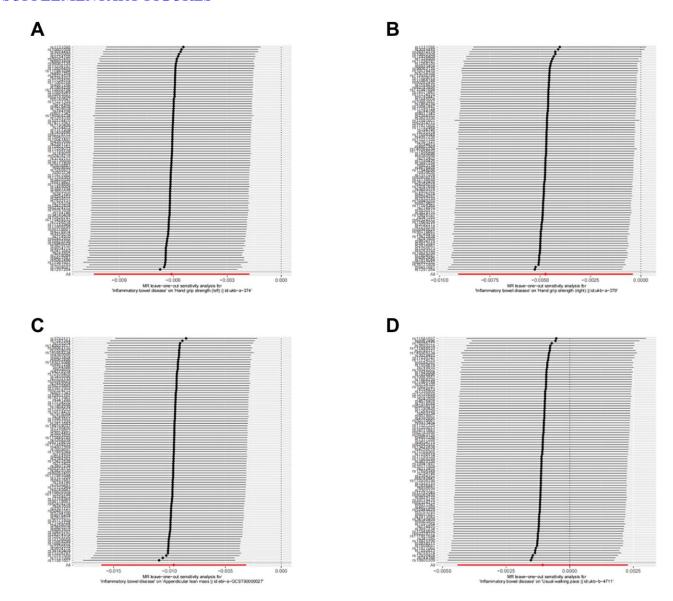
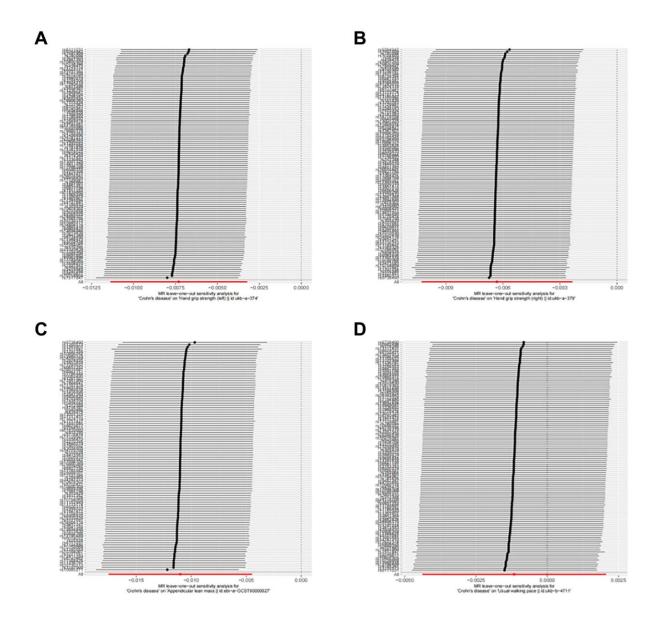
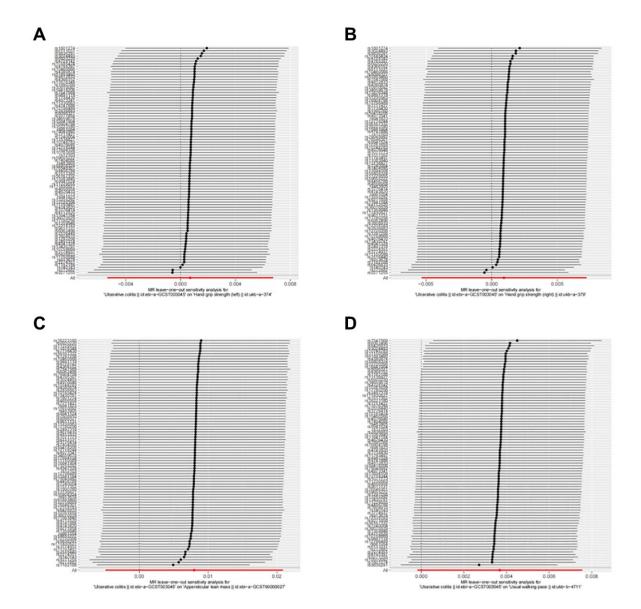
## **SUPPLEMENTARY FIGURES**



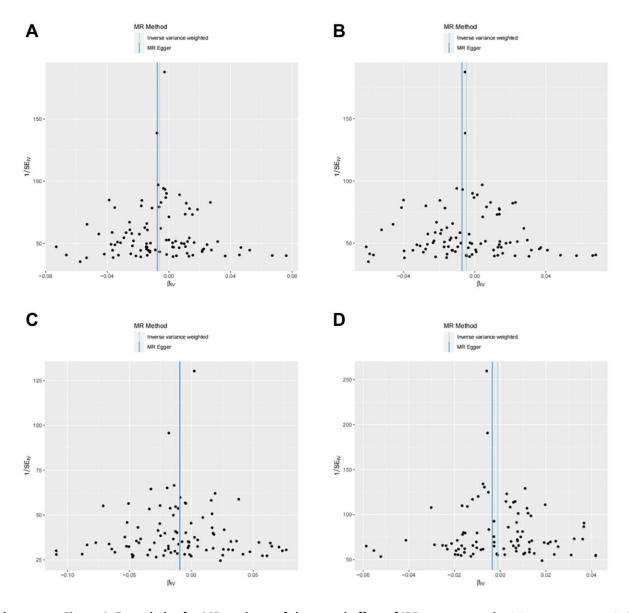
Supplementary Figure 1. Leave-one-out analysis in the MR analyses of the causal effect of IBD on sarcopenia. (A) IBD-grip strength (left). (B) IBD-grip strength (right). (C) IBD-ALM. (D) IBD-Walking pace.



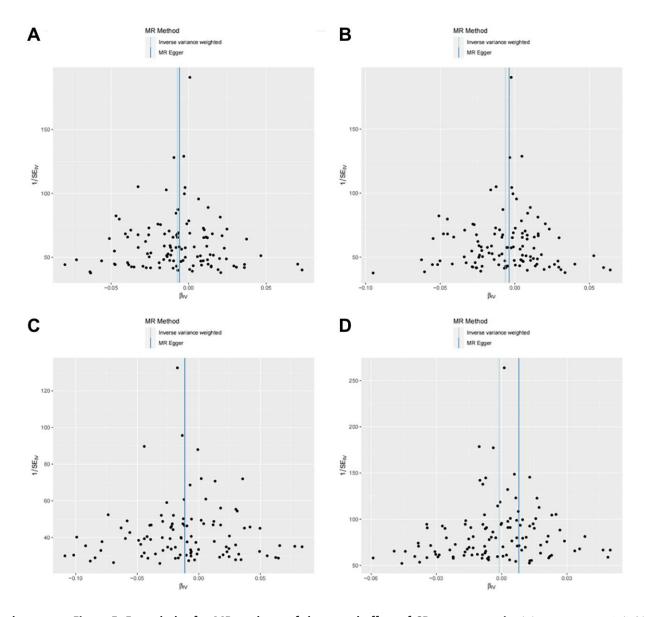
Supplementary Figure 2. Leave-one-out analysis in the MR analyses of the causal effect of CD on sarcopenia. (A) CD-grip strength (left). (B) CD-grip strength (right). (C) CD-ALM. (D) CD-Walking pace.



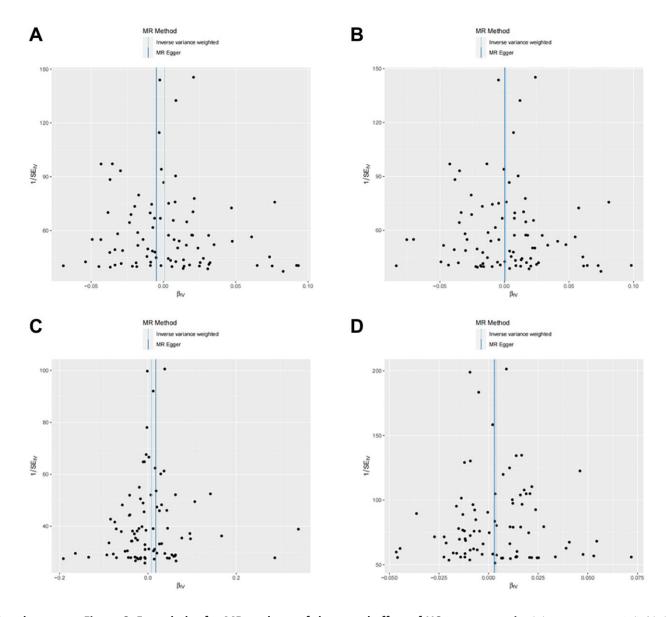
Supplementary Figure 3. Leave-one-out analysis in the MR analyses of the causal effect of UC on sarcopenia. (A) UC-grip strength (left). (B) UC-grip strength (right). (C) UC-ALM. (D) UC-Walking pace.



Supplementary Figure 4. Funnel plot for MR analyses of the causal effect of IBD on sarcopenia. (A) IBD-grip strength (left). (B) IBD-grip strength (right). (C) IBD-ALM. (D) IBD-Walking pace.



Supplementary Figure 5. Funnel plot for MR analyses of the causal effect of CD on sarcopenia. (A) CD-grip strength (left). (B) CD-grip strength (right). (C) CD-ALM. (D) CD-Walking pace.



**Supplementary Figure 6. Funnel plot for MR analyses of the causal effect of UC on sarcopenia.** (A) UC-grip strength (left). (B) UC-grip strength (right). (C) UC-ALM. (D) UC-Walking pace.