## SUPPLEMENTARY FIGURES



Supplementary Figure 1. Lifespan extension induced by par-1 RNAi knockdown is not dependent on FUdR or temperature. (A) Survival curves of the auxin-inducible infertility strain PX627 treated with either the control or par-1 RNAi during adulthood at $25^{\circ} \mathrm{C}$. The par-1 RNAi treatment significantly extends lifespan by $21 \%$ ( $p<0.0001$, log-rank test). (B) Survival curves of the wild-type N2 treated with either the control or par-1 RNAi during adulthood at $20^{\circ} \mathrm{C}$. The par-1 RNAi treatment significantly extends lifespan by $23 \%$ ( $p<0.0001$, logrank test).


Supplementary Figure 2. The par-1(zu310) mutant shows significantly improved healthspan. (A) Survival curves of the wild-type N 2 and par-1(zu310) animals at $35^{\circ} \mathrm{C}(p=0.0007$, log-rank test). (B) Survival curves of the wild-type N2 and par-1(zu310) animals upon UV $\left(2,000 \mathrm{~J} / \mathrm{m}^{2}\right.$ ) exposure ( $p=0.0001$, log-rank test). (C) Body bending rates of N 2 and par-1(zu310) on day $2,4,6,8$, and 10 of adulthood ( ${ }^{* * * * \text {, }}$ $p<0.0001$, two-way ANOVA with Sidak's multiple comparison tests).


Supplementary Figure 3. The par-1(zu310) mutant shows AMPK activation and decreased lipid levels in the metabolic tissue. (A, B) Immunoblots (A) and quantification (B) of phospho-AAK-2 and tubulin using proteins extracted from dissected intestinal tissues of the wild-type N 2 and par-1(zu310) mutant animals. Ratio of the phospho-AAK-2 band intensity to that of tubulin was normalized to the wild-type N 2 animals. Data are represented as mean $\pm$ SD based on two independent biological replicates. ns, not significant, ${ }^{*}, p=0.0443$ (unpaired t tests). (C, D) Representative Oil Red O staining images (C) and quantification (D) of the staining signal in the wild-type N2 and par-1(zu310) mutant day 2 and day 6 adult animals. Data are represented as mean $\pm$ SD. ns, not significant, ${ }^{* * * *, p<0.0001 \text { ( } \mathrm{n}=40 \text {, two-way ANOVA with }}$ Sidak's multiple comparisons tests). Scale bar, $50 \mu \mathrm{~m}$.

