# Increased intrinsic default-mode network activity as a compensatory mechanism in aMCI: a resting-state functional connectivity MRI study

# Jiali Liang<sup>1,\*</sup>, Yunfei Li<sup>2,\*</sup>, Hao Liu<sup>3</sup>, Sisi Zhang<sup>4</sup>, Meimei Wang<sup>4</sup>, Yonghua Chu<sup>1</sup>, Jianping Ye<sup>1</sup>, Qian Xi<sup>5</sup>, Xiaohu Zhao<sup>2</sup>

<sup>1</sup>Department of Clinical Engineering, The Second Affiliated Hospital, Zhejiang University School of Medicine, Hangzhou 310009, Zhejiang, China

<sup>2</sup>Department of Imaging, The Fifth People's Hospital of Shanghai, Fudan University, Shanghai 200240, China <sup>3</sup>Department of Radiology, Shanghai Jiao Tong University Affiliated Sixth People's Hospital, Shanghai Jiao Tong University School of Medicine, Shanghai 200233, China

<sup>4</sup>Department of Imaging, Shanghai Tongji Hospital, Tongji University School of Medicine, Tongji University, Shanghai 200065, China

<sup>5</sup>Department of Radiology, Shanghai East Hospital, Tongji University School of Medicine, Shanghai 200120, China \*Equal contribution

Correspondence to: Qian Xi, Xiaohu Zhao; email: <u>96125007@sina.com</u>, <u>xhzhao999@263.net</u>Keywords: fMRI, functional connectivity, aMCI, default-mode network, compensatory mechanismReceived: October 1, 2019Accepted: March 24, 2020Published: April 1, 2020

**Copyright:** Liang et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY 3.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

#### ABSTRACT

Numerous studies have investigated the differences in the mean functional connectivity (FC) strength between amnestic mild cognitive impairment (aMCI) patients and normal subjects using resting-state functional magnetic resonance imaging. However, whether the mean FC is increased, decreased or unchanged in aMCI patients compared to normal controls remains unclear. Two factors might lead to inconsistent results: the determination of regions of interest and the reliability of the FC.

We explored differences in FC and the degree centrality (Dc) constructed by the bootstrap method, between and within networks (default-mode network (DN), frontoparietal control network (CN), dorsal attention network (AN)), and resulting from a hierarchical-clustering algorithm.

The mean FC within the DN and CN was significantly increased (P < 0.05, uncorrected) in patients. Significant increases (P < 0.05, uncorrected) in the mean FC were found in patients between DN and CN and between DN and AN. Five pairs of FC (false discovery rate corrected) and the Dc of six regions (Bonferroni corrected) displayed a significant increase in patients. Lower cognitive ability was significantly associated with a greater increase in the Dc of the left superior temporal sulcus.

Our results demonstrate that the early dysfunctions in aMCI disease are mainly compensatory impairments.

#### **INTRODUCTION**

Alzheimer's disease (AD), accounting for 60-80% of all dementia cases [1], is an irreversible neurodegenerative disease that causes progressive problems with memory, judgment, and orientation, among other functions. It has been reported that every 65 seconds, someone in the United States is diagnosed as AD, and the number of people age 65 and older with AD may grow to a projected 13.8 million by 2050 (<u>https://www.alz.org</u>). It is worse for AD patients over the age of 70 since 61% are expected to die before 80 years old (<u>https://www.alz.org</u>). However, as there is currently no treatment to prevent, cure, or slow the progression of AD, its early diagnosis is significantly important. At present, it is generally considered that mild cognitive

impairment (MCI) could be the transitional state between normal cognitive functioning and dementia, which might progress to dementia, maintain stable cognitive status, and even reverse to normal [2-5]. Clinically, according to whether there is impaired memory function, two MCI subtypes have been proposed, amnestic MCI (aMCI) and non-amnestic MCI. aMCI, as one of the important forms of MCI, is mainly characterized by impaired memory function and a high risk of conversion to AD [2, 6]. Petersen and his colleagues found that aMCI is associated with an annual conversion rate to AD of 10-15% [6]. One study followed 1,265 subjects 6 years in a large sample longitudinal study, and found that 33.9% of the participants with aMCI at baseline progressed to AD [2]. Therefore, early diagnosis of aMCI and timely intervention are very important in clinical practice.

Resting-state functional magnetic resonance imaging (fMRI) is a type of noninvasive measure that enables the detection of intrinsic activity in the human brain in the nontask state. The identification of significant spatial or temporal patterns in brain activity is instrumental in the identification of neural substrates of cognition [7], which depend on dynamic interactions of distributed brain regions operating in large-scale networks [8]. The functional network represents a complex system as sets of discrete elements (nodes) and their mutual relationships (edges), which can be summarized in the form of a connection matrix functional [7]. Functional connectivity (FC), which examines spontaneous fluctuations in the blood oxygen level-dependent (BOLD) signal of fMRI [9], is an index that shows alterations before neuronal loss and structural atrophy in patients [10]. To date, a coincident observation in aMCI patients is that the mean FC strength of the default-mode network (DN) is impaired compared to that in normal control (NC) subjects [11-16]. However, whether the mean FC strength of the DN in aMCI patients is increased, decreased or unchanged is still controversial. Wang [11] and Binnewijzend [16] did not find any significant differences in resting state FC strength within the DN when comparing aMCI patients with NC subjects. Li [13] demonstrated that the mean FC strength of DN was reduced in aMCI patients, whereas Gardini [15] indicated that this value was higher in aMCI patients. Despite the different conditions of aMCI patients, the analysis of FC is subject to a limitation in the definition of regions of interest (ROIs) [7] and reliable edges.

Previous studies have strongly demonstrated that activity increases during rest in DN regions, which are dysfunctional in AD and aMCI. However, the regions within the DN will sometimes move to another network in different participants. For example, the precuneus (PCu), belonging to the DN in one study [17], drifted to the frontoparietal control network (CN) in another study [18]. Therefore, a single atlas preset for the default network cannot match all subjects, and reorganizing the ROIs into their correct affiliations is of great importance for each investigation. In the present study, a hierarchical-clustering algorithm was applied to ROIs defined by more reliable task-based activation [18, 19] rather than an anatomical parcellation. Not only DN was considered but also the CN and the dorsal attention network (AN) were taken into account, because it has been demonstrated that the DN has a close relationship with the AN and the CN [17].

Another significant cause is the spurious functional connections that unquestionably hamper our analysis. Fully connected time-courses of ROIs, without any restrictions of setting a threshold value (for example, setting a threshold correlation coefficient larger than 0.2 [13]) or choosing a connection density (for example, 20% connection density [20]), will result in undesirable noise that forms spurious functional connections. Some weak but relatively reliable FC that may play a significant role in a brain network will be lost, whatever threshold value or connection density is selected. In fact, one region predominantly interacts only with a small number of regions [21]. To construct a more reliable human brain network model, a method should be introduced to hold these weak but reliable FC. In the present study, a bootstrap method was applied to the fMRI data of aMCI and normal controls. The bootstrap method, introduced by Efron in 1979 [22], is a sampling-based approach which is used to generate a huge number of bootstrap samples though randomly resampling with replacement. The statistic of interest will be estimated according to these bootstrap samples. It has an advantage of a relatively high accuracy of the parameter estimation [23], especially for those small size samples.

In addition to the focus on the FC between regions, the node metric, degree centrality (Dc), was also observed. Dc quantifies the importance or centrality of a node through the strength of connections to all of the other nodes in a weighted network. It has been adopted over other nodal centrality approaches because it has been proven to be more robust [24, 25].

In this study, for the first time, we explored the difference in FC and Dc constructed by the bootstrap method, between and within networks resulting from a hierarchical-clustering algorithm for the aMCI and normal subjects. In addition, we also investigated the relationship between the Mini Mental State Examination (MMSE) scores and FC as well as Dc.

#### **RESULTS**

The three networks (DN, CN and AN) of both NC subjects and aMCI patients are shown in Figure 1A and 1B, respectively. Figure 1C and 1D separately show the spatial distributions of the normal and patient groups. The green, red and blue regions express the DN, CN and AN, respectively. The number of overlapped regions between the networks obtained by the hierarchical-clustering algorithm and the task-defined networks were that 14 (14/16) for DN, 12 (12/14) for

CN, and 13 (13/13) for AN in the normal group, and 16 (16/16) for DN, 12 (12/14) for CN, and 12 (12/13) for AN in the patient group, respectively. The graphs were visualized with the BrainNet Viewer (<u>http://www.nitrc.org/project/bnv/</u>) [26]. Compared with the normal group, the patient group revealed that 3 regions (bilateral anterior insula (aINS) and the right dorsolateral prefrontal cortex (dIPFC)) shifted in their network affiliation and are marked with black circles in Figure 1D. Bilateral aINS shifted from DN to CN, and the right dIPFC belonging to CN transferred to AN.



Figure 1. Dendrogram of the hierarchical cluster analysis of the correlations and spatial distribution of the three networks. (A) and (B) separately represent the NC group and aMCI group, and the colors indicate the magnitude of correlation. (C) and (D) separately represent the NC group and aMCI group. The green, red and blue regions indicate the DN, CN and AN, respectively.

The mean FC values within the DN ( $P = 2.82 \times 10^{-5}$ ) and CN ( $P = 2.98 \times 10^{-2}$ ) showed significant increases in the patient group (Figure 2). For the internetwork pairs, significant changes were found in DN between CN ( $P = 5.31 \times 10^{-5}$ ) and DN between AN ( $P = 1.97 \times 10^{-4}$ ) (Figure 2). The statistical comparison of pairwise FC is shown in Figure 3. In Figure 3A, the colored line indicates the T value, and the bar graph displays the statistical differences (false discovery rate (FDR) corrected) in FC between the two groups.

The Dc values of the 6 regions were significantly increased in the patient group, and panels (A) and (B) of Figure 4 illustrate the T values and the significant alterations (Bonferroni corrected) between the two groups, respectively.

The Dc of the left superior temporal sulcus (STS) was significantly (R = 0.3795, P = 0.0026) correlated with MMSE, as shown in Figure 5. Lower cognitive ability (lower MMSE scores) was significantly associated with a greater increase in the Dc of the left STS. No significant relationship between FC and MMSE was detected.

#### **DISCUSSION**

The mean FC strengths of the default and control networks were significantly increased in the aMCI patients and significantly grew between the DN and AN, DN and CN for the patients. Further research suggested that five stronger pairs of FC strength were discovered in the patient group (left posterior cingulated cortex (L.pCC) and left anterior temporal lobe (L.aTL), L.pCC and L.STS, right hippocampal formation (R.HF) and L.STS, left rostrolateral prefrontal cortex (L.rlPFC) and right superior frontal gyrus (R.SFG), left posterior inferior parietal lobule (L.pIPL) and right inferior precentral sulcus (R.iPCS)). Meanwhile, six regions (left anterior medial prefrontal cortex (L.amPFC), L.aTL, R.HF, L.pCC, L.pIPL, L.STS) located in the default network showed significantly higher Dc for the patients, and one of the regions (L.STS) displayed a significantly negative relationship with MMSE.

#### Methodological improvements

The hierarchical-clustering algorithm might be an optional way of classifying brain networks. It might be inappropriate to classify regions into different networks only according to previous research, neglecting the characteristics of a study's own samples, such as age and health. For example, middle frontal gyrus (MFG) was defined as one region of DN across three subject groups (young controls, elderly controls and AD patients) [27], whereas MFG was determined to be one of the regions of CN during every condition (i.e., rest state and task state) [17]. A possible approach is to reorganize brain regions by utilizing the hierarchical-clustering algorithm. Meanwhile, it has been demonstrated that the hierarchical clustering method has a high accuracy for the analysis FC patterns [28]. The results obtained by these means were essentially in line with previous studies [17, 18, 29].





Spurious functional connections existing in fully connected correlation coefficient matrices must be removed to obtain a more realistic model. However, most scientists construct these matrices without any filtration. Of note, we also compared the two groups, as most researchers, but no significant differences (P = 0.05, uncorrected) were found. Clearly, investigators are

eager to discover even a slight difference between early patients and normal persons for the purpose of early diagnosis and treatment. The bootstrap method might be a feasible approach for exploring slight changes since it could retain weak but reliable functional connections. In the current study, for the first time, we adopted a bootstrap resampling procedure to dispose the fMRI



Figure 3. Comparisons of pairwise FC. (A) The colored line indicates the T values. (B) The bar graph displays statistical differences (FDR corrected) in FC between the two groups.

data of normal subjects and aMCI patients from the aspect of emphasizing the reliability of FC. Interesting, the significant difference (P < 0.05, FDR corrected) in FC with relatively low magnitude (mean FC < 0.2, as shown in Figure 3) of a single pair (left pIPL and right iPCS) was detected. The left pIPL and the right iPCS

belonged to the default network and the attention network, respectively. The appearance of a change in FC between these two regions should be given attention because the relationship between the default network and the attention network is modulated by the control network in healthy persons, and is not correlated with



Figure 4. Comparisons of Dc. (A) and (B) illustrate the T values and significant alterations (Bonferroni corrected) between the two groups, respectively.



Figure 5. Relationship between Dc of the L.STS and MMSE. The patient group is indicated by the Indian red pentagrams and the normal group by dark orchid asterisks.

each other directly, according to a previous study [17]. The abnormal findings in FC between DN and AN in aMCI patients might be an early neuroimaging characteristic. However, this hypothesis needs more evidence to be proven.

### The functions of DN and its correlations with memory impairments in aMCI

The main clinical feature of aMCI and AD patients is the impairment in the functions of cognition and memory, and these functions have a close relationship with the activity of the DN. To date, the impairment of the DN in aMCI patients has been confirmed, but the nature of this change is still under debate. Compared with the mean FC of the DN in normal persons, the value in MCI patients was increased [15], decreased [13, 14], or unchanged [11]. These inconsistencies [11, 14] might derive from the spurious FC. Even though Li [13] set a threshold value for the correlation coefficient to eliminate the noise, the different stages of patients should be noted, according to the findings of Tao [30]. Judging only from the MMSE values in Table 1 of this article [30], our patients could roughly be determined to have mild aMCI, whereas their patients [13] had severe aMCI. Different variations in the mean FC of the default network for different stages of MCI patients should be addressed carefully.

The higher mean FC of the default network in aMCI patients may reflect a compensatory mechanism. This mechanism often assumes that overactive regions are "working harder" to make up for functional declines elsewhere in the brain [31]. For example, the increased betweenness centrality of the left lingual gyrus represented a compensatory process for the reduced centrality in other regions [32]. However, the decreased FC of the default network in patients was not found in our results. On one hand, we speculated that the increased FC in patients at rest might be used to compensate the decreased FC during task. Of note, a higher mean FC of the default network in the rest state does not indicate better functions, such as episodic memory and autobiographical memory, during tasks. In contrast, it has been proven that higher FC is associated with poorer cognitive performance [33], and stronger compensation coupled with impairments suggests that a patient with worse MCI progresses to AD [34]. On the other hand, we hypothesized that this compensatory mechanism could alternatively be interpreted as the diminished ability of functional connectivity to decline. For normal controls, their great levels of deactivation, particularly in the default network during a nontask period, are associated with massive cognitive effort during tasks [35]. However, for aMCI patients, as the ability of FC to decline has decreased, the FC strength of patients is higher than that of normal controls, and the demanded cognitive energy is inadequate during tasks, ultimately resulting in poorer cognitive performance.

## Conceptual meaning of Dc and its relationship with memory impairments in aMCI

The Dc of a node is determined by the number and strength of functional connections and is adopted to indicate the relevance of this node for the information flow in the brain network [36, 37]. The greater the Dc, the more important it is. Higher Dc was found in patients, as shown in Figure 4, and the Dc of the left STS was inversely correlated with MMSE, as presented in Figure 5. The reason for the increased Dc of the DN in patients was probably to partially reorganize the brain for the adaptation of neurodegeneration. Furthermore, the high level of metabolism in the default network is conducive to the formation of pathology associated with AD [38].

#### Abnormal modulation between networks

Early studies exploring MCI patients usually focused their attention on a single network, i.e., the default network, but we should always consider that functional connectivity works across multiple networks. This viewpoint has been proven in recent years, and the three networks (DN, CN, AN) are closely related to patients with MCI [39–41]. The CN also presented a higher mean FC in patients, possibly because the CN might flexibly mediate the default network in support of intrinsic activity during the resting state [18]. The mean FC of AN did not differ between the two groups, probably because of the strong anticorrelated and competitive relationship between DN and AN [38, 42].

Increases in mean FC between DN and CN and between DN and AN were detected in the patients, while there was no difference in the mean FC between CN and AN, as seen in Figure 2. The impairment between networks revealed that the default network plays a critical role as a bridge linking the other two networks.

#### Limitation

There are 3 issues in need of improvement. First, the sample problem. It is generally known that aMCI subjects are divided into mild, moderate, and severe stages. Finer classifications of patients would be very beneficial for us to comprehensively understand this disease. Second, the faultiness of network selection. As more and more studies have demonstrated that neurological disease is associated with not only the three networks we investigated but also other networks,

| Table 1. Demographics and clinical data of the aM | CI patients and the NC group. |
|---|-------------------------------|
|---|-------------------------------|

|                  | aMCI             | NC               | P value            |
|------------------|------------------|------------------|--------------------|
| Age (year)       | $73.60\pm7.26$   | $70.67\pm7.00$   | 0.099ª             |
| Education (year) | $12.28\pm3.12$   | $12.57\pm3.08$   | $0.707^{a}$        |
| Gender (M/F)     | 17/8             | 26/25            | 0.160 <sup>b</sup> |
| MMSE             | $27.52 \pm 1.44$ | $28.33 \pm 1.34$ | 0.019 <sup>a</sup> |
| Head motion      | $0.12\pm0.07$    | $0.11\pm0.07$    | $0.697^{a}$        |

Data: mean ± standard deviation (SD)

<sup>a</sup>The *P* value was obtained by a two-sample two-tailed *t* test

<sup>b</sup>The *P* value was obtained by a two-tailed Pearson chi-square test

such as the salience network and the sensorimotor network, more related networks should be involved in future studies. Third, a defect in the bootstrapping procedure. This method overemphasizes the reliability of the FC, but overlooks the number of edges. Specifically, a different number of edges could confound between-group comparisons [43].

#### CONCLUSIONS

The novel finding of the present study is that for the first time, we explored the difference in FC and Dc constructed by the bootstrap method, between and within networks, resulting from a hierarchical-clustering algorithm for aMCI and normal subjects. Increases in mean FC within and between networks, FC between regions, and Dc were discovered in aMCI patients, indicating the early dysfunctions of this illness and this approach opens the doors for investigations into other brain diseases.

#### **MATERIALS AND METHODS**

#### Subjects

Eighty-four volunteers were recruited in this study, including 27 aMCI and 57 NC subjects. The neurologic examination and neuropsychological measurements completed by neurologist and certified study psychometrists from Institute of Neurology, Huashan Hospital, Fudan University, Shanghai, China [44]. The criteria are based on the diagnostic criteria proposed by Petersen [45]: (1) memory complaints usually corroborated by an informant; (2) objective memory impairment for age; (3) essentially preserved general cognitive function; (4) largely intact functional activities; and (5) not demented [46]. The exclusion criteria were as follows: (1) a history of neurological or psychiatric or head injury; (2) current treatment with vasoactive or psychotropic medication; (3) any physical or intellectual disability; (4) any contraindication to MRI. All participants provided written consent. Ultimately, 25 aMCI and 51 NC persons were selected for the research study after excluding 8 subjects due to excessive head motion (see data preprocessing). Table 1 shows the details of the clinical and demographic data of the remaining subjects in the two groups.

#### Data acquisition

The MRI scans were performed at the Shanghai Tongji Hospital, China, with a Siemens scanner. Foam padding and headphones were used to limit head motion and reduce scanner noise. fMRI data were acquired using echo planar imaging (EPI) with repetition time (TR) = 2 s, echo time (TE) = 30 ms, flip angle (FA) = 90 °, matrix =  $64 \times 64$ , voxel size =  $3.44 \times 3.44 \times 4.29$  mm<sup>3</sup>, number of slices = 31, and slice thickness = 3.8 mm. T1-weighted anatomical images were scanned with the following parameters: TR = 2.53 s, TE = 2.34 ms, FA = 7 °, inversion time (TI) = 1.1 s, and slice thickness = 1 mm. During the fMRI scans, subjects were instructed to hold still, remain motionless, and think of nothing in particular.

#### Data preprocessing

All images were preprocessed using the Statistical Parametric Mapping (SPM12, http://www.fil.ion. ucl.ac.uk/spm/) software package and Data Processing and Analysis for (Resting-State) Brain Image (DPABI) [47]. The first five time points were discarded for signal equilibrium and the participants' adaptation to the MRI scanning. The images were then slice time-corrected and realigned. Two aMCI patients and six NC persons were excluded due to excess head motion (rotation > 2  $^{\circ}$ or translation > 2 mm [48]). T1-weighted images were subsequently coregistered to the mean functional images, followed by segmentation into gray matter (GM), white matter (WM) and cerebrospinal fluid (CSF) [49]. Each bad time point, defined as volumes with framewise displacement (FD) (Jenkinson) > 0.2mm, as well as volumes 2 forward and 1 back from these volumes, was included as a regressor [47, 50], after regressing out head motion effects from the realigned data using the Friston 24-parameter model Table 2. Anatomical regions and their abbreviations.

| Region                             | Abbrev. | Region                         | Abbrev.  |
|------------------------------------|---------|--------------------------------|----------|
| Anterior medial prefrontal cortex  | amPFC   | Anterior temporal lobe         | aTL      |
| Dorsal medial prefrontal cortex    | dmPFC   | Hippocampal formation          | HF       |
| Inferior frontal gyrus             | IFG     | Posterior cingulated cortex    | pCC      |
| Posterior inferior parietal lobule | pIPL    | Precuneus                      | PCu      |
| Superior frontal gyrus             | SFG     | Superior temporal sulcus       | STS      |
| Temporal parietal junction         | TPJ     | Frontal eye fields             | FEF      |
| Ventral medial prefrontal cortex   | vmPFC   | Inferior precentral sulcus     | iPCS     |
| Middle temporal motion complex     | MT      | Superior occipital gyrus       | SOG      |
| Superior parietal lobule           | SPL     | Anterior insula                | aINS     |
| Anterior inferior parietal lobule  | aIPL    | Dorsolateral prefrontal cortex | dlPFC    |
| Dorsal anterior cingulated cortex  | daCC    | Middle frontal gyrus BA6       | MFG(BA6) |
| Medial superior prefrontal cortex  | msPFC   | Middle frontal gyrus BA9       | MFG(BA9) |
| Rostrolateral prefrontal cortex    | rlPFC   |                                |          |

[51]. Additionally, WM and CSF signals were regressed out to reduce respiratory and cardiac effects, whereas the global signal was not regressed out due to the controversy that its removal would cause redistribution of correlation coefficients [52]. After that, temporal filtering (0.01 - 0.08 Hz) was applied to the time series to decrease the effects of low-frequency drifts and highfrequency physiological noise. The functional volumes were spatially normalized to the Montreal Neurological Institute (MNI) space and resampled to 3-mm isotropic voxels. Finally, the functional images were spatially smoothed with a Gaussian kernel of  $6 \times 6 \times 6$  mm<sup>3</sup> full width at half maximum (FWHM).

#### **Determining ROIs**

Forty-three ROIs defined by task-based activation in previous studies [18, 19] were selected in this research, and the radius of each region was 3 mm. Forty-three ROIs representing the core nodes of these three networks were derived from a previous study [17] in which the ROIs were isolated by a multivariate spatiotemporal analysis of three tasks: autobiographical planning, visuospatial planning, and counting. In general, the autobiographical planning task involved internally directed cognition and engaged the default mode network, the visuospatial planning task involved externally directed cognition and engaged the dorsal attention network, and both planning tasks engaged the frontoparietal control network relative to counting task. It has been demonstrated that these task-defined networks showed similar topographical patterns to intrinsic connectivity networks identified using restingstate fMRI [18, 19]. All nodes, anatomical labels and their abbreviations are listed in Table 2. The mean time series was estimated by averaging the time series of all voxels in their own regions. The FC matrices, also called correlation matrices, were obtained by calculating

Pearson correlation coefficients of time series. In this study, we'd like to study the absolute variation in the FC and thus used the absolute values of both positive and negative correlations for the group comparison. Subsequently a mean correlation matrix was generated by averaging the correlation coefficient matrices of all participants in each group separately. Two mean correlation matrices, one for the aMCI group, and the other one for the normal group, were separately produced. Last, a hierarchical-clustering algorithm was separately applied to the two mean correlation matrices and divided the forty-three regions into three networks. The network was determined through visual inspections by the experienced radiologists. For a more precise definition of each network, we further explored the number of overlapped regions between the networks obtained by the hierarchical-clustering algorithm and the task-defined networks.

#### **Constructing FC and calculating Dc**

The reliable correlations were determined by implementing a bootstrapping procedure, similar to a previous study [17]. Resample over the correlation coefficients, constructing bootstrap samples. A biascorrected and accelerated percentile method was used to determine the 95% CI for each pair of correlation. A resampling rate of 10,000 was selected to ensure the reliability and stability of each CI estimate. The biascorrected and accelerated percentile method (BCa) is a kind of way of estimating confidence intervals of the parameter of interest, according to the bootstrap samples created though resampling with replacement. It has a relatively high accuracy of the parameter estimation [23], especially for the evaluation of a small size sample. Finally, the correlation coefficient value was preserved if it was located within the 95% CI of the mean functional connectivity strength, or was set to

zero if not. Five persons (four NC subjects and one aMCI patient) were discarded, because all their correlation coefficients were outside of the 95% CI, resulting in five 43\*43 zero matrices. In total, 24 patients and 47 normal subjects remained. A Fisher's transformation was utilized to improve the normality of the correlation coefficients for every subject. The nodal parameter Dc was computed via a GRaph thEoreTical Network Analysis (GRETNA) toolbox [53].

#### Statistical analysis

The statistical differences in the mean FC between and within networks were assessed using a two-sample two-tailed *t* test, with a statistical significance level of P < 0.05 (uncorrected). For the multiple comparisons in FC, a FDR corrected at a *q* value of 0.05 was utilized, while the multiple comparisons in Dc, a Bonferroni corrected was used. Multiple linear regression analyses were conducted to remove the confounding effects of age, gender, education, and relative Root-Mean Squared-FD.

The relationships between MMSE scores and FC as well as Dc were also investigated via a correlation analysis, with a statistical significance level of P < 0.05 (uncorrected) because these relationships were exploratory in nature.

#### Abbreviations

FC: functional connectivity; aMCI: amnestic mild cognitive impairment; fMRI: functional magnetic resonance imaging; ROI: regions of interest; Dc: degree centrality; DN: default-mode network; CN: control network; AN: attention network; MMSE: Mini Mental State Examination: FDR: false discovery rate: STS: superior temporal sulcus; AD: Alzheimer's disease; BOLD: blood oxygen level-dependent; NC: normal control; PCu: precuneus; CI: confidence interval; EPI: echo planar imaging; TR: repetition time; TE: echo time; FA: flip angle; TI: inversion time; GM: gray matter; WM: white matter; CSF: cerebrospinal fluid; FD: framewise displace; MNI: Montreal Neurological Institute; FWHM: full width at half maximum; amPFC: anterior medial prefrontal cortex; dmPFC: dorsal medial prefrontal cortex; IFG: inferior frontal gyrus; pIPL: posterior inferior parietal lobule; SFG: superior frontal gyrus; TPJ: temporal parietal junction; vmPFC: ventral medial prefrontal cortex; MT: middle temporal motion complex; SPL: superior parietal lobule; aIPL: anterior inferior parietal lobule; daCC: dorsal anterior cingulated cortex; msPFC: medial superior prefrontal cortex; rlPFC: rostrolateral prefrontal cortex; aTL: anterior temporal lobe; HF: hippocampal formation; pCC: posterior cingulated cortex; FEF: frontal eye fields; iPCS: inferior precentral sulcus; SOG: superior occipital

gyrus; aINS: anterior insula; dlPFC: dorsolateral prefrontal cortex; MFG(BA6): middle frontal gyrus BA6; MFG(BA9): middle frontal gyrus BA9.

#### **AUTHOR CONTRIBUTIONS**

Liang dealt with all image data and wrote most of this manuscript. Li made a contribution to the discussion. Liu, Zhang, Wang, Chu and Ye expressed different opinions from diverse aspects. Xi collected the original images. Zhao gave the idea of this paper, and revised this manuscript.

#### **ACKNOWLEDGMENTS**

We thank American Journal Experts (AJE) for the English language editing of this manuscript.

#### **CONFLICTS OF INTEREST**

The research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflicts of interest.

#### FUNDING

This study was funded by the Natural Science Foundation of China (grant number \_61473196), and the Science and Technology Commission of Shanghai Municipality (grant number 18411970300), and the Health Industry Clinical Research of the Shanghai Health and Family Planning Committee (grant number 201840018), and in part by the Science Technology Department Program of Zhejiang Province (grant number \_LGG18H180001), and in part by the National Science Foundation of China (grant number \_81301200), and in part by the scientific research project of the Shanghai health and family planning committee (grant number 201740207), and in part by the academic leader training plan of Shanghai Pudong new area health system (grant number PWRd2016-07).

#### REFERENCES

- Dai Z, He Y. Disrupted structural and functional brain connectomes in mild cognitive impairment and Alzheimer's disease. Neurosci Bull. 2014; 30:217–32. <u>https://doi.org/10.1007/s12264-013-1421-0</u> PMID:24733652
- Busse A, Hensel A, Gühne U, Angermeyer MC, Riedel-Heller SG. Mild cognitive impairment: long-term course of four clinical subtypes. Neurology. 2006; 67:2176–85. <u>https://doi.org/10.1212/01.wnl.0000249117.23318.e1</u> PMID:17190940

- Ishikawa T, Ikeda M. Mild cognitive impairment in a population-based epidemiological study. Psychogeriatrics. 2007; 7:104–08. https://doi.org/10.1111/j.1479-8301.2007.00197.x
- Buschert VC, Friese U, Teipel SJ, Schneider P, Merensky W, Rujescu D, Möller HJ, Hampel H, Buerger K. Effects of a newly developed cognitive intervention in amnestic mild cognitive impairment and mild Alzheimer's disease: a pilot study. J Alzheimers Dis. 2011; 25:679–94. <u>https://doi.org/10.3233/JAD-2011-100999</u> PMID:21483095
- Belleville S, Clément F, Mellah S, Gilbert B, Fontaine F, Gauthier S. Training-related brain plasticity in subjects at risk of developing Alzheimer's disease. Brain. 2011; 134:1623–34. <u>https://doi.org/10.1093/brain/awr037</u> PMID:21427462
- Petersen RC, Roberts RO, Knopman DS, Boeve BF, Geda YE, Ivnik RJ, Smith GE, Jack CR Jr. Mild cognitive impairment: ten years later. Arch Neurol. 2009; 66:1447–55. <u>https://doi.org/10.1001/archneurol.2009.266</u>

PMID:20008648

- Sporns O. Contributions and challenges for network models in cognitive neuroscience. Nat Neurosci. 2014; 17:652–60. https://doi.org/10.1038/nn.3690 PMID:24686784
- Bressler SL, Menon V. Large-scale brain networks in cognition: emerging methods and principles. Trends Cogn Sci. 2010; 14:277–90. <u>https://doi.org/10.1016/j.tics.2010.04.004</u> PMID:20493761
- Fox MD, Raichle ME. Spontaneous fluctuations in brain activity observed with functional magnetic resonance imaging. Nat Rev Neurosci. 2007; 8:700–11. <u>https://doi.org/10.1038/nrn2201</u> PMID:<u>17704812</u>
- D'Amelio M, Rossini PM. Brain excitability and connectivity of neuronal assemblies in Alzheimer's disease: from animal models to human findings. Prog Neurobiol. 2012; 99:42–60. <u>https://doi.org/10.1016/j.pneurobio.2012.07.001</u> PMID:<u>22789698</u>
- 11. Wang L, Li H, Liang Y, Zhang J, Li X, Shu N, Wang YY, Zhang Z. Amnestic mild cognitive impairment: topological reorganization of the default-mode network. Radiology. 2013; 268:501–14. <u>https://doi.org/10.1148/radiol.13121573</u> PMID:<u>23481166</u>
- 12. Cai S, Chong T, Peng Y, Shen W, Li J, von Deneen KM, Huang L, and Alzheimer's Disease Neuroimaging

Initiative. Altered functional brain networks in amnestic mild cognitive impairment: a resting-state fMRI study. Brain Imaging Behav. 2017; 11:619–31. https://doi.org/10.1007/s11682-016-9539-0 PMID:26972578

- Li Y, Wang X, Li Y, Sun Y, Sheng C, Li H, Li X, Yu Y, Chen G, Hu X, Jing B, Wang D, Li K, et al. Abnormal resting-state functional connectivity strength in mild cognitive impairment and its conversion to Alzheimer's disease. Neural Plast. 2016; 2016:4680972. <u>https://doi.org/10.1155/2016/4680972</u> PMID:<u>26843991</u>
- 14. Wang P, Zhou B, Yao H, Zhan Y, Zhang Z, Cui Y, Xu K, Ma J, Wang L, An N, Zhang X, Liu Y, Jiang T. Aberrant intra- and inter-network connectivity architectures in Alzheimer's disease and mild cognitive impairment. Sci Rep. 2015; 5:14824. <u>https://doi.org/10.1038/srep14824</u>

PMID:26439278

- Gardini S, Venneri A, Sambataro F, Cuetos F, Fasano F, Marchi M, Crisi G, Caffarra P. Increased functional connectivity in the default mode network in mild cognitive impairment: a maladaptive compensatory mechanism associated with poor semantic memory performance. J Alzheimers Dis. 2015; 45:457–70. <u>https://doi.org/10.3233/JAD-142547</u> PMID:25547636
- Binnewijzend MA, Schoonheim MM, Sanz-Arigita E, Wink AM, van der Flier WM, Tolboom N, Adriaanse SM, Damoiseaux JS, Scheltens P, van Berckel BN, Barkhof F. Resting-state fMRI changes in Alzheimer's disease and mild cognitive impairment. Neurobiol Aging. 2012; 33:2018–28. <u>https://doi.org/10.1016/j.neurobiolaging.2011.07.003</u> PMID:21862179
- Spreng RN, Sepulcre J, Turner GR, Stevens WD, Schacter DL. Intrinsic architecture underlying the relations among the default, dorsal attention, and frontoparietal control networks of the human brain. J Cogn Neurosci. 2013; 25:74–86. <u>https://doi.org/10.1162/jocn\_a\_00281</u> PMID:22905821
- Spreng RN, Stevens WD, Chamberlain JP, Gilmore AW, Schacter DL. Default network activity, coupled with the frontoparietal control network, supports goal-directed cognition. Neuroimage. 2010; 53:303–17. <u>https://doi.org/10.1016/j.neuroimage.2010.06.016</u> PMID:<u>20600998</u>
- Spreng RN, Schacter DL. Default network modulation and large-scale network interactivity in healthy young and old adults. Cereb Cortex. 2012; 22:2610–21. <u>https://doi.org/10.1093/cercor/bhr339</u> PMID:<u>22128194</u>

- Yi LY, Liang X, Liu DM, Sun B, Ying S, Yang DB, Li QB, Jiang CL, Han Y. Disrupted topological organization of resting-state functional brain network in subcortical vascular mild cognitive impairment. CNS Neurosci Ther. 2015; 21:846–54. https://doi.org/10.1111/cns.12424 PMID:26257386
- 21. Wee CY, Yap PT, Zhang D, Wang L, Shen D. Groupconstrained sparse fMRI connectivity modeling for mild cognitive impairment identification. Brain Struct Funct. 2014; 219:641–56. <u>https://doi.org/10.1007/s00429-013-0524-8</u> PMID:23468090
- 22. Efron B. 1977 Bootstrap method: another look at the jackknife. Ann Stat. 1979; 7:1–26. https://doi.org/10.1214/aos/1176344552
- 23. Efron B, Tibshirani R. Bootstrap methods for standard errors, confidence intervals, and other measures of statistical accuracy. Stat Sci. 1986; 1:54–75. https://doi.org/10.1214/ss/1177013815
- Wang JH, Zuo XN, Gohel S, Milham MP, Biswal BB, He Y. Graph theoretical analysis of functional brain networks: test-retest evaluation on short- and longterm resting-state functional MRI data. PLoS One. 2011; 6:e21976. https://doi.org/10.1371/journal.pone.0021976

PMID:<u>21818285</u>

 Cao H, Plichta MM, Schäfer A, Haddad L, Grimm O, Schneider M, Esslinger C, Kirsch P, Meyer-Lindenberg A, Tost H. Test-retest reliability of fMRI-based graph theoretical properties during working memory, emotion processing, and resting state. Neuroimage. 2014; 84:888–900.

https://doi.org/10.1016/j.neuroimage.2013.09.013 PMID:24055506

- 26. Xia M, Wang J, He Y. BrainNet Viewer: a network visualization tool for human brain connectomics. PLoS One. 2013; 8:e68910. <u>https://doi.org/10.1371/journal.pone.0068910</u> PMID:<u>23861951</u>
- 27. Ciftçi K. Minimum spanning tree reflects the alterations of the default mode network during Alzheimer's disease. Ann Biomed Eng. 2011; 39:1493–504. <u>https://doi.org/10.1007/s10439-011-0258-9</u> PMID:<u>21286814</u>
- 28. Dixon ML, De La Vega A, Mills C, Andrews-Hanna J, Spreng RN, Cole MW, Christoff K. Heterogeneity within the frontoparietal control network and its relationship to the default and dorsal attention networks. Proc Natl Acad Sci USA. 2018; 115:E1598–607. <u>https://doi.org/10.1073/pnas.1715766115</u> PMID:29382744
- 29. De Vogelaere F, Santens P, Achten E, Boon P, Vingerhoets G. Altered default-mode network

activation in mild cognitive impairment compared with healthy aging. Neuroradiology. 2012; 54:1195–206. https://doi.org/10.1007/s00234-012-1036-6 PMID:22527687

- Tao W, Li X, Zhang J, Chen Y, Ma C, Liu Z, Yang C, Wang W, Chen K, Wang J, Zhang Z. Inflection point in course of mild cognitive impairment: increased functional connectivity of default mode network. J Alzheimers Dis. 2017; 60:679–90. https://doi.org/10.3233/JAD-170252 PMID:28869465
- 31. Reuter-Lorenz PA, Cappell KA. Neurocognitive aging and the compensation hypothesis. Curr Dir Psychol Sci. 2008; 17:177–82.

https://doi.org/10.1111/j.1467-8721.2008.00570.x

- 32. Sun Y, Yin Q, Fang R, Yan X, Wang Y, Bezerianos A, Tang H, Miao F, Sun J. Disrupted functional brain connectivity and its association to structural connectivity in amnestic mild cognitive impairment and Alzheimer's disease. PLoS One. 2014; 9:e96505. <u>https://doi.org/10.1371/journal.pone.0096505</u> PMID:24806295
- Grady CL, Protzner AB, Kovacevic N, Strother SC, Afshin-Pour B, Wojtowicz M, Anderson JA, Churchill N, McIntosh AR. A multivariate analysis of age-related differences in default mode and task-positive networks across multiple cognitive domains. Cereb Cortex. 2010; 20:1432–47. https://doi.org/10.1093/cercor/bhp207

https://doi.org/10.1093/cercor/bhp207 PMID:<u>19789183</u>

34. Wang Z, Liang P, Jia X, Jin G, Song H, Han Y, Lu J, Li K. The baseline and longitudinal changes of PCC connectivity in mild cognitive impairment: a combined structure and resting-state fMRI study. PLoS One. 2012; 7:e36838. https://doi.org/10.1271/journal.pope.0026828

https://doi.org/10.1371/journal.pone.0036838 PMID:22629335

- 35. Persson J, Lustig C, Nelson JK, Reuter-Lorenz PA. Age differences in deactivation: a link to cognitive control? J Cogn Neurosci. 2007; 19:1021–32. https://doi.org/10.1162/jocn.2007.19.6.1021
  PMID:17536972
- 36. Sato JR, Biazoli CE Jr, Moura LM, Crossley N, Zugman A, Picon FA, Hoexter MQ, Amaro E Jr, Miguel EC, Rohde LA, Bressan RA, Jackowski AP. Association between fractional amplitude of low-frequency spontaneous fluctuation and degree centrality in children and adolescents. Brain Connect. 2019; 9:379–87.

https://doi.org/10.1089/brain.2018.0628 PMID:<u>30880423</u>

37. Liao XH, Xia MR, Xu T, Dai ZJ, Cao XY, Niu HJ, Zuo XN, Zang YF, He Y. Functional brain hubs and their testretest reliability: a multiband resting-state functional MRI study. Neuroimage. 2013; 83:969–82. https://doi.org/10.1016/j.neuroimage.2013.07.058 PMID:23899725

- 38. Buckner RL, Andrews-Hanna JR, Schacter DL. The brain's default network: anatomy, function, and relevance to disease. Ann N Y Acad Sci. 2008; 1124:1–38. <u>https://doi.org/10.1196/annals.1440.011</u> PMID:18400922
- 39. Smallwood J, Brown K, Baird B, Schooler JW. Cooperation between the default mode network and the frontal-parietal network in the production of an internal train of thought. Brain Res. 2012; 1428:60–70. <u>https://doi.org/10.1016/j.brainres.2011.03.072</u> PMID:21466793
- Sullivan MD, Anderson JA, Turner GR, Spreng RN, and Alzheimer's Disease Neuroimaging Initiative. Intrinsic neurocognitive network connectivity differences between normal aging and mild cognitive impairment are associated with cognitive status and age. Neurobiol Aging. 2019; 73:219–28. <u>https://doi.org/10.1016/j.neurobiolaging.2018.10.001</u> PMID:30391818
- 41. Sha Z, Wager TD, Mechelli A, He Y. Common dysfunction of large-scale neurocognitive networks across psychiatric disorders. Biol Psychiatry. 2019; 85:379–88. <u>https://doi.org/10.1016/j.biopsych.2018.11.011</u> PMID:<u>30612699</u>
- 42. Esposito R, Cieri F, Chiacchiaretta P, Cera N, Lauriola M, Di Giannantonio M, Tartaro A, Ferretti A. Modifications in resting state functional anticorrelation between default mode network and dorsal attention network: comparison among young adults, healthy elders and mild cognitive impairment patients. Brain Imaging Behav. 2018; 12:127–41. <u>https://doi.org/10.1007/s11682-017-9686-y</u>

PMID:<u>28176262</u>

- 43. van Wijk BC, Stam CJ, Daffertshofer A. Comparing brain networks of different size and connectivity density using graph theory. PLoS One. 2010; 5:e13701. <u>https://doi.org/10.1371/journal.pone.0013701</u> PMID:<u>21060892</u>
- 44. Ding D, Zhao Q, Guo Q, Meng H, Wang B, Luo J, Mortimer JA, Borenstein AR, Hong Z. Prevalence of mild cognitive impairment in an urban community in China: a cross-sectional analysis of the Shanghai Aging Study. Alzheimers Dement. 2015; 11:300–9.e2. <u>https://doi.org/10.1016/j.jalz.2013.11.002</u> PMID:<u>24613707</u>
- 45. Petersen RC. Mild cognitive impairment as a diagnostic entity. J Intern Med. 2004; 256:183–94.

https://doi.org/10.1111/j.1365-2796.2004.01388.x PMID:<u>15324362</u>

- 46. McKhann GM, Knopman DS, Chertkow H, Hyman BT, Jack CR Jr, Kawas CH, Klunk WE, Koroshetz WJ, Manly JJ, Mayeux R, Mohs RC, Morris JC, Rossor MN, et al. The diagnosis of dementia due to Alzheimer's disease: recommendations from the National Institute on Aging-Alzheimer's Association workgroups on diagnostic guidelines for Alzheimer's disease. Alzheimers Dement. 2011; 7:263–69. <u>https://doi.org/10.1016/j.jalz.2011.03.005</u> PMID:<u>21514250</u>
- 47. Yan CG, Wang XD, Zuo XN, Zang YF. DPABI: data processing & analysis for (resting-state) brain imaging. Neuroinformatics. 2016; 14:339–51. https://doi.org/10.1007/s12021-016-9299-4 PMID:27075850
- Li M, Das T, Deng W, Wang Q, Li Y, Zhao L, Ma X, Wang Y, Yu H, Li X, Meng Y, Palaniyappan L, Li T. Clinical utility of a short resting-state MRI scan in differentiating bipolar from unipolar depression. Acta Psychiatr Scand. 2017; 136:288–99. <u>https://doi.org/10.1111/acps.12752</u>

PMID:28504840

- Ashburner J, Friston KJ. Unified segmentation. Neuroimage. 2005; 26:839–51. <u>https://doi.org/10.1016/j.neuroimage.2005.02.018</u> PMID:15955494
- 50. Jenkinson M, Bannister P, Brady M, Smith S. Improved optimization for the robust and accurate linear registration and motion correction of brain images. Neuroimage. 2002; 17:825–41. <u>https://doi.org/10.1006/nimg.2002.1132</u> PMID:12377157
- 51. Friston KJ, Williams S, Howard R, Frackowiak RS, Turner R. Movement-related effects in fMRI time-series. Magn Reson Med. 1996; 35:346–55. <u>https://doi.org/10.1002/mrm.1910350312</u> PMID:<u>8699946</u>
- 52. Murphy K, Birn RM, Handwerker DA, Jones TB, Bandettini PA. The impact of global signal regression on resting state correlations: are anti-correlated networks introduced? Neuroimage. 2009; 44:893–905. <u>https://doi.org/10.1016/j.neuroimage.2008.09.036</u> PMID:<u>18976716</u>
- Wang J, Wang X, Xia M, Liao X, Evans A, He Y. GRETNA: a graph theoretical network analysis toolbox for imaging connectomics. Front Hum Neurosci. 2015; 9:386.

https://doi.org/10.3389/fnhum.2015.00386 PMID:26175682