

Supplementary Table 1. Telomere length distribution by gender and age.

Age (y)	Tel-all		Tel-female		Tel-male	
	N	mean(\pm SD)	N	mean(\pm SD)	N	mean(\pm SD)
-49	74	1.19 \pm 0.40	52	1.17 \pm 0.41	22	1.24 \pm 0.39
50-59	149	1.15 \pm 0.34	95	1.11 \pm 0.33	54	1.21 \pm 0.35
60-69	177	1.04 \pm 0.34	105	1.05 \pm 0.38	72	1.03 \pm 0.28
70-79	58	1.01 \pm 0.33	32	0.98 \pm 0.37	26	1.04 \pm 0.28
80-89	8	0.99 \pm 0.26	3	1.09 \pm 0.26	5	0.93 \pm 0.27
90-99	428	0.85 \pm 0.31	331	0.85 \pm 0.31	97	0.83 \pm 0.29
100+	115	0.81 \pm 0.37	102	0.81 \pm 0.38	13	0.76 \pm 0.18
total	1009	0.96 \pm 0.36	720	0.94 \pm 0.37	289	1.00 \pm 0.34

Note: Among the 1031 participants, 22 did not have either age or gender information so that they were not included for the analysis in the table.