

SUPPLEMENTARY METHODS

Illumina EPIC array methylation data quality control and preprocessing

Infinium MethylationEPIC BeadChip raw data (IDAT files) were generated. The R package ENmix [1] was used for quality control with default parameter settings. Low-quality methylation measurements were identified by detection p-value $<10^{-6}$ or the number of beads <3 [1]. We excluded 6,209 CpGs with a detection rate $<95\%$ and 87 samples with a percentage of low-quality methylation measurements $>5\%$ or extremely low intensity of bisulfite conversion probes [1]. We further removed 95 samples that were extreme outliers, as defined by Tukey's method [i.e., $<25^{\text{th}}$ percentile $- 3 * \text{interquartile range (IQR)}$ or $>75^{\text{th}}$ percentile $+ 3 * \text{IQR}$] [2] and based on the average total intensity value [intensity of the unmethylated signal (U) + intensity of the methylated signal (M)] or β value $[M / (U + M + 100)]$ across CpG probes. The remaining samples were preprocessed using *preprocessIllumina* function in minfi package [3] before the estimations of epigenetic age.

Spatial patterns of abnormality for recognition (SPARE) machine learning-based indices

The SPARE-BA method relies on a multivariate pattern regression model to predict individualized brain age for each participant, similar to our previous work [4, 5]. Support vector regression model (radial basis function kernel) was trained with the T1-MR scans using regional volumetric measures for structures. The training set included only cognitively normal subjects. The training set for SPARE-BA consisted of (n=8,284) subjects from the iSTAGING consortium [6].

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