## SUPPLEMENTARY TABLES

Supplementary Table 1. The prevalence of the conditions used in the elastic net importance analysis section.

| Feature | Percent positive |
| :--- | :---: |
| Is male | $45.90 \%$ |
| Is married | $89.15 \%$ |
| Is widowed | $9.25 \%$ |
| Is rural | $73.93 \%$ |
| Current smoker | $28.37 \%$ |
| Bothered by things is rare | $55.45 \%$ |
| Lack of focus is rare | $56.53 \%$ |
| Depression is rare | $55.43 \%$ |
| Hopeful is rare | $29.32 \%$ |
| Fearful is rare | $83.32 \%$ |
| Restless sleep is rare | $53.14 \%$ |
| Happiness is rare | $19.05 \%$ |
| Loneliness is rare | $74.88 \%$ |
| Total $N$ | 9297 |

The statistics are derived from the training and test sets only.

Supplementary Table 2. The mean values and standard deviations (std) of the variables used by the age predictor.

| Variable name | Mean | Std | Units |
| :--- | :---: | :---: | :---: |
| White blood cells | 5.98 | 2.06 | $\mathrm{x} 10 \mathrm{E} 9 / \mathrm{L}$ |
| Hemoglobin | 137.28 | 19.22 | $\mathrm{~g} / \mathrm{L}$ |
| Hematocrit | 41.50 | 5.58 | $\%$ |
| Mean corpuscular volume | 91.28 | 7.70 | fL |
| Platelets | 205.31 | 74.14 | $\mathrm{x} 10 \mathrm{E} 9 / \mathrm{L}$ |
| Triglycerides | 1.61 | 1.03 | $\mathrm{mmol} / \mathrm{L}$ |
| Creatinine | 70.96 | $\mathrm{umol} / \mathrm{L}$ |  |
| Blood urea nitrogen | 5.48 | $\mathrm{mmol} / \mathrm{L}$ |  |
| HDL cholesterol | 1.32 | 1.63 | $\mathrm{mmol} / \mathrm{L}$ |
| LDL cholesterol | 2.64 | 0.29 | $\mathrm{mmol} / \mathrm{L}$ |
| Total cholesterol | 4.75 | 0.74 | $\mathrm{mmol} / \mathrm{L}$ |
| Glucose | 5.70 | 0.93 | $\mathrm{mmol} / \mathrm{L}$ |
| Uric acid | 0.29 | 1.87 | $\mathrm{mmol} / \mathrm{L}$ |
| Cystatin C | 0.84 | 0.08 | $\mathrm{mg} / \mathrm{L}$ |
| C reactive protein | 2.57 | 0.23 | $\mathrm{mg} / \mathrm{L}$ |
| Glycated hemoglobin | 5.96 | 5.31 | $\%$ |
| Systolic pressure | 127.59 | 0.96 | mmHg |
| Diastolic pressure | 75.61 | 19.64 | mmHg |
| Heart rate | 73.98 | 11.63 | bpm |


| BMI | 23.95 | 3.63 | $\mathrm{~kg} / \mathrm{m} 2$ |
| :--- | :---: | :---: | :---: |
| Spirometry | 296.03 | 117.63 | $\mathrm{~L} / \mathrm{min}$ |
| Waist circumference | 86.36 | 10.4 | cm |
| Total $N$ |  | 11914 |  |

The statistics are calculated based on the total study sample including training, test, and discovery sets.

