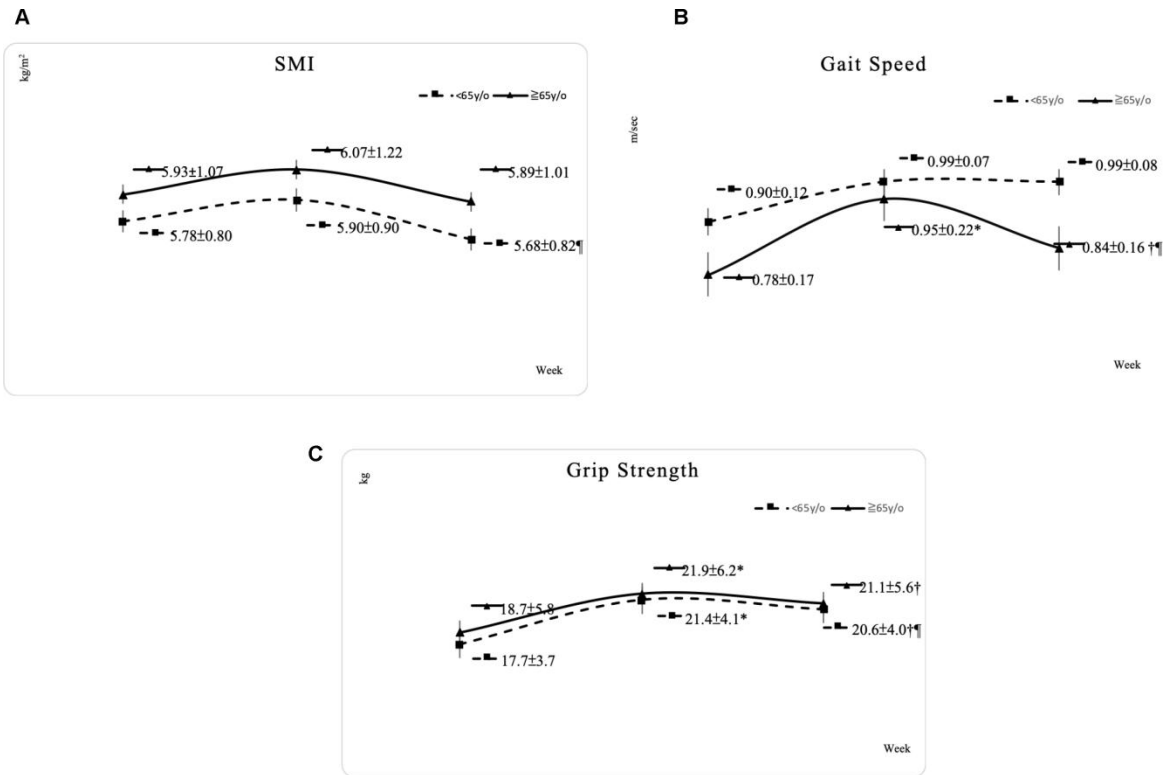


SUPPLEMENTARY FIGURE



Supplementary Figure 1. Mean (\pm SD) change from baseline, 5-weeks enriched BCAA intervention period to the 12-week withdrawal period by < 65y/o (n=12, 1 M/11 F) and \geq 65y/o (n=14, 4 M/10 F) subgroup. (A) skeletal muscle mass index (SMI). (B) gait speed. (C) grip strength. Group differences were analyzed using Non-parametric Friedman & Wilcoxon Signed Rank test. Comparisons between baseline and week 5: * $p < 0.01$. Comparisons between baseline and week 17: † $p < 0.05$. Comparisons between week 5 and week 17: ¶ $p < 0.05$.