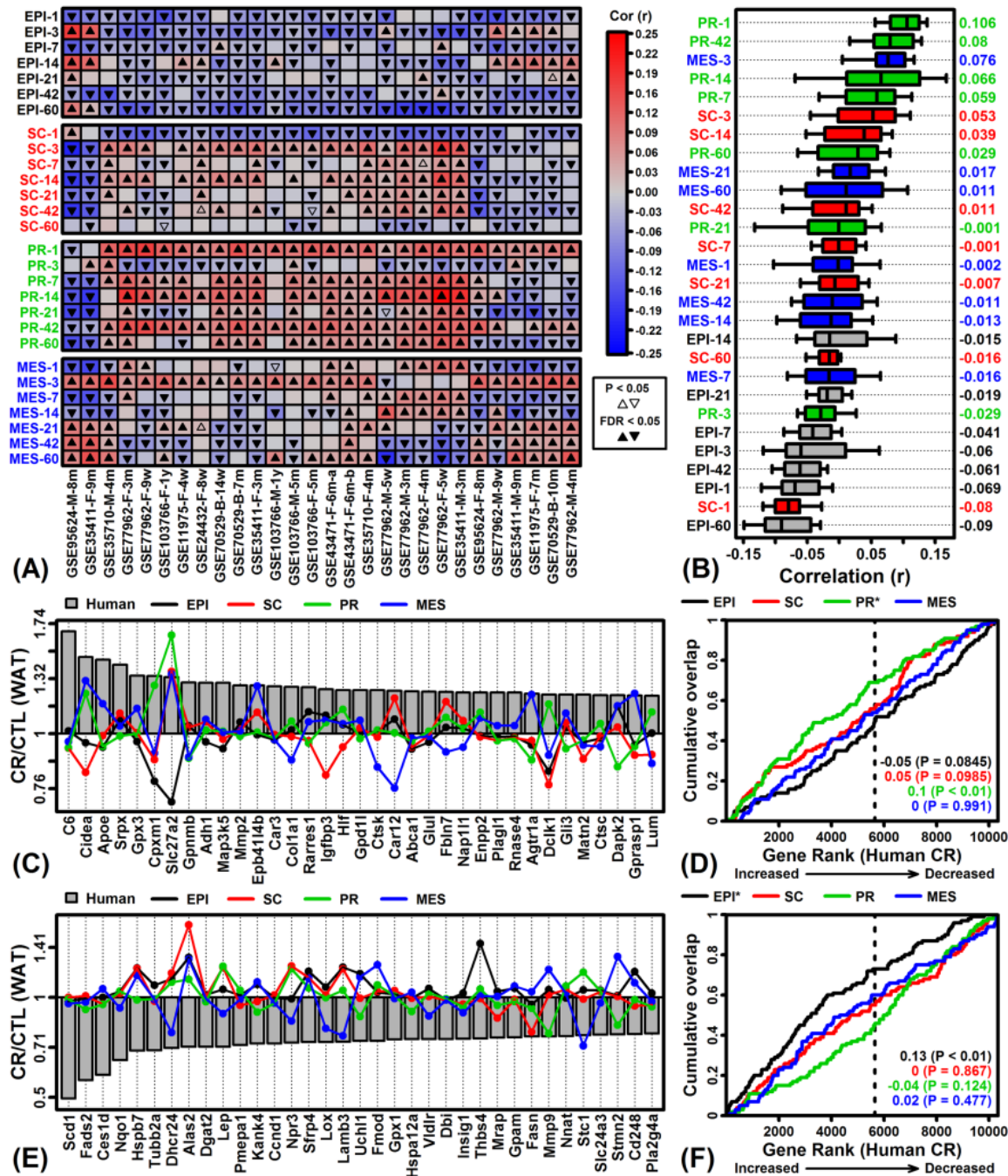


Figure S10. Gene expression responses to CR in human scWAT compared to 4 adipose depots from obese C57BL/6 males (GSE30534). (A) Genome-wide Spearman rank correlations between fold-change estimates (CR/CTL). Effects of 25% CR in mice fed a high fat diet were evaluated following 1, 3, 7, 14, 21, 42 and 60 days with respect to epididymal (EPI), abdominal subcutaneous (SC), perirenal (PR) and mesenteric (MES) adipose tissue. (B) Correlation estimates for each depot and time point. Bars span the middle 50% of correlations for each depot and time point (whiskers: middle 80%; right margin: median correlation). (C) FC estimates for genes most strongly increased by CR in human scWAT. Mouse FC estimates are shown for each mouse depot (60 day time point). (D) GSEA of top 100 CR-increased genes in each mouse strain. (E) FC estimates for genes most strongly decreased by CR in human scWAT. Mouse FC estimates are shown for each mouse depot (60 day time point). (F) GSEA of top 100 CR-decreased genes in each mouse strain. In (D) and (F), genes were ranked according to their expression change with CR in humans (horizontal axis) and cumulative overlap was examined with respect to 100 CR-increased/decreased genes from each mouse depot at the 60 day time point (vertical axis) (* $P < 0.05$, upper margin labels; enrichment statistics with p-values listed in each figure). Positive enrichment statistics indicate significant overlap with respect to genes increased by CR in human scWAT, while negative statistics indicate significant overlap with respect to genes decreased by CR in human scWAT (dashed vertical line: number of CR-increased genes in human, $FC > 1.00$).

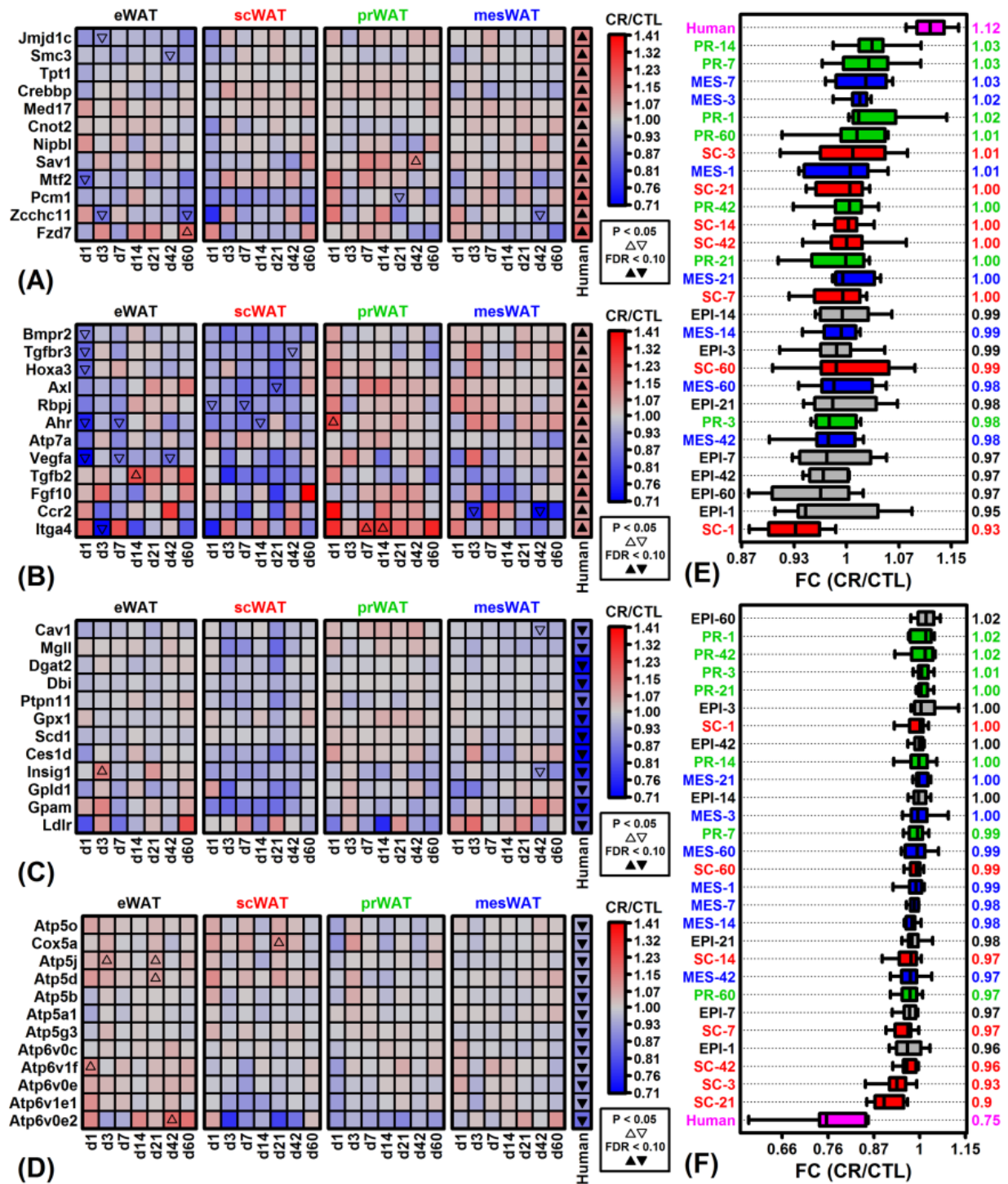


Figure S11. Effects of CR on the expression of genes associated with stem cell maintenance, blood vessel remodeling, lipid metabolism and hydrogen ion transport in 4 WAT depots from obese C57BL/6 males (GSE30534). (A – D) CR response heatmaps for genes associated with (A) stem cell population maintenance (GO:0019827), (B) blood vessel remodeling (GO:0001974), (C) neutral lipid metabolism (GO:0006638), and (D) hydrogen ion membrane transport (GO:1902600). CR responses are shown for 4 WAT depots following 1, 3, 7, 14, 21, 42 and 60 days of CR along with the human CR response in scWAT (meta-analysis estimates). Each heatmap shows the 12 genes associated with each GO term most strongly altered by CR in human scWAT. (E, F) Median FC (CR/CTL) for genes associated with (E) stem cell population maintenance (GO:0019827) and (F) neutral lipid metabolism (GO:0006638). Bars span the middle 50% of FC estimates (CR/CTL) for each depot and time point (whiskers: middle 80%; right margin: median FC).

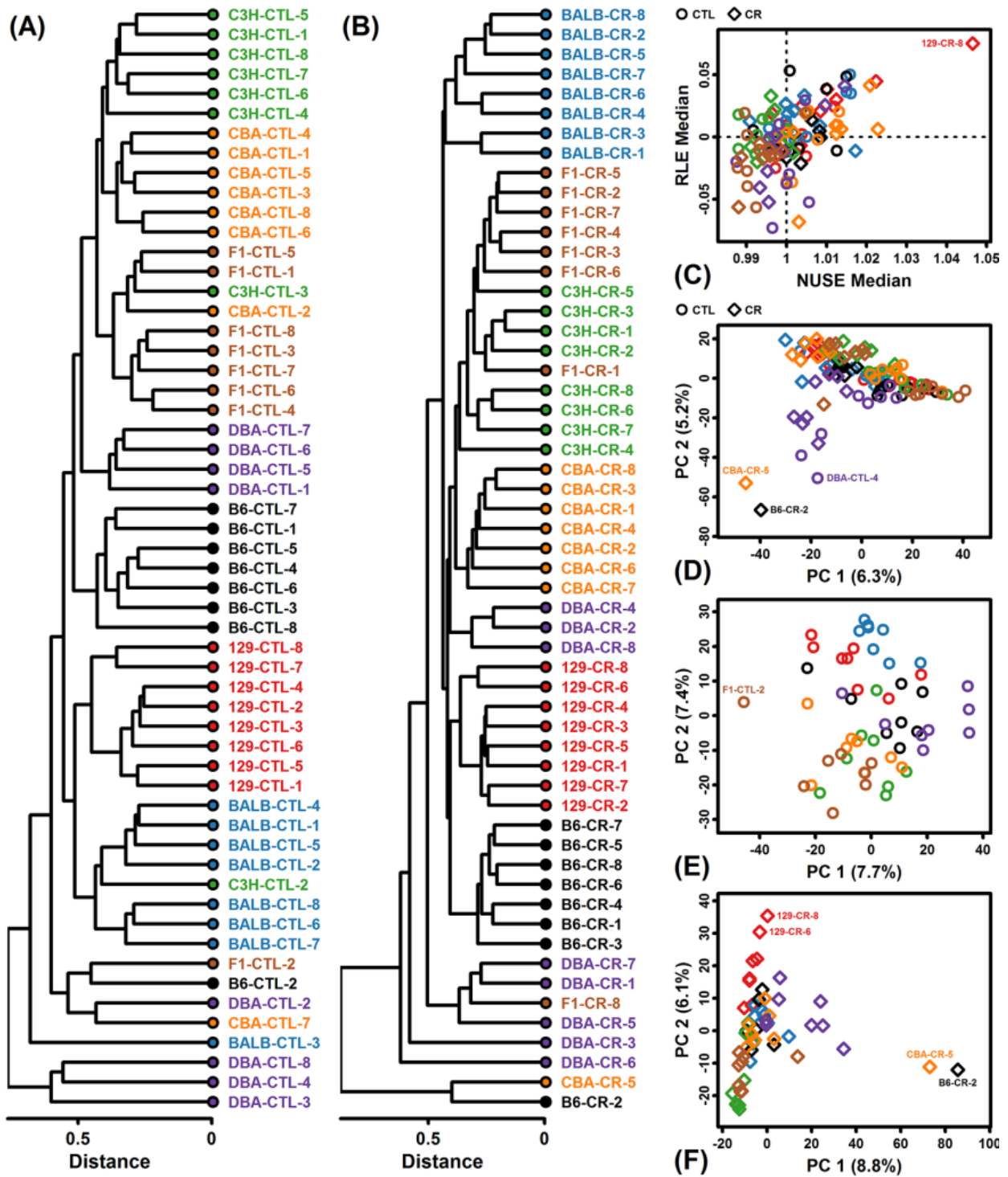


Figure S12. eWAT sample quality control ($n = 112$ samples). (A) CTL sample cluster analysis. (B) CR sample cluster analysis. In (A) and (B), samples were clustered based upon the Euclidean distance between expression profiles of protein-coding genes (average linkage method). (C) Scatterplot comparison between probe-level model NUSE and RLE medians (NUSE: normalized unscaled standard error; RLE: relative log expression). Sample hybridizations with NUSE median differing substantially from 1 or RLE median differing substantially from 0 are potentially of low quality. (D) PC scatterplot (CTL + CR samples). (E) PC scatterplot (CTL samples only). (F) PC scatterplot (CR samples only).

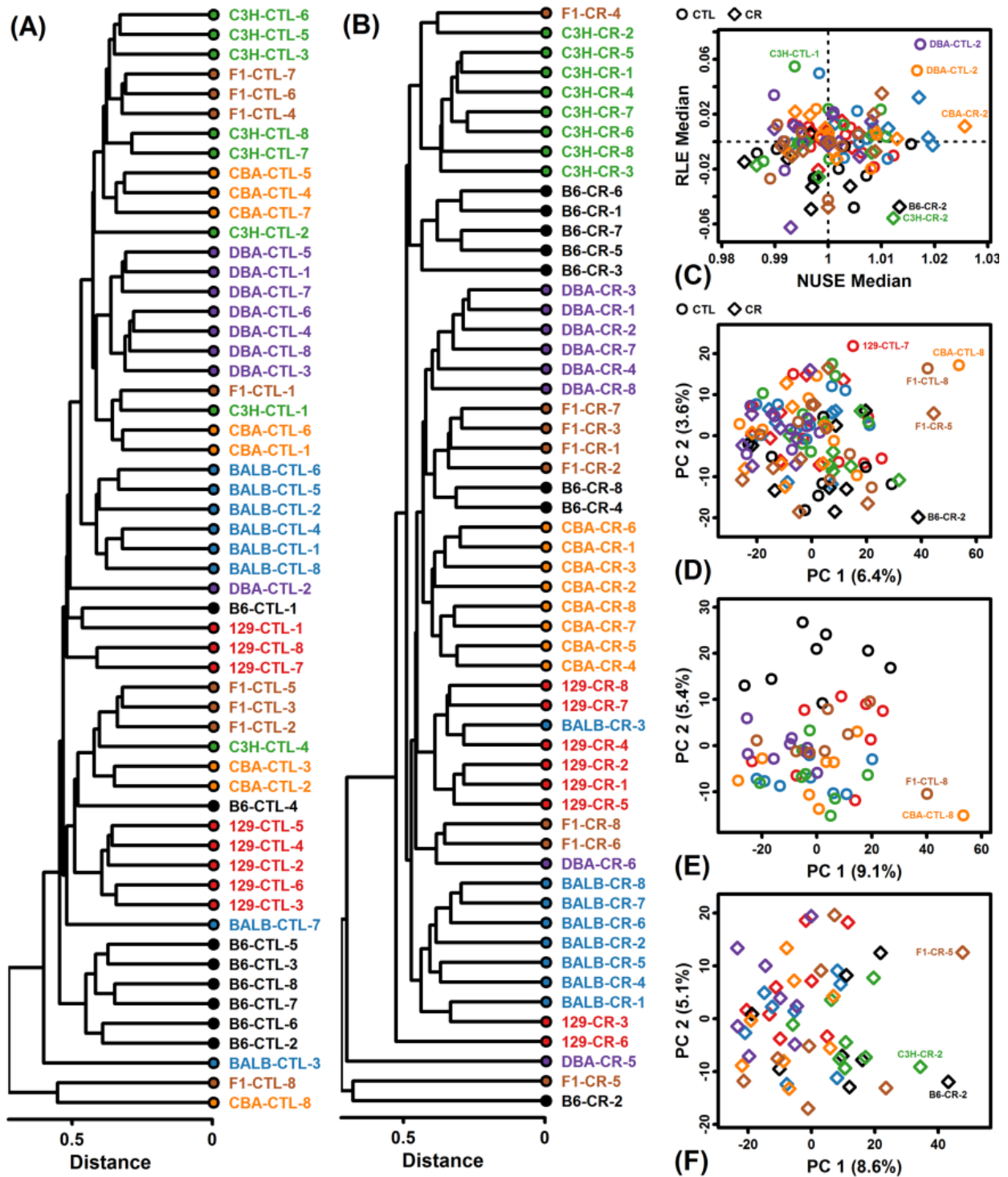


Figure S13. Muscle sample quality control ($n = 112$ samples). (A) CTL sample cluster analysis. (B) CR sample cluster analysis. In (A) and (B), samples were clustered based upon the Euclidean distance between expression profiles of protein-coding genes (average linkage method). (C) Scatterplot comparison between probe-level model NUSE and RLE medians (NUSE: normalized unscaled standard error; RLE: relative log expression). Sample hybridizations with NUSE median differing substantially from 1 or RLE median differing substantially from 0 are potentially of low quality. (D) PC scatterplot (CTL + CR samples). (E) PC scatterplot (CTL samples only). (F) PC scatterplot (CR samples only).

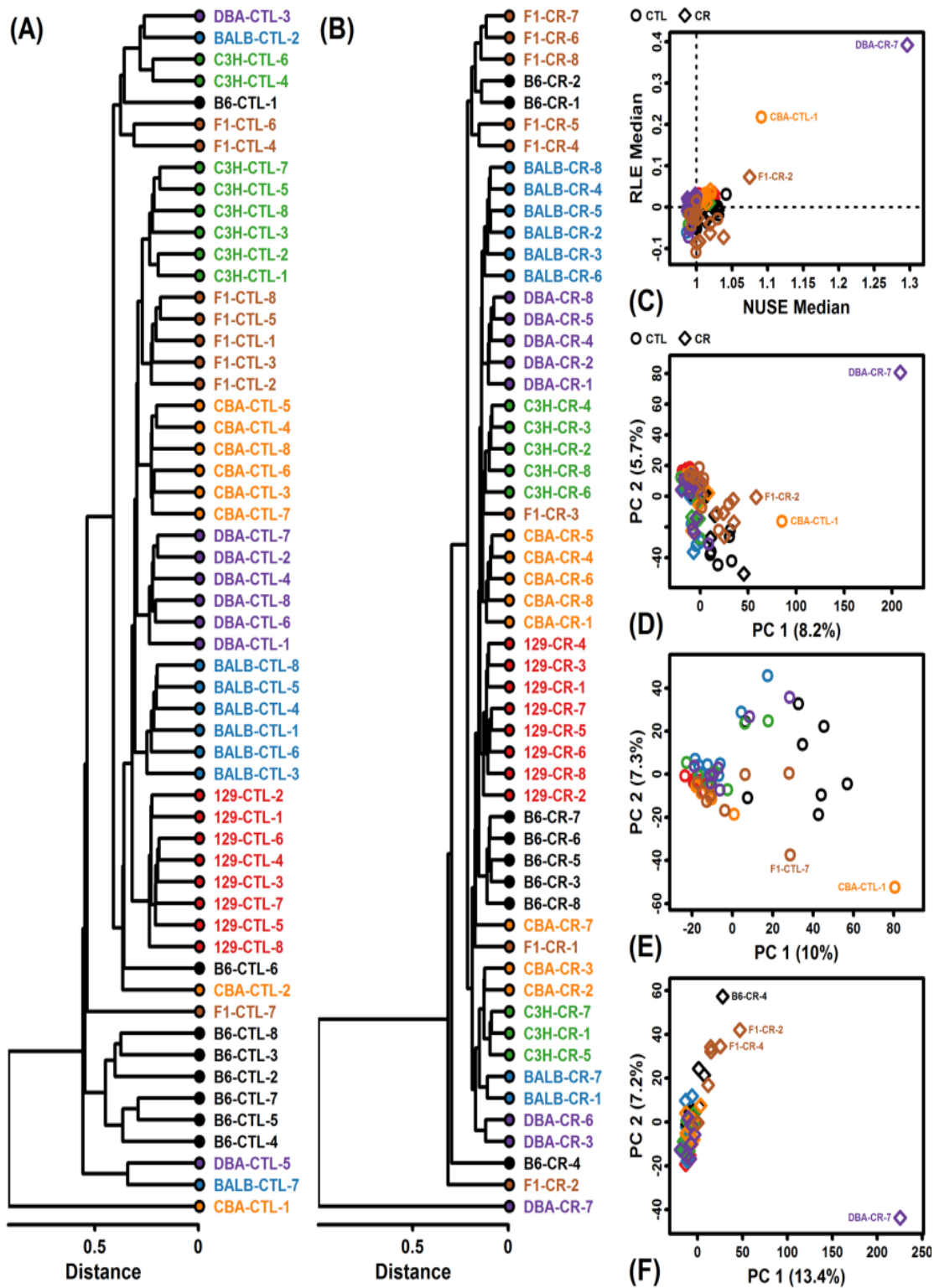


Figure S14. Heart sample quality control ($n = 112$ samples). (A) CTL sample cluster analysis. (B) CR sample cluster analysis. In (A) and (B), samples were clustered based upon the Euclidean distance between expression profiles of protein-coding genes (average linkage method). (C) Scatterplot comparison between probe-level model NUSE and RLE medians (NUSE: normalized unscaled standard error; RLE: relative log expression). Sample hybridizations with NUSE median differing substantially from 1 or RLE median differing substantially from 0 are potentially of low quality. (D) PC scatterplot (CTL + CR samples). (E) PC scatterplot (CTL samples only). (F) PC scatterplot (CR samples only).

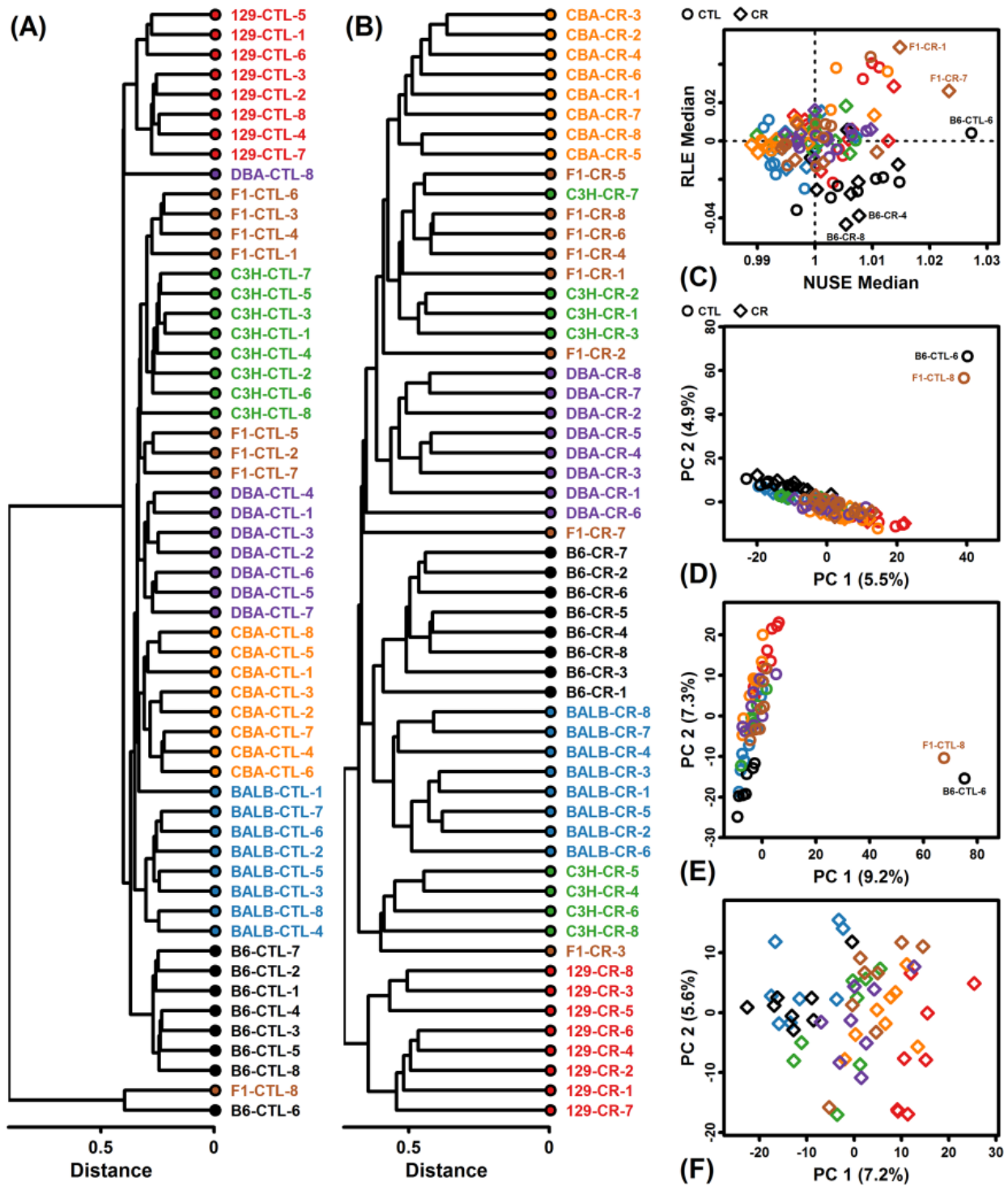


Figure S15. Cortex sample quality control ($n = 112$ samples). (A) CTL sample cluster analysis. (B) CR sample cluster analysis. In (A) and (B), samples were clustered based upon the Euclidean distance between expression profiles of protein-coding genes (average linkage method). (C) Scatterplot comparison between probe-level model NUSE and RLE medians (NUSE: normalized unscaled standard error; RLE: relative log expression). Sample hybridizations with NUSE median differing substantially from 1 or RLE median differing substantially from 0 are potentially of low quality. (D) PC scatterplot (CTL + CR samples). (E) PC scatterplot (CTL samples only). (F) PC scatterplot (CR samples only).

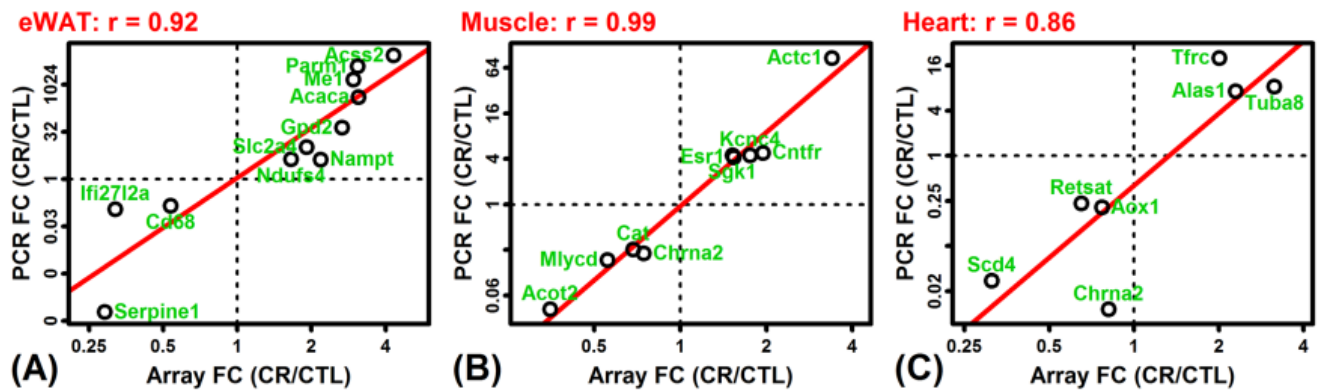


Figure S16. Comparison of FC estimates (CR/CTL) between microarray and RT-PCR (C57BL/6). Microarray and RT-PCR FC estimates were compared for selected genes with respect to (A) eWAT, (B) muscle and (C) heart. The least squares regression estimate is shown (red line) with Pearson correlation coefficient (top margin). RT-PCR estimates were obtained from Table S6 in Barger et al. 2017 (Aging Cell 16:750-760).

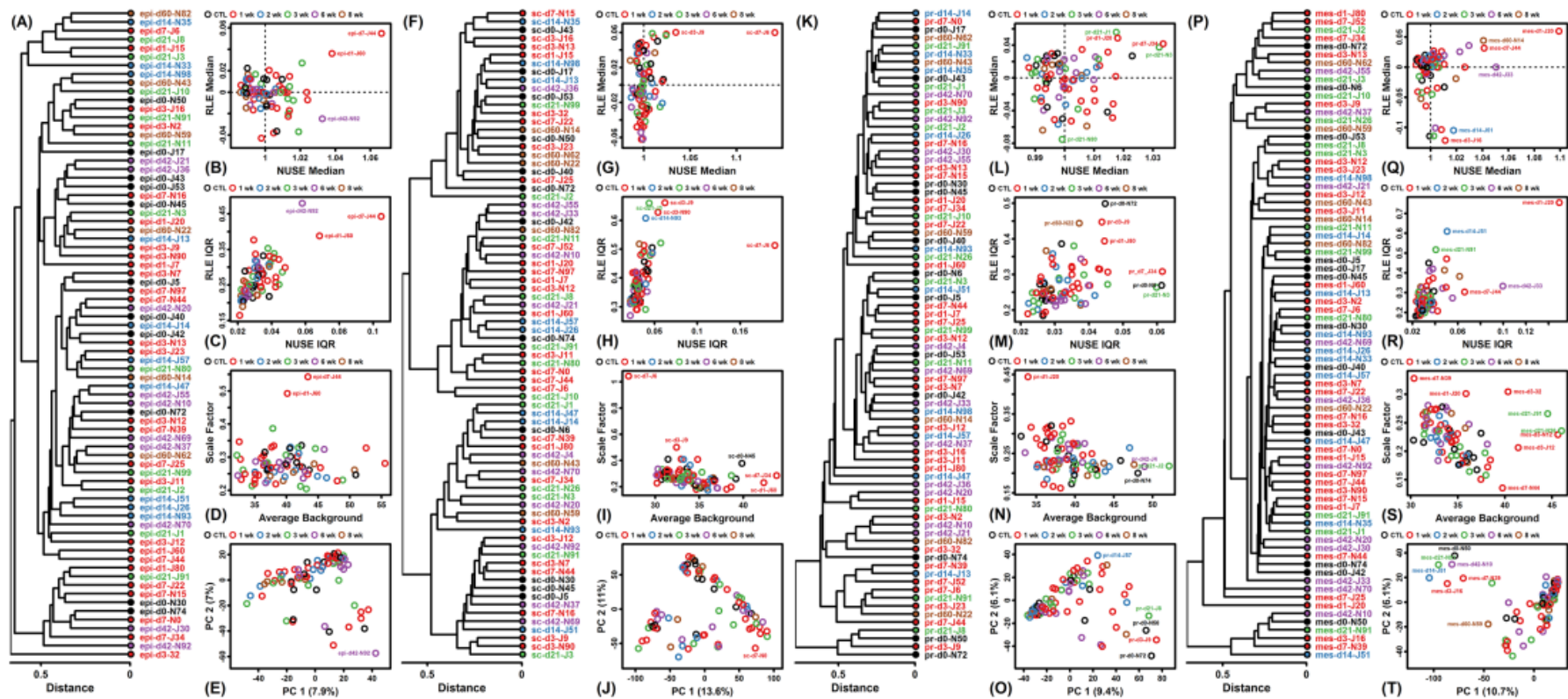


Figure S17. Quality control assessments for microarray analysis of multiple WAT depots in *ad lib* and CR-fed obese C57BL/6 mice (GSE30534; $n = 312$ samples). Quality control results are shown for (A – E) epididymal, (F – J) subcutaneous, (K – O) perirenal, and (P – T) mesenteric WAT samples. (A, F, K, P) Cluster analyses. Samples were clustered based upon the Euclidean distance between expression profiles of protein-coding genes (average linkage method). (B, G, L, Q) Scatterplot comparisons between probe-level model NUSE and RLE medians (NUSE: normalized unscaled standard error; RLE: relative log expression). Sample hybridizations with NUSE median differing substantially from 1 or RLE median differing substantially from 0 are potentially of low quality. (C, H, M, R) Scatterplot comparisons between probe-level model NUSE and RLE interquartile range (IQR). Sample hybridizations with increased IQR estimates are potentially of low quality. (D, I, N, S) Scatterplot comparisons between average background and scale factor. Sample hybridizations with extreme differences in background and/or scale factor are less reliably compared under standard array normalization protocols (e.g., robust multichip average, RMA). (E, J, O, T) Principal component scatterplots.