LncRNA MEG8 promotes TNF-α expression by sponging miR-454-3p in bone-invasive pituitary adenomas

Hai-Bo Zhu²*, Bin Li¹*, Jing Guo¹, Ya-Zhou Miao¹, Yu-Tao Shen¹, Ya-Zhuo Zhang¹,²,³,⁴, Peng Zhao², Chu-Zhong Li¹,²,³,⁴

¹Beijing Neurosurgical Institute, Capital Medical University, Fengtai 100070, Beijing, China
²Department of Neurosurgery, Beijing Tiantan Hospital, Capital Medical University, Fengtai 100070, Beijing, China
³Beijing Institute for Brain Disorders Brain Tumor Center, Fengtai 100070, Beijing, China
⁴China National Clinical Research Center for Neurological Diseases, Fengtai 100070, Beijing, China

*Equal contribution

Correspondence to: Peng Zhao, Chu-Zhong Li; email: kosinmed@163.com, https://orcid.org/0000-0001-9596-8118; lichuzhong@ccmu.edu.cn

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ABSTRACT

There are few studies on the mechanism of pituitary adenoma (PA) destroying bone. The current study aimed to investigate the role of MEG8/miR-454-3p/TNF-α in bone-invasive pituitary adenomas (BIPAs). In this study, we report that lncRNA MEG8 and TNF-α are upregulated in BIPA tissues while miR-454-3p is downregulated, which is associated with poor progression-free survival (PFS). Functional assays revealed the role of up-regulated MEG8 and down-regulated miR-454-3p in promoting bone destruction. Mechanistically, MEG8 promotes TNF-α expression by sponging miR-454-3p, which ultimately leads to the occurrence of bone destruction. The mechanism is confirmed in vivo and in vitro. Therefore, our data illustrated a new regulatory mechanism of MEG8/miR-454-3p/TNF-α in BIPAs. It may provide a useful strategy for diagnosis and treatment for BIPA patients.

INTRODUCTION

Pituitary adenoma is one of the most common tumors in the central nervous system. Although pituitary adenoma is a benign tumor, invasive pituitary adenoma (IPA) significantly affected the prognosis of patients. Bone-invasive pituitary adenoma (BIPA) is a type of invasive pituitary adenoma. BIPA accounted for 6.4% of all types of pituitary adenoma in our previous research [1]. BIPAs damage important bone anatomy, and the difficulty and risk of surgery, tumor recurrence rate and complication rate are significantly increased. But there are very few studies on BIPAs.

The destruction of bone is inseparable from the differentiation and maturation of osteoclasts. Tumor necrosis factor-alpha (TNF-α) can acts on osteoclast precursor through paracrine and activates MAPK / NFATc1 pathway to promote osteoclast differentiation and maturation, which is identified in previous studies [1]. TNF-α is a dominant cytokine that plays a critical role in the promotion of pathologic osteoclast formation leading to inflammatory bone destruction [2]. TNF-α can induce osteoclast differentiation by activating MAPK and NF-kB pathways [3] and promote the expression of osteolytic cytokines, such as M-CSF and RANKL [4]. The regulatory mechanism of TNF-α in BIPAs is currently unclear.

It has been revealed that competing endogenous RNAs (ceRNAs) play an important role in the progression and occurrence of tumors [5]. Long noncoding RNAs (lncRNAs) promote protein-coding mRNAs expression by sponging microRNA (miRNA), which is one of the
most classic gene regulation networks [6]. It has been confirmed that lncRNA MEG8 and miR-454-3p associated with TNF-α expression in BIPAs in previous studies [1]. Recent studies found MEG8 and miR-454-3p were abnormal in many cancers. Aberrant expression of MEG8 has been found associated with progression of tumors. It has been reported that MEG8 contributes to epigenetic progression of the epithelial-mesenchymal transition of lung and pancreatic cancer cells [7]. It has been found that miR-454-3p is downregulated in cervical cancer [8], bladder cancer [9], renal carcinoma [10], chondrosarcoma [11] and glioblastoma [12].

In the present study, we explored the role of MEG8/miR-454-3p/TNF-α in BIPAs. It may provide a useful strategy for diagnosis and treatment for BIPA patients.

**RESULTS**

**Highly expressed TNF-α in BIPAs is associated with poor prognosis**

The determination of BIPAs depends on preoperative images (Figure 1A), bone destruction observed during operation or pathological reports showing bone tissue discontinuity. Western blot and IHC show TNF-α are upregulated in BIPA tissues compared with NIPAs (Figure 1B, 1C). Highly expressed TNF-α in BIPAs was associated with poor prognosis (Figure 1D).

**Figure 1.** The expression of TNF-α, MEG8 and miR-454-3p in PAs and the relationship between the expression of TNF-α and the prognosis of patients. (A) The preoperative images of NIPAs and BIPAs. Western blot (B) and IHC (C) were used to detect the expression of TNF-α in BIPAs and NIPAs. (D) Kaplan-Meier plotter was used to analyze the regrowth-free curves of patients in TNF-α high/low groups. (E) RT-qPCR was used to detect the expression of TNF-α, MEG8 and miR-454-3p in BIPAs and NIPAs. ***P < 0.001.
MEG8 and TNF-α are upregulated in BIPA tissues while miR-454-3p is downregulated

The expression of MEG8, miR-454-3p and TNF-α were examined by RT-qPCR in twenty BIPAs and twenty NIPAs, finding that MEG8 and TNF-α are upregulated in BIPA tissues while miR-454-3p is downregulated (p<0.001, Figure 1E).

The expressions of MEG8 and miR-454-3p, miR-454-3p and TNF-α are negatively correlated, MEG8 and TNF-α are positively correlated

The correlation between MEG8 and miR-454-3p expression, miR-454-3p and TNF-α expression, MEG8 and TNF-α in pituitary adenomas were analyzed according to RT-qPCR results. There is a negative correlation between the MEG8 and miR-454-3p (p<0.0001, r=-0.7613) (Figure 2A) at RNA expression levels in PAs. In PAs, there is a negative correlation between the miR-454-3p and TNF-α (p=0.0001, r=-0.7408) (Figure 2B). A positive correlation was observed between the MEG8 and TNF-α (p<0.0001, r=0.9128) (Figure 2C). In BIPAs, there is a negative correlation between the MEG8 and miR-454-3p (p=0.0001=2, r=-0.7331) (Figure 2D), a negative correlation was observed between the miR-454-3p and TNF-α (p=0.0019, r=-0.6506) (Figure 2E) and a positive correlation was observed between the MEG8 and TNF-α (p<0.0001, r=0.9336) (Figure 2F).

TNF-α is a target gene of miR-454-3p

We focused on TNF-α and attempted to clarify whether TNF-α was a target of miR-454-3p. We predicted the binding site between TNF-α and miR-454-3p based on data from the StarBase and TargetScan. The predicted binding site between TNF-α and miR-454-3p was presented in Figure 3A. We constructed luciferase reporter plasmids containing the predicted miR-454-3p binding site (TNF-α-wt) and its matched mutant site (TNF-α-mut) (Figure 3B). Co-transfection of miR-454-3p and TNF-α-wt dramatically reduced the luciferase activities, while co-transfection with miR-454-3p and TNF-α-mut had no influence on the luciferase activities (p<0.001, Figure 3C).

Figure 2. The relationship between TNF-α expression and prognosis and the correlation between TNF-α, MEG8 and miR-454-3p. The correlation between MEG8 and miR-454-3p (A), miR-454-3p and TNF-α (B), MEG8 and TNF-α (C) in PAs was analyzed according to RT-qPCR results. The correlation between MEG8 and miR-454-3p (D), miR-454-3p and TNF-α (E), MEG8 and TNF-α (F) in BIPAs was analyzed according to RT-qPCR results.
Inhibiting miR-454-3p increases the expression of TNF-α and further promotes RAW264.7 cells to destroy bone

After miR-454-3p was knocked down by its inhibitor in 293T cells, the expression of TNF-α increased significantly (p<0.001, Figure 3D). Enzyme-linked immunosorbent assay (ELISA) also indicated that the amount of TNF-α in the medium increased after miR-454-3p was knocked down (p<0.01, Figure 3F). We use cell and bone slices co-culture experiments to study the changes in cell’s osteoclast ability. When miR-454-3p of 293T cells in the lower chamber of transwell was knocked down, the expression of TNF-α increased, which resulted in the bone-breaking ability of RAW264.7 cells was enhanced in the upper chamber of transwell (Figure 3G), and the bone-breaking area of RAW264.7 cells was increased significantly (p<0.001, Figure 3H). Moreover, we added additional groups to conduct rescue experiments.

Figure 3. TNF-α was targeted by miR-454-3p in 293T cells. (A) The predicted binding site between TNF-α and miR-454-3p. (B) The predicted miR-454-3p binding site (TNF-α-wt) and its matched mutant site (TNF-α-mut). (C) Luciferase activity detection. (D) RT-qPCR analyses measured relative miR-454-3p and TNF-α expression levels. (E) RT-qPCR analyses measured TNF-α expression levels. (F) Elisa analyses measured TNF-α expression levels. (G) Scanning electron microscope results of bone slices (500x). (H) Volume of resorption/pit (x10³ um³). **P < 0.01, ***P < 0.001.
These results further confirmed that inhibiting miR-454-3p increases the expression of TNF-α and further promotes RAW264.7 cells to destroy bone.

**MiR-454-3p is a target gene of MEG8**

Next, we attempted to explore the relationship between miR-454-3p and MEG8. It was predicted based on data from the StarBase and TargetScan. The predicted binding site between MEG8 and miR-454-3p was presented in Figure 4A. We constructed luciferase reporter plasmids containing the predicted miR-454-3p binding site (MEG8-wt) and its matched mutant site (MEG8-mut) (Figure 4B). Co-transfection of miR-454-3p and MEG8-wt dramatically reduced the luciferase activities, while co-transfection with miR-454-3p and MEG8-mut had no influence on the luciferase activities (p<0.001, Figure 4C).

**Inhibiting miR-454-3p increases the expression of MEG8**

After miR-454-3p was knocked down by its inhibitor in 293T cells, the expression of MEG8 increased significantly (p<0.001, Figure 4D).

**Promoting MEG8 decreases the expression of miR-454-3p, increases the expression of TNF-α and further promotes RAW264.7 cells to destroy bone**

After MEG8 was overexpressed in 293T cells, the expression of miR-454-3p decreased significantly (p<0.01, Figure 4E), the expression of TNF-α increased significantly (p<0.001, Figure 4F), and RAW264.7 cells further destroyed bone (Figure 4G).

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**Figure 4. MEG8 sponged miR-454-3p in 293T cells.** (A) The predicted binding site between MEG8 and miR-454-3p. (B) The predicted miR-454-3p binding site (MEG8-wt) and its matched mutant site (MEG8-mut). (C) Luciferase activity detection. (D, E) RT-qPCR analyses measured relative MEG8, miR-454-3p and TNF-α expression levels. (F) ELISA analyses measured TNF-α expression levels. (G) RT-qPCR analyses measured TNF-α expression levels. (H) Scanning electron microscope results of bone slices (500x). (I) Volume of resorption/pit (x10³ um³). *P < 0.05, **P < 0.01, ***P < 0.001.
significantly (p<0.01, Figure 4E). ELISA also indicated that the amount of TNF-α in the medium increased after MEG8 was overexpressed (p<0.01, Figure 4F). We use cell and bone slices co-culture experiments to study the changes in cell’s osteoclast ability. When MEG8 of 293T cells in the lower chamber of transwell was overexpressed, the expression of TNF-α increased, which resulted in the bone-breaking ability of RAW264.7 cells was enhanced in the upper chamber of transwell (Figure 4G), and the bone-breaking area of RAW264.7 cells was increased significantly (p<0.001, Figure 4H). Moreover, we added additional groups to conduct rescue experiments (Figure 4F, 4I). These results further confirmed that promoting MEG8 decreases the expression of miR-454-3p, increases the expression of TNF-α and further promotes RAW264.7 cells to destroy bone.

**Overexpressing MEG8 promotes progression of tumors through downregulating miR-454-3p and upregulating TNF-α in vivo**

We established xenograft nude mouse models to elucidate the role of MEG8 in vivo. Results showed that MEG8 overexpressing significantly promoted xenograft tumor volume (Figure 5A) in vivo. Scanning electron microscope showed that MEG8 overexpressing promoted bone destruction (Figure 5B). MEG8 and TNF-α are upregulated in tumor tissues of oe-MEG8 group, while miR-454-3p is downregulated (Figure 5C). These results suggested that overexpressing MEG8 promotes progression of tumors through downregulating miR-454-3p and upregulating TNF-α in vivo.

**LncRNA MEG8 promotes TNF-α expression by sponging miR-454-3p in BIPAs**

Through in vivo and in vitro experiments, we have fully verified the MEG8/miR-454-3p/TNF-α ceRNA regulatory network (Figure 6). We found that LncRNA MEG8 promotes TNF-α expression by sponging miR-454-3p in BIPAs.

**DISCUSSION**

In histology, pituitary adenomas are mostly benign tumors. But a considerable portion of pituitary adenoma is invasive. Pituitary adenomas may invade the cavernous sinuses, the bone and the sphenoid sinus. According to reports, invasive adenomas account for 45% of all pituitary adenomas [13, 14]. Invasive pituitary adenoma often results in low total resection rate and high recurrence rate, which seriously affects the

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**Figure 5. Overexpression of MEG8 promoted tumorigenesis and tumor progression in vivo.** (A) Mice models, tumor volume and bone slices. (B) Scanning electron microscope results of bone slices (500x). (C) RT-qPCR analyses measured relative MEG8, miR-454-3p and TNF-α expression levels.
There are many studies on invasive pituitary adenoma. At present, most research has focused on pituitary adenomas which invade cavernous sinus or diaphragma sellae. However, the clinical characters and the molecular mechanism of BIPAs are unclear because related research is rare. In our previous study, multivariate analysis showed that invasion was an independent risk factor for pituitary adenoma regrowth [1]. We firstly reported that the expression level of TNF-α in BIPAs were significantly higher than that in NIPA and TNF-α can directly induce osteoclast differentiation, which further leads to bone destruction [1]. TNF-α is a pleiotropic cytokine that is induced in response to a variety of pathological and physiological processes [15]. Studies found that TNF-α is closely related to the malignant behavior of the tumor. TNF-α may serve as a prognostic marker for chordoma progression because TNF-α increased the migration and invasion of chordoma cells [16]. TNF-α-induced MMP-9 secretion from mesothelial cells plays an important role in the metastatic dissemination of gastric cancer [17]. In addition, TNF-α has played a key role in the progression of breast cancer [18], colorectal cancer [19] and cervical cancer [20]. In the current study, we further confirmed that TNF-α was highly expressed in BIPAs and increased the risk of regrowth.

We speculated that lncRNA MEG8, miR-454-3p and TNF-α can constitute a ceRNA regulatory network through transcriptome microarray analysis and cell experiments in previous study [1]. More evidence demonstrates that lncRNAs play important roles in cancer initiation and progression by serving as ceRNAs through competitively binding to shared miRNAs [21]. There are more and more studies on ceRNA regulatory network of tumor [22–24]. In our study, we have fully verified that MEG8 promotes TNF-α expression by sponging miR-454-3p in BIPAs.

Figure 6. Mechanism and function of TNF-α in BIPAs progress. LncRNA MEG8 promotes TNF-α expression by sponging miR-454-3p, and then TNF-α directly induce osteoclast differentiation in BIPAs, which further leads to bone destruction.
There are relatively few studies on lncRNA MEG8. It has been confirmed that MEG8 was over-expressed in activated hepatic stellate cells, injured hepatocytes and fibrotic livers [25]. In colorectal cancer, MEG8 may have a regulatory role in the adenoma-carcinoma transition [26]. MiRNAs are a class of noncoding RNAs that regulate gene expression by binding to their target mRNA. For instance, miR-454-3p promotes proliferation and induces apoptosis in human cervical cancer cells by targeting TRIM3 [27]. Similarly, miR-454-3p exerts tumor-suppressive functions by down-regulation of NFATc2 in glioblastoma [12]. Our data shows that MEG8 is upregulated in BIPA tissues while miR-454-3p is downregulated. We further proved that MEG8 and TNF-α can competitively combine with miR-454-3p.

Through in vivo and in vitro experiments, we have fully verified the MEG8/miR-454-3p/TNF-α ceRNA regulatory network in BIPAs. The functional assays revealed that MEG8/miR-454-3p targets TNF-α and forms the MEG8/miR-454-3p/TNF-α axis to regulate the initiation and progression of BIPAs.

CONCLUSIONS

We firstly reported that TNF-α expressions were increased in BIPA tissues. Highly expressed TNF-α in BIPAs was associated with poor prognosis. Mechanically, we revealed a novel MEG8/miR-454-3p/TNF-α ceRNA regulatory network in BIPAs. Combined with our previous research, the mechanism of TNF-α affecting pituitary adenoma to invade bone is more perfect. LncRNA MEG8 promotes TNF-α expression by sponging miR-454-3p, and then TNF-α directly induce osteoclast differentiation in BIPAs, which further leads to bone destruction (Figure 6). It may provide a useful strategy for diagnosis and treatment for BIPA patients.

MATERIALS AND METHODS

Clinical materials and tissue specimens

A total of forty pituitary adenoma specimens (twenty BIPAs and twenty NIPAs) which were obtained in the operation from January 2008 to December 2015 in Beijing Tiantan Hospital, Capital Medical University. This study was approved by the Beijing Tiantan Hospital Ethics Committee, and every participant signed an informed consent form. Classification depends on preoperative images (Figure 1A), bone destruction observed during operation or bone tissue infiltration showed on the pathological reports. The pituitary adenoma specimens were obtained at the time of transphenoidal surgery and quickly frozen in liquid nitrogen and fixed in a 10% formaldehyde solution within 30 minutes after the operation. The details of the patients are presented in Table 1.

Luciferase activity detection

To construct a luciferase reporter vector, TNF-α-3'UTR fragments and MEG8 cDNA fragments that containing the miR-454-3p binding site were inserted into the pGL3 plasmids. The TNF-α-3'UTR-MUT fragment and the MEG8-MUT fragment with the miR-454-3p mutated binding site were also inserted into the pGL3 vector. Using the Lipofectamine 3000 (Invitrogen, USA), recombinant plasmids (pGL3-MEG8, pGL3-MUG8-MUT, pGL3-TNF-α-3'UTR, pGL3-TNF-α-3'UTR-MUT) and Renilla reference plasmid were respectively co-transfected with miR-454-3p mimic or NC-mimic into HEK293T cells. After 48 hours, luciferase activity was determined using a luciferase assay kit (BioVision Technologies, USA) and a luciferase reporter assay system (Promega, USA). With Renilla luciferase as the internal reference, the ratio of the relative luciferase unit value of firefly luciferase to that of Renilla luciferase shows whether the target reporter gene is activated.

Cell lines and cell culture

293T and RAW264.7 cells were authenticated by China Infrastructure of Cell Line Resource. And they were tested negative for mycoplasma by China Infrastructure of Cell Line Resource. 293T cells were cultured in DMEM (American Type Culture Collection, USA) high glucose medium with 10% fetal bovine serum (FBS) (Gibco, USA), 2mM L-glutamine (Thermo Fisher Scientific, USA) and 1% penicillin/streptomycin (Thermo Fisher Scientific, USA). RAW264.7 cells were cultured in DMEM (American Type Culture Collection, USA) high glucose medium with 10% FBS (Gibco, USA) and 1% penicillin/streptomycin (Thermo Fisher Scientific, USA). All cells were cultured in a humidified incubator containing 5% CO2 at 37°C.
and cell culture were harvested for the subsequent experiments after forty-eight hours.

**Cell and bone slices co-culture**

To establish a co-culture system between 293T cells and bone slices (mouse skulls) with RAW264.7 cells, $5 \times 10^5$ 293T cells were seeded at the bottom of six well plates, while $5 \times 10^5$ RAW264.7 cells and one bone slice were added into the upper Transwell insert (0.4 μm pore size, Corning, USA). After the co-culture system was maintained with complete medium for seven days, the bone chips were taken out for the subsequent experiments.

**Xenograft experiments**

A 293T cell xenograft model was performed for *in vivo* assays. This study was approved by the Beijing Tiantan
Table 2. The primers used for RT-qPCR with their sequence.

<table>
<thead>
<tr>
<th>Gene</th>
<th>Forward primer (5’–3’)</th>
<th>Reverse primer (5’–3’)</th>
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<tr>
<td>MEG8</td>
<td>TGCACTTTGCTGATTGAAGG</td>
<td>TCTCCAGGCTCCATCCTAAA</td>
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<tr>
<td>miR-454-3p</td>
<td>ACCCTATCAATTTGTCTCTGC</td>
<td>GCGAGCAGACAGATTAAATACGAC</td>
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<tr>
<td>TNFα</td>
<td>AAACAATGCTGATTGTTGAC</td>
<td>GCAAACCTTTATTTCCTGCCCCATT</td>
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<tr>
<td>GAPDH</td>
<td>TGACTTCAACAGCGACACA</td>
<td>CACCTGGTGCTGTAGCCAAA</td>
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</table>

Table 3. The antibodies used in the experiments.

<table>
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<th>Antibody</th>
<th>No.</th>
<th>Company</th>
<th>Country</th>
</tr>
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<td>Anti-TNFα antibody</td>
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<td>Abcam</td>
<td>Britain</td>
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<tr>
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<td>K200057M</td>
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<td>China</td>
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<tr>
<td>Anti-Rabbit antibody</td>
<td>ZB-2301</td>
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<td>China</td>
</tr>
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Hospital Ethics Committee. 20 male BALB/c nude mice (6 weeks old) were randomly divided into two groups and given 3×10^6 either oe-MEG8 transfected or oe-NC transfected 293T cells with serum-free medium by subcutaneous injection on top of their head. Four weeks after the cells were injected, the mice were euthanized, tumor and mouse skulls were taken out for subsequent experiments.

RNA extraction and RT-qPCR

Total RNA was extracted from human pituitary adenoma tissues, 293T cells and xenograft tumor in nude mice using with TRizol reagent (Invitrogen, USA). We used High-Capacity cDNA Reverse Transcription Kit (Thermo Fisher Scientific, USA) to perform reverse transcription according to the manufacturer’s instructions. The primer sequence is shown in Table 2. Quantitative PCR (qPCR) was performed and relative quantities of each gene were analyzed according to previous research.

Protein extraction and western blot

Tumor tissues were lysed with RIPA buffer (Applygen, China) containing a mixture of protease inhibitors (Applygen, China). We used the BCA Protein Assay kit (Thermo Fisher Scientific, USA) to determine the protein concentration. Western blot experiments were carried out with reference to previous studies. The primary antibodies and secondary antibodies used in the experiment are shown in Table 3.

HE staining and IHC

The pituitary adenoma specimens were fixed in 10% paraformaldehyde, decalcified in formic acid, and embedded in paraffin. All samples were sectioned at 5 mmol/L. Pituitary adenoma specimens were stained with HE and processed for IHC staining with anti-TNF-α (ab 8348, 1:1,200, Abcam).

Enzyme-linked immunosorbent assay (ELISA)

The levels of TNF-α in cell culture supernatant were determined using a human TNF-α Quantikine ELISA Kit (Minneapolis, USA) according to manufacturer’s instructions.

Statistical analysis

SPSS 25.0 statistical software was used for statistical evaluation. According to the grouping situation, statistical analysis of the data was performed using one-way ANOVA or independent two-sample t tests. The regrowth-free curves were generated by the Kaplan–Meier method. Correlation was evaluated using Pearson’s correlative analysis. P<0.05 were defined as a significant difference.

Limitation

In this study, we tried to use primary cells for functional experiments. But we did not achieve good results. The reason is that pituitary adenomas are benign tumors. Under our existing primary culture technology, they cannot maintain a good growth state, and thus cannot meet the functional experimental requirements of this study. Therefore, in this study, we have to use 293T
cells for functional experiments. Our team is working hard to solve the problem of primary culture of pituitary adenoma.

**Abbreviations**

PA: pituitary adenoma; BIPA: bone-invasive pituitary adenoma; NIPA: non-invasive pituitary adenoma; PFS: progression-free survival; TNF-α: Tumor necrosis factor-alpha; ceRNAs: competing endogenous RNAs; lncRNAs: long noncoding RNAs; miRNA: microRNA.

**AUTHOR CONTRIBUTIONS**


**CONFLICTS OF INTEREST**

The authors declare that they have no conflicts of interest.

**FUNDING**

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